

THE JUNIOR OUTDOOR LEADER PROGRAM Level II 2019

The Strathcona Wilderness Centre (SWC) is offering our Junior Outdoor Leader (JOL) Level II Program for summer 2019. The program is designed to exchange valuable training and work experience for your assistance during our summer day camps. An opportunity for continued experience and training with winter outdoor sports and activities is available.

Junior Outdoor Leader II Program (14Y - 17Y): The JOL II program combines valuable skill development with work experience, providing young aspiring outdoor leaders the opportunity to work with our trained leaders in the delivery of our summer camps. Participants will receive a week of training during the first week in July, followed by an opportunity to assist with a minimum of three of our seven weeks of summer camps. The JOL II program will provide foundational skills for future employment in the outdoor education/recreation field...and it will be FUN!

The JOL II program will provide:

- opportunity to enhance and practice leadership skills;
- further training in outdoor activities including: canoeing, orienteering, wilderness living skills, outdoor games;
- experience in the delivery of outdoor camps for youth;
- Standard First Aid and CPR certification;
- a fantastic opportunity to make friends, build relationships and have fun!

Pre-season training includes:

- 1) Weekend Standard First Aid Certification Course
- 2) One Week dedicated to Site specific training at Strathcona Wilderness Centre (SWC)
- 3) An opportunity to volunteer for the Strathcona County Canada Day event
- 4) Boundaries Workshop and Continued site specific training (SWC)
- 5) Canoe Training (Participants will have the opportunity to achieve Canoe Level I and Canoe Level II skills. These skills provide the foundation for future canoe instructor certifications).

Junior Outdoor Leader Program Plus: Both Level I and Level II Junior Outdoor Leaders. Come and join us on our incredible out trip. The trip will begin with a lake day at Islet Lake, to introduce you to lake and river canoeing skills. You will learn how to keep your canoe in a straight line, and how to carve your canoe. We will camp at SWC that evening and begin to pack and prepare for our trip. The following day will consist of finalizing the packing and being 'shuttled' to the river access point. The remainder of the week will involve moving downriver, paddling, floating, camping, and eating of course! We will end the trip at a river access near Edmonton where we will be picked up and 'shuttled' back to the Sherwood Park arena. During the week, you can expect to be immersed in a wilderness adventure, learning moving water canoe techniques, wilderness living skills, river trip cooking, and environmental stewardship. The fee for the program to JOL participants is \$425.00. Aug 12-16, 2019. All meals, accommodations (camping), transportation, equipment, instruction and guiding are included in the program. Further details will be supplied upon registration to the program.

Detailed Itinerary for JOL II:

June 22/23: Standard First Aid and CPR

Location: RPC Parks Compound- OHS Training Centre

Time: 9:00 AM – 4:30 PM

June 28: SWC Drop off 9:00am - Pick Up 4:00pm

Team Building, roles and responsibilities of JOL II's, site specific training at SWC. Arena Procedure and Canada Day Orientation

July 1: CANADA DAY! Schedule will be handed out on June 25th. Parents must transport participants to and from Broadmoor Lake Park in time for scheduled work time. Please sign in at Volunteer tent prior to shift.

July 3: SWC Drop off 8:30am - Overnight

Camp specific training. Program includes an overnight camping experience, Fire Lighting, Knife Skills, Shelter Building, Wide Games, and campfire training. Lunch and Dinner are provided.

July 4: SWC Overnight - Pick Up 4:00pm

Camp specific training, morning procedures, Orienteering 1, Orienteering 2, and Orienteering 3, Games, Games, Games and a Boundaries Workshop. Breakfast and lunch included.

July 5: SWC Drop off 9:00am - Pick Up 4:00pm

Canoe Day at Islet Lake.

****The remaining weeks are work weeks. Participants must include their available times on the application form. We expect three weeks commitment from Level II.**

Transportation:

Parents/guardians are responsible for transportation of their JOL participants to and from sites for all training times (SWC, Broadmoor Park, etc). The only exception is for the Canoe Day, a bus or county vehicle will provide transport to and from Islet Lake, but drop off and pick up is required by parents/guardians at SWC.

During the summer, parents must commit to transporting participants to the Arena (Mon – Friday), to SWC or to an alternative off-site locations if participants miss the bus.

Through July and August, participants may ride on the school bus which leaves the Arena at 8:30 AM each morning (Monday – Friday). They will return to the arena by 4:30 PM. Supervision is provided at the arena between 8:00 AM – 8:30 AM and again between 4:30 PM and 5:00 PM. We request that all participants are picked up no later than 5:00 PM.

Fees:

Level II: \$140.00

The fees cover, meals, accommodations and transportation to and from SWC for offsite programs. The fee also covers all group gear, instruction, supervision and course fees. All fees are payable upon acceptance into the program.

Payment may be made by Cheque, Visa, Mastercard, or Cash.
(Participants under 18 are GST exempt)

Equipment List: *All participants must have the following:*

- Sturdy walking shoes/running shoes
- Hat/Sunglasses
- Sunscreen and Bug Spray
- Old runners that may get wet
- Quality rain gear
- Warm outer wear
- Rubber boots
- Wool or thermal socks for cold/rainy days(3 pair)
- Water bottle
- Sleeping bag and sleeping pad
- Head lamp (preferable) or flashlight

Questions:

Please direct any further questions you may have to Adam Binder, Outdoor Recreation Programmer at 780-922-3939.