

Emerald Hills Leisure Centre

3555 Emerald Drive, Sherwood Park, AB

www.strathcona.ca/emeraldhills

Aquatic line: **780-464-2112**

Customer Service: 7:30 am to 9 pm, Mon - Thu • 7:30 am to 7:30 pm, Fri • 6:30 am to 6 pm, Sat • 6:30 am to 8:30 pm, Sun

Holiday Hours: Jan 1: Closed | Feb 18: 10:30 am - 5 pm

Tony Roma's Sherwood Park Free Sunday Rec Swims: Jan 13, Feb 10, Mar 17

Swimming January 2 - 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Rec Swim	Closed	Closed		9:30 - 11:30 am	12 - 3:30 pm	4:30 - 9 pm	12 - 5 pm
Kids Pool Only Parented	Kids pool, whirlpool & steamroom open during all recreational swims		9 am - 4 pm	12:30 - 6 pm	9 am - 12 pm	9 - 11:30 am	
Steamroom & Whirlpool Only			9 am - 3:30 pm	12 - 8 pm	9 am - 12 pm 4 - 5:30 pm	7 - 11 am	7 - 11 am
Walking 4 Lanes	Closed	Closed	5:30 - 10:45 am 12 - 4 pm	5:30 - 9 am 12 - 8:30 pm	5:30 - 10:45 am 4 - 6 pm	6:30 - 11:30 am	6:30 - 11:30 am
Lap Swim 6 Lanes unless noted			5:30 am - 4 pm	5:30 - 9 am 12 - 7:30 pm	5:30 - 10 am 4 - 6 pm	6:30 - 11:30 am	6:30 - 8:45 am 10 - 11:30 am

Swimming January 7 - March 24

Omit: Feb 18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Rec Swim						4:30 - 9 pm	2 - 4 pm
Kids Pool Only Parented	9 am - 12:30 pm Mar 18: 9 am - 5 pm	12 - 3:30 pm Mar 19: 9 am - 1 pm 2:30 - 5 pm	9 am - 3:30 pm Mar 20: 9 am - 5 pm	11 am - 1 pm Mar 21: 9 am - 1 pm 2:30 - 5 pm	9 am - 1 pm Mar 22: 9 am - 5 pm	Kids pool, whirlpool & steamroom open during all recreational swims	
Steamroom & Whirlpool Only	9 am - 7:30 pm	9 am - 7:30 pm	9 am - 7:30 pm	9 am - 7:30 pm	9 am - 7:30 pm Mar 22: 9 am - 4:30 pm	9 am - 1:30 pm Omit: Mar 23	10 am - 1:30 pm Omit: Mar 24
Walking Jan 7 - Mar 17 4 Lanes	5:30 - 9 am Depth: 1 m	5:30 - 9 am Depth: 1.3 m	5:30 - 9:45 am Depth: 1 m	5:30 - 9 am Depth: 1.3 m	5:30 - 8:45 am Depth: 1 m	6:30 - 8:45 am Depth: 1.3 m	6:30 - 9:45 am Depth: 1 m
Lap Swim Jan 7 - Mar 17 6 Lanes unless noted	5:30 - 10 am 12 - 3:30 pm 7:45 - 9 pm	5:30 am - 12:15 pm 3 lanes only: 9 - 11:30 am	5:30 - 9:30 am 11 am - 3:30 pm 3 lanes only: 1:30 - 3 pm	5:30 - 9 am	5:30 - 10 am 12 - 3:30 pm 3 lanes only: 1:30 - 3 pm	6:30 - 8:45 am	6:30 - 8:45 am
Walking Mar 18 - 24 4 Lanes	5:30 - 9 am Depth: 1 m	5:30 - 11:45 am 2:30 - 7:30 pm Depth: 1.3 m	5:30 - 9:45 am 2:30 - 7:30 pm Depth: 1 m	5:30 - 11:45 am 2:30 - 7:30 pm Depth: 1.3 m	5:30 - 8:45 am 1 - 5 pm Depth: 1 m	6:30 - 8:45 am Depth: 1.3 m	6:30 - 9:45 am Depth: 1 m
Lap Swim Mar 18 - 24 6 Lanes unless noted	5:30 - 10 am 12 - 3:30 pm 7:45 - 9 pm	5:30 am - 1 pm 2:30 - 7:30 pm	5:30 - 9:30 am 11 am - 7:30 pm 3 lanes only: 1:30 - 3 pm	5:30 - 11:30 am 2:30 - 7:30 pm	5:30 - 10 am 12 - 5 pm 3 lanes only: 1:30 - 3 pm	6:30 - 8:45 am	6:30 - 8:45 am

Swimming March 25 - 31

SPRING BREAK

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Rec Swim		9:30 - 11:30 am		9:30 - 11:30 am	12 - 3:30 pm	4:30 - 9 pm	2 - 4 pm
Kids Pool Only Parented	9 am - 3:30 pm		9 am - 3:30 pm		9 am - 12 pm	Kids pool, whirlpool & steamroom open during all recreational swims	
Steamroom & Whirlpool Only	9 am - 7:30 pm	12 - 7:30 pm	9 am - 6:30 pm	12 - 7:30 pm	9 am - 6:30 pm	6:30 - 8:30 am	9 am - 1 pm
Walking 4 Lanes	5:30 - 9 am Depth: 1 m 10:30 am - 3:30 pm 7:30 - 9 pm Depth: 1.3 m	5:30 - 9:15 am 1 - 3:30 pm Depth: 1.3 m	5:30 - 9:45 am Depth: 1 m 1 - 3:30 pm Depth: 1.3 m	5:30 - 9:15 am 1 - 3:30 pm Depth: 1.3 m	5:30 - 9:45 am Depth: 1 m	6:30 - 8:45 am Depth: 1.3 m	6:30 am - 1:30 pm Depth: 1 m
Lap Swim 6 Lanes unless noted	5:30 - 10 am 11:30 am - 3:30 pm 7:45 - 9 pm	5:30 - 9:15 am 12 - 3:30 pm	5:30 am - 3:30 pm	5:30 - 9:15 am 1 - 3:30 pm	5:30 - 10 am 12 - 3:30 pm (3)	6:30 - 8:45 am	6:30 - 8:45 am 10 am - 1:30 pm