

Ardrossan Recreation Complex

80 - 1 Avenue, Ardrossan, AB
www.strathcona.ca/ardrossan
780-400-2084

Apple Fitness Centre: 5:30 am to 11 pm, daily **Customer Service:** 5:30 am to 10 pm, Mon - Fri • 8 am to 10 pm, Sat & Sun

Holiday Hours: Jan 1: Closed | Feb 18: 5:30 am - 11 pm

Skating January 2 - March 31

Omit: Jan 1, Feb 18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	MacMillan Team Arena						
Recreational Skating*	1:15 - 2:30 pm	1:15 - 2:30 pm	1:15 - 2:30 pm	1:15 - 2:30 pm	1:15 - 2:30 pm Omit: Mar 22	2:15 - 3:30 pm Omit: Jan 5 Mar 23: on West Arena	1 - 3 pm FREE skate sponsored by ARAS
Stick and Skate* Helmet required	2:45 - 4:15 pm	2:45 - 4:15 pm	2:45 - 4:15 pm	2:45 - 4:15 pm	2:45 - 4:15 pm	12:30 - 2 pm Omit: Jan 5 Mar 23: on West Arena 6:30 - 8:30 pm* *Starting Mar 30	
Adult Shinny Hockey* 16Y+ Full equipment required	6 - 8 am 11 am - 1 pm	6 - 8 am 11 am - 1 pm	6 - 8 am 11 am - 1 pm	6 - 8 am 11 am - 1 pm	6 - 8 am Mar 22: on West Arena 11 am - 1 pm* *Omit: Mar 22		8:15 - 9:15 pm Starting Mar 24

***Note:** Jan 2 - 4, Feb 18, Mar 25 - 29: 11 am - 1 pm Adult Shinny moves to West Arena | Stick and Skate is 11:30 am - 2 pm | Rec Skate is 2:15 - 4:15 pm.
 Mar 22: 6 - 8 am Adult Shinny | 11:30 am - 2 pm Stick and Skate | 2:15 - 3:30 pm Rec Skate on West Arena | Omit: 11 am - 1 pm Adult Shinny

West Arena

Stick and Skate Helmet required						6:30 - 8:30 pm Jan 5 - Mar 23 On East Arena starting Mar 30.	
Adult Shinny Hockey* 16Y+ Full equipment required							8:15 - 9:15 pm Jan 6 - Mar 17 On East Arena starting Mar 24.

Drop-in Youth

Fit for the Future Learn to use the Wellness Centre	10Y - 13Y	Sat	9:30 - 11 am
Teen Running Club	10Y - 17Y	Sun	12 - 1 pm
Youth Lounge	10Y - 17Y	Mon - Fri Sat - Sun	1 - 9 pm 9 am - 9 pm

Drop-in Pickleball at Ardrossan Hall

Jan 7 - Mar 21 Omit: Jan 2 - 6, Feb 17, 18, Mar 5, 22 - 31 Times may change. Please see online schedule for up-to-date times.	16Y+	Mon/Tue	11 am - 4 pm
		Wed	11 am - 4 pm 7:30 - 9 pm
		Thu	12 - 4 pm
		Sun	6 - 9 pm

at Moyer Recreation Centre Hall

Jan 2 - Mar 29 Omit: Jan 11, Mar 8 Times may change. Please see online schedule for up-to-date times.	16Y+	Mon/Wed	6 - 9:30 pm
		Tu/Th/F	1 - 4:30 pm

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Fun on the Ice!
MacMillan Team Arena

Jan 2 - 4
Feb 18
Mar 22, 25 - 29
(Mar 22 on West Arena)

Youth Shinny Hockey 12Y - 15Y
10:15 - 11:15 am

Stick & Skate Helmet required
11:30 am - 2 pm

Recreational Skating
2:15 - 4:15 pm Mar 22: 2:15 - 3:30 pm

SPORTZONE

Dec 27 - Jan 6
Omit: Jan 1

Feb 18
Mar 22 - 31

in the Hall
10:30 am - 4 pm

WINTER FREEZE FEST
Dec 30 to Jan 4

See back cover for details

Activities include:

- blue blocks
- inflatable
- mini-sticks
- and more!

SportZone is for ages 3 and up! 3 to 6 year olds require supervision by someone at least 14 years old. Socks required for inflatables.

Drop-in Kids: See last page for schedules.