

Active SCHOOLS

Your
centralized
source for
student-based
activities

2024-2025

Teachers' Guide

Joint Use and Educational Opportunities



STRATHCONA
COUNTY



School's e-News

Receive monthly notices with programs, events and activities for you and your students. Sign up online at strathcona.ca/ActiveSchools



Booking Information

All field, diamond, ice and picnic shelter bookings

Facility.Bookings@strathcona.ca
780-467-2211

Ardrossan Recreation Complex

Rural.Facilities@strathcona.ca
780-400-2084

Emerald Hills Regional Park (artificial turf and sport pavilion)

Facility.Bookings@strathcona.ca
780-467-2211

Glen Allan Recreation Complex

GARCbooking@strathcona.ca
780-467-4404

All reciprocal use recreation and lap swims:

Kinsmen Leisure Centre

Emerald Hills Leisure Centre

Millennium Place (lap swims only)

AquaticBookings@strathcona.ca
780-400-3856

Millennium Place

MPbooking@strathcona.ca
780-416-7252

Strathcona Wilderness Centre

SWCinfo@strathcona.ca
780-922-3939

Tennis, Handball, Pickleball

Facility.Bookings@strathcona.ca
780-467-2211

Booking Deadlines

Please note the following booking deadlines for outdoor spaces including natural fields, artificial turf fields and diamonds:

- **Spring: April 1 to June 30**
Booking deadline January 20 of current year
- **Fall: September 1 to November 15**
Booking deadline April 18 of current year

Online Field and Diamond Status

Find the up-to-date listing of all field and diamond closures on the online interactive map. All opening/closing updates will be made on this map.

strathcona.ca/FieldStatus

- Updates will be posted by 2:30 p.m. on weekdays.
- Updates will be posted by 9 a.m. on weekends.

Maintenance occurs on fields and diamonds, Monday to Friday, from 6 a.m. to 2:30 p.m. and may vary due to weather conditions.



Strathcona County Joint Use Agreement

Elk Island Catholic and Public Schools, New Horizons and École Claudette-Et-Denis-Tardif have an agreement with Strathcona County Recreation, Parks and Culture that allows teachers to book and use various recreation facilities and activities with their classes. It's TRUE and it's FREE!

This agreement allows for increased recreation opportunities for students and the community.

Students can benefit from a variety of physical activity and educational-based activities and experiences to enhance their learning.

We can also arrange paid programs like swimming lessons, cross-country ski lessons or visits to Millennium Place.



Jennifer Wilson

Jennifer.Wilson@strathcona.ca
strathcona.ca/ActiveSchools

Joint Use Opportunities

Use this helpful chart to find the locations for joint use activities.

Some spaces have usage guidelines for age, capacity and timeframe. For more information please visit strathcona.ca/ActiveSchools

Ardrossan Athletic Park	Ardrossan Recreation Complex	Broadmoor Lake Park	Emerald Hills Lake Park	Emerald Hills Leisure Centre	Glen Allan Regional Park	Kinsmen Recreation Complex	Millennium Place	Moyer Recreation Centre	Sherwood Park Arena and Sports Centre	Strathcona Athletic Park	Strathcona Olympiette Centre	Strathcona Wilderness Centre
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	Ardrossan Athletic Park	Ardrossan Recreation Complex	Broadmoor Lake Park	Emerald Hills Lake Park	Emerald Hills Leisure Centre	Glen Allan Regional Park	Kinsmen Recreation Complex	Millennium Place	Moyer Recreation Centre	Sherwood Park Arena and Sports Centre	Strathcona Athletic Park	Strathcona Olympiette Centre	Strathcona Wilderness Centre	
INDOOR	Dry surface			●							●	●	●	
	Ice surfaces (leisure ice only at Millennium Place)			●				●		●	●	●	●	
	Indoor fields									●				
	Indoor track				●									
	Program rooms or hall space				●			●			●	●	●	
	Squash, handball and racquetball							●						
	Swimming (lap swimming only at Millennium Place)						●			●	●			
	Wellness centre				●				●					
OUTDOOR	Artificial turf							●						
	Baseball diamonds		●		●		●						●	
	Hiking												●	
	Outdoor natural fields		●		●		●						●	
	Picnic area												●	
	Track and field		●		●								●	
	Basketball Courts	Antler Lake Community Grounds (1), Antler Lake Community Hall (1), Ardrossan Athletic Park (1), Ardrossan Elementary School (1), Clover Bar Junior High (1), Clover Bar Ranch (1), Collingwood Cove (2), Davenport Park (1), Emerald Hills Regional Park (1), Hastings Lake (1), Josephburg (2), McGhan Park (1), South Cooking Lake Community Hall (1), South Cooking Lake Day Use Park (1), Strathcona Athletic Park (1), Westlake Beach (1), Whitecroft Community Hall (1)												
	Handball Courts	Wes Hosford Elementary School (3) 8:30 a.m. to 3:30 p.m. (except recess times), Broadmoor Lake Park (1)												
	Outdoor Skating	Ardrossan Regional Park, Brentwood School, Broadmoor Lake Park, Emerald Hills Regional Park, Heritage Hills, Kinsmen/Westboro Park, McGhan Park, Mills Haven Schools, Sherwood Heights, Strathcona Athletic Park												
	Picnic shelters	Centennial Park, Broadmoor Lake Park												
Sand Volleyball Courts	Ardrossan Athletic Park (1), Broadmoor Lake Park (3), Clarkdale Meadows Lake (1), Sherwood Heights Park (1), Trillium Centre (3)													
Tennis	Ardrossan Athletic Park ♦, Brentwood School, Clover Bar School, St. Nicholas School, Kinsmen/Westboro Park, Village on the Lake ♦, Sherwood Heights ♦, McGhan Park, Hastings Lake													



Joint Use Availability and Additional Opportunities

Are you planning joint use activities and wondering when certain facilities are available?

- These facilities are available for all curriculum-based activities at no charge unless otherwise noted.
- See contact information for specific facilities on previous page.
- Specific facility guidelines will be attached with each booking agreement.
- Joint Use Agreement supersedes below, for more information contact Jennifer.Wilson@strathcona.ca.

💰 Additional fees



Facility	Amenities and Spaces	Times Available Mon - Fri (school days only)	Additional Opportunities
Ardrossan Athletic Park	Soccer fields, baseball diamonds, running track, jump pits	8:30 a.m. to 6 p.m.	
Ardrossan Recreation Complex	Ice/dry surface	8:30 a.m. to 4 p.m. Ice surface: September to April Dry surface: April to June	💰 Group fitness classes (example yoga, bootcamp, etc.)
	Banquet hall and program rooms Wellness centre and indoor track	8:30 a.m. to 4 p.m. 8:30 a.m. to 4 p.m.	💰 Team training
	Curling	Contact the Ardrossan Curling Club at 780-922-5055 for times.	
Broadmoor Lake Park	Baseball diamond, running track, soccer/football fields, sand volleyball courts	8:30 a.m. to 6 p.m.	
	Picnic shelter, fire pit, picnic tables (5)	1st Monday in May until September 30	
Broadmoor Public Golf Course	Winter: Cross country ski, snowshoe, biking and walking Spring/Summer: Golf (fees apply)		💰 Golf, driving range (Spring/Summer)
Centennial Park Picnic Shelter	Fire pit, picnic tables (2)	1st Monday in May until September 30	
Emerald Hills Leisure Centre	25m 6-lane lap pool, 25m 4-lane adjustable depth pool, teach pool, whirlpool, steamroom	For available recreational swim and lap swim times, contact AquaticBookings@strathcona.ca	💰 Aquaboard classes, swim lessons
Emerald Hills Regional Park	Natural soccer/football field, baseball diamond	8:30 a.m. to 6 p.m.	
	Artificial turf*	8:30 a.m. to 4 p.m. *Restrictions apply	
Glen Allan Recreation Complex	Wellness centre	8:30 a.m. to 4 p.m.	💰 Group fitness classes (example yoga, bootcamp, etc)
	Ice surface	8:30 a.m. to 4 p.m.	
	Handball/racquetball, squash and Wallyball courts Note: If courts are not booked by guests at the time of your school booking, additional courts may be available.	9 to 11:30 a.m. and 1:30 to 3 p.m.	💰 CanSkate@School Sherwood Park Figure Skating Club spfsclearntoskate@gmail.com
	Curling (additional fees may apply)	Contact Sherwood Park Curling Club for times. Call 780-467-9412 or email manager@sherwoodparkcurling.com	💰 Learn to curl lessons for Grade 4 to 6 students.
Kinsmen Leisure Centre	25m 6-lane lap pool, deep pool, teach pool, diving boards, waterslide, whirlpool, steamroom	For available recreational swim and lap swim times, contact AquaticBookings@strathcona.ca	💰 Aquatic sports classes, diving, swim lessons





Millennium Place	Indoor fields	8:30 a.m. to 4 p.m. Dry surface: September, April to June Turf: October to March	💰 Group fitness classes
	25m 10-lane lap pool	8:30 a.m. to 3 p.m.	
Moyer Recreation Centre	Ice/dry surface	8:30 a.m. to 4 p.m. Ice surface: September to March Dry surface: April to June	💰 Indoor pickleball
	Banquet hall	8:30 a.m. to 4 p.m.	
Outdoor Skating	Skate paths: Broadmoor Lake Park, Emerald Hills Regional Park Boarded rinks: Ardrossan Regional Park, Brentwood School, Heritage Hills School, Kinsmen/Westboro Park, McGhan Park, Mills Haven School, Sherwood Heights School, Strathcona Athletic Park	8:30 a.m. to 4 p.m. Closed when temperature is warmer than +5°C or below -20°C	
Sherwood Park Arena and Sports Centre	Ice surfaces and program room	8:30 a.m. to 4:30 p.m.	
Strathcona Athletic Park	Soccer/football fields, baseball and softball diamonds, track and field facilities, hard surface courts (ball hockey, lacrosse)	8:30 a.m. to 6 p.m.	
Strathcona Olympiette Centre	Ice/ dry surface	8:30 a.m. to 4 p.m. Ice surface: September to March Dry surface: April to June	💰 Skating skills and drills
	Program rooms	8:30 a.m. to 4 p.m.	
	Curling	Contact the Strathcona Curling Club at 780-922-7181 for specific joint use times and opportunities.	
Strathcona Wilderness Centre	Day-use campsites, picnic shelter, picnic and fire pit sites (additional fees may apply), walking/snowshoe, multi-purpose trails (non-ski season), ski grid	9 a.m. to 4 p.m.	💰 Lodge, kitchen, dining room and lower lounge, Team building, cross-country skiing, snowshoe lessons, other curriculum-based outdoor recreation and environmental programs
Basketball Courts	Antler Lake Community Grounds (1), Antler Lake Community Hall (1), Ardrossan Athletic Park (1), Ardrossan Elementary School (1), Clover Bar Junior High (1), Clover Bar Ranch (1), Collingwood Cove (2), Davenport Park (1), Emerald Hills Regional Park (1), Hastings Lake (1), Josephburg (2), McGhan Park (1), South Cooking Lake Community Hall (1), South Cooking Lake Day Use Park (1), Strathcona Athletic Park (1), Westlake Beach (1), Whitecroft Community Hall (1)		Intergenerational leadership and partnership
Handball Courts	Wes Hosford Elementry School (3) 8:30 a.m. to 3:30 p.m. (except recess times), Broadmoor Lake Park (1)		
Sand Volleyball Courts	Ardrossan Athletic Park (1), Broadmoor Lake Park (3), Clarkdale Meadows Lake (1), Sherwood Heights Park (1), Trillium Centre (3)		
Tennis Courts/Pickleball	Outdoor Tennis Courts: Ardrossan Athletic Park (4), Kinsmen/Westboro Park (4), Brentwood School (2), Clover Bar School (2), St. Nicholas School (2), McGhan Park (2), Hastings Lake (1)		
	Outdoor Pickleball Courts: Sherwood Heights (8) M/Tu/F 8:30 a.m. to 3:30 p.m., Village on the Lake (4), Clover Bar School (2), McGhan Park (2), Ardrossan Athletic Park (1) Note: Pickleball courts may be booked for a maximum time frame of 2 weeks.		

Did you know?

We can customize joint use opportunities for your class to ensure they are inclusive and supportive of all students needs and abilities.

Do you have ideas that you'd love to do with your class to help them lead an active and healthy lifestyle, but are not sure where it fits within joint use? Or if an opportunity even exists?

Imagine what you'd like to see, contact us and let's make it happen! There might be some costs associated, but the possibilities are endless!

Contact Jennifer Wilson at Jennifer.Wilson@strathcona.ca to discuss opportunities!

Education and Group Programs

Strathcona County has endless wellness, culture and art programs for schools. Find links to the following guides and more online at strathcona.ca/ActiveSchools

Other activities that your school may be interested in:

Drop-in swims, scuba/snorkel lessons, deep and shallow aqua-fitness classes, aqua-board classes, underwater hockey, group fitness and more! Our specialty programs such as our special needs swim classes. Our team will be happy to create a program that fits the needs of your school.

Questions???

Jennifer Wilson
Jennifer.Wilson@strathcona.ca

Visual Arts Education Programs

Gallery@501
780-410-8585
Smeltzer House
780-464-2023
culture.programs@strathcona.ca
strathcona.ca/ArtEducation



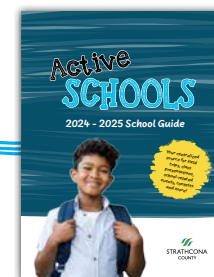
Swim@School
780-464-8236
swimming@strathcona.ca



Outdoor Recreation School & Group Program
780-922-3939
SWCinfo@strathcona.ca
strathcona.ca/WildernessCentre



Millennium Place Group Visits
780-416-7252
MPbooking@strathcona.ca
strathcona.ca/MillenniumPlace



Active Schools
780-467-2211
strathcona.ca/ActiveSchools

ACTIVE TRAVEL

Take the active route

How can we include it in our school or work day?

- Meet up with friends and bike to school together
- Gather at a park with family and walk
- Park the car a few blocks away and walk
- It all counts!

Did you know that using active travel for short trips, such as to work or school, can have a long-lasting impact on our physical and mental well-being? It also benefits the environment and the community as a whole!



Benefits of Active Travel

Physical well-being

Mental well-being

Environmentally friendly

Road safety awareness



Social Connections

Independence

Natural surroundings

Economical

Inclusive programming

Did you know that Strathcona County programs strive to be inclusive for all abilities? We want all students to be involved and have fun. If you have a student with additional needs or ability considerations, please speak to any of our programmers or event organizers with any questions you may have or special considerations that might be needed.

Strathcona County and its programs are always looking to enhance recreational experiences for guests of all abilities. Whatever activity you are planning, if you have any students with additional needs or physical limitations, please speak to any of our programmers or event organizers to see what supports are available while you enjoy our spaces.

There are a number of things within our recreational spaces that support access for every student. Some of these things include:

- Universal change rooms and washrooms
- Barrier-free change room with lift
- Hockey sledges, skate aids and ice grippers
- Lifts for pool entry
- Strathcona Wilderness Center offers country skiing sit-skis equipment and ParaNordic instruction
- Accessible fire pit at Strathcona Wilderness Centre
- Ramp and elevator access to various locations
- Diverse number of options to support preferences and class needs
- Flexible offerings supported by staff and instructors



Watch
for it!

Active Schools Package

Each elementary and junior high school in Strathcona County receives an Active Schools prize package at the beginning of every school year.

The package contains the 2024-2025 Active Schools Guide and Active Schools Joint Use Teachers' Guide for information and ideas on keeping your class active. Each package is also filled with a variety of student giveaways. These prizes can be used for student incentives, reading programs, silent auctions, school dances or volunteer recognition.

Questions ?
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Jennifer Wilson
Jennifer.Wilson@strathcona.ca

strathcona.ca/ActiveSchools

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