

Active SCHOOLS

2024 - 2025 School Guide

Your centralized
source for field
trips, class
presentations,
school-related
events, contests
and more!



STRATHCONA
COUNTY

Did you know?

Millennium Place has an accessible, barrier-free changeroom with a ceiling-mounted lift and accessible seating / shower area. Guests with mobility needs can be lowered into the hot tub or pool with our pool lift.

Thinking of going for a skate?

Millennium Place has 4 hockey sledges, skate aids and grippers for those who require assistance to skate. We also have mobile ramps to allow those in a wheel chair to access the ice as guests in wheel chairs (with clean wheels) are welcome to be on the ice as well.

Inclusive programming

Did you know that Strathcona County programs strive to be inclusive for all abilities? We want all students to be involved and have fun. If you have a student with additional needs or ability considerations, please speak to any of our programmers or event organizers with any questions you may have or special considerations that might be needed.

Strathcona County and its programs are always looking to enhance recreational experiences for guests of all abilities. Whatever activity you are planning, if you have any students with additional needs or physical limitations, please speak to any of our programmers or event organizers to see what supports are available while you enjoy our spaces.

There are a number of things within our recreational spaces that support access for every student. Some of these things include:

- Universal change rooms and washrooms
- Barrier-free change room with lift
- Hockey sledges, skate aids and ice grippers
- Lifts for pool entry
- Strathcona Wilderness Center offers country skiing sit-skis equipment and ParaNordic instruction
- Accessible fire pit at Strathcona Wilderness Centre
- Ramp and elevator access to various locations
- Diverse number of options to support preferences and class needs
- Flexible offerings supported by staff and instructors

If you have questions please see page 4 for program contacts.

Contents

4	Program Contacts
5	School's Enews
6	Active Student Prize Pack
7	Active Schools Challenge
8	Active Travel
9	Millennium Place School Visits
10	Swim@School
12	Outdoor Education
13	Retreats, Team Building and Summer School Opportunities
14	All Season Fun at The Broadmoor
15	Performing Arts Programs
16	Visual Arts Education Programs
17	Pottery Programs
18	History and Heritage
19	NEW! National Day for Truth and Reconciliation Classroom Contest
20	Mayor's School Walk/Run
21	Arbor Day
22	Pitch-In
23	Environmental Awareness
24	RCMP and Enforcement Services
26	Fire Prevention and Emergency Preparedness
27	School Garden Program
28	Family Support and In-School Programs
29	Mental Health and Financial Supports
30	The Rec and Culture Network
31	Community Partners

Program Contacts

School's e-news Active Schools Challenge Mayor's School Walk / Run	Jennifer Wilson 780-416-7272 Jennifer.Wilson@strathcona.ca
Millennium Place school visits	Facility Booking Support 780-416-7252 MPbooking@strathcona.ca
Swim@School	Swimming and Water Safety Program Team 780-464-8236 swimming@strathcona.ca
Outdoor education, retreats, team building and summer school opportunities	Strathcona Wilderness Centre Programs and Bookings 780-922-3939 SWCinfo@strathcona.ca
The Broadmoor golf packages and winter opportunities	Golf: 780-467-7373 TheBroadmoor@strathcona.ca Winter: 780-467-2211 recreation@strathcona.ca TheBroadmoor.ca
Art education programs	Gallery@501 780-410-8575 culture.programs@strathcona.ca
Pottery programs	Smeltzer House Visual Arts Centre 780-464-2023 culture.programs@strathcona.ca
Festival Place performing arts	Festival Place Theatre Tours and Workshops 780-410-8566 culture.programs@strathcona.ca Volunteer Opportunities 780-410-8564 festivalplacevolunteers@strathcona.ca
History and heritage	Lori Clapp 780-416-6762 history@strathcona.ca strathcona.ca/history
Strathcona County Museum & Archives	Lauren Comba education@strathma.ca strathma.ca/for-teachers
Arbor Day, and National Truth and Reconciliation classroom contest	Cassandra McDonald Cassandra.McDonald@strathcona.ca strathcona.ca/ArborDay strathcona.ca/IndigenousConnections
Pitch-In	780-467-2211 recreation@strathcona.ca strathcona.ca/PitchIn
Waste education programs Water education programs	Strathcona County Utilities School Resource Liaison Tamara.VonKuster@strathcona.ca
Fire prevention and emergency preparedness	Community Safety Education 780-464-8468 Safety.Educators@strathcona.ca strathcona.ca/SafetyEducation
Strathcona County Enforcement Services	Strathcona County Enforcement Services 780-449-0170
RCMP at School	Strathcona County RCMP Media Relations 780-467-7741
School Garden Program	Jill Hestbak 780-467-2211 Jill.Hestbak@strathcona.ca strathcona.ca/SchoolGardens
Family support, Mental health, In-school programs, Financial supports and Recreation Access Program	Family and Community Services 780-464-4044 FamilyandCommunity@strathcona.ca strathcona.ca/families strathcona.ca/FCS
The Rec and Culture Network	RCnetwork@strathcona.ca strathcona.ca/RCnetwork

School's e-News

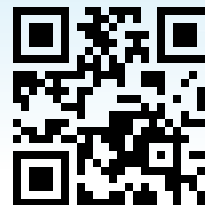
Teachers - are you looking for great ideas to inspire your class?

Join the Strathcona County School's e-News and receive monthly notices with programs, events and activities for you and your students.

Opportunities include:

- Booking fire and home safety presentations
- Waste in our World presentations
- Joint use updates (use County facilities for FREE)
- Special events
- Contests
- Field trips to the Strathcona Wilderness Centre, Gallery@501, Smeltzer House, Millennium Place, Ardrossan Recreation Complex
- and much more!

*Sign Up
Today!*



Get the School's e-News and learn more about Strathcona County's Active Schools at **strathcona.ca/ActiveSchools**.



Active Student Prize Pack

Great prizes for your students!

Recreation, Parks and Culture is pleased to provide each school in Strathcona County with a prize package. These items are great for a variety of school programs and activities such as door prizes for school dances, silent auctions, volunteer recognition and student incentives for reading programs and spelling bees.

Each school's Active Student Prize Pack includes:

- 2 for 1 recreation single visit passes
- FREE recreation single visit passes
- Family single visit passes
- Variety of amazing swag for students!



Active Schools package

The Active Schools package is delivered to each school at the beginning of the each school year and is designed to last to the end of the school year.

We appreciate this opportunity to work with your school and promote active living.

Active Schools Challenge

March 3 - 14, 2025

Get your class active between March 3 to 14, 2025 for just 30 minutes a day and you could win!

Prizes include:

- Field trips to Millennium Place including bussing and a healthy snack.
- Free admission pass to Strathcona County's recreation facilities for every student that participates.
- A prize pack for each participating classroom.

Participating is as simple as...

1. Accept the challenge.

To register email Jennifer.Wilson@strathcona.ca by February 7, 2025.

2. Get active and track your progress.

Encourage your students to be active for an extra 30 minutes every day from March 3 to 14, 2025. Track your progress by marking down the total number of minutes every day.

3. Submit your poster for a chance to win.

Enter your completed poster before March 21, 2025. Posters can be scanned or photographed and emailed to Jennifer.Wilson@strathcona.ca

Questions ?
??

Jennifer Wilson
780-416-7272
Jennifer.Wilson@strathcona.ca



1,000
students
participated
last year!

ACTIVE TRAVEL

Take the active route

How can we include it in our school or work day?

- Meet up with friends and bike to school together
- Gather at a park with family and walk
- Park the car a few blocks away and walk
- It all counts!

Did you know that using active travel for short trips, such as to work or school, can have a long-lasting impact on our physical and mental well-being? It also benefits the environment and the community as a whole!



Biking



Walking
Running



Skateboarding
Scooter



Rollerblading



Public Transport



Wheelchair

Benefits of Active Travel

Physical well-being

Boost/strengthen our physical health to help fight off many diseases

Mental well-being

Reduce stress and anxiety, while increasing mood and focus

Environmentally friendly

Reduce traffic congestion and support cleaner air

Road Safety Awareness

Promote safe road practices



Social Connections

Encourage and enable social connections

Independence

Learn to plan routes, manage time and make decisions

Natural surroundings

Connect with nature, engage with our surroundings and enjoy the changing seasons

Economical

Save money by reducing overall transportation costs


Millennium Place School Visits

Millennium Place welcomes group and school visits. Floor hockey, gym sports, swimming, skating, walking, running, fitness and more! A unique recreation opportunity is waiting for your students. Whether it's a structured lesson or a drop-in activity, make recreation fun by trying something new. Millennium Place is your one-stop location for fun activities and great food. Please contact Compass Foods at 780-619-1539, if you are interested in catering for your class or group function.

Some of the activities waiting for you:

- Soccer on the indoor Trail Appliances Field or *MaxWell* Realty Field*
- Volleyball, basketball, badminton and floor hockey in the gymnasium
- Skating on the First Call Leisure Ice
- Swimming in the lap pool and wave pool at the Cambrian Aquatics Centre
- Weight training in the Mattamy Homes Wellness Centre*
- Fit for the Future program* (ages 10 to 13)
- Playground and climbing wall in the Goodwill Edu-tainment Centre (for children under 8 years of age)
- Youth lounge including air hockey, pool table and more!

* Subject to availability.

Questions  Facility Booking Support
780-416-7252
MPbooking@strathcona.ca



For more information, visit
strathcona.ca/ActiveSchools to
view the Millennium Place Group
Visits brochure.



Kinsmen
Leisure Centre

Emerald Hills
Leisure Centre

Swim@School

Flexible Solutions for Physical Education

The Swim@School program is designed to help students of every age and ability stay physically active and safe in, on and around the water. Programs are taught by certified swimming and water safety instructors. Whatever your group size and interest, all programs are designed to maximize instructional time and student-to-instructor ratios, and provide an exceptional experience for you and your students.

Kindergarten programs

The Lifesaving Society's Swim for Life Preschool program encourages singing, splashing, playing and learning while developing core physical literacy skills in our unique aquatic environment.

Elementary programs

Lifesaving Society Swim for Life Swimmer and Patrol programs are an excellent way to teach students valuable life skills and are designed to meet physical education curriculum requirements through a variety of session formats.

Swim adapted programs

We are pleased to offer specialized programming for classes dedicated to complex needs. We provide lower ratios and lower stimulus times to ensure your students have the opportunity to experience the best swimming and water safety program available.

Jr/Sr High programs

Swim@School Sports is designed for Junior and Senior High School students and has been built on the Canadian Sport for Life model. This program introduces students to a variety of aquatic sports that will keep them engaged, active and healthy for life. Some of the sports you can select include:

- Water Polo/ Innertube Water Polo
- Stroke Improvement
- Underwater Hockey
- Triathlon Swimming
- Lifesaving Sport and more!

Faculty programs

Are you looking for a unique health and wellness opportunity for professional development days? Book your staff for a fun, energetic program like underwater hockey, inner-tube water polo or swimming skills and finish with a dip in the hot tub or steam room.

In-school field trips

Interested in providing an in-school field trip on water safety, boat safety or first-aid? Book the Swimming and Water Safety team to come out to your school and create a fun and memorable experience for your students.

Over 2,900
students
participated
in 2023-24!



How can your class participate in Swim@School?

1. Reserve today

Day-time programs are available throughout the week at Emerald Hills Leisure Centre and Kinsmen Leisure Centre. Contact us for availability or to be placed on the waitlist for a future opportunity.

2. Gather registrations

Once your reservation has been confirmed, you will receive all of the information you need to enrol each of your students. Simply follow the directions and complete the registration forms. Once everything is ready, deliver the registration package to Emerald Hills Leisure Centre and we will take it from there.

3. Attend your lessons

Sit back, relax and enjoy watching your students! Once everyone is changed and on the pool deck, students will be given a brief safety presentation before they are whisked away for their program experience.

Program ratios

Programs fall within the recommended instructor-to-student ratio as set out by the Lifesaving Society. While ratios vary from program to program, all courses are designed to maximize the instructional time for your students. We can accommodate a variety of group sizes in one or multiple time-slots, depending upon the facility, number of students and instructors available.



Swimming & Water Safety Program Team
780-464-8236
swimming@strathcona.ca



Outdoor Education

School and Group Programs

The Strathcona Wilderness Centre welcomes school, community and home-school groups to experience a wide variety of outdoor and environmental education programs.

The Strathcona Wilderness Centre is located only 20 minutes east of Sherwood Park in UNESCO's Beaver Hills Biosphere Reserve. Programs are delivered by highly qualified instructors who provide educational opportunities for both students and faculty.

Amenities include a fully equipped lodge, bunkhouses, campsites, cookhouse and over 12 kilometres of hiking and groomed cross-country ski trails. You may choose to come for half day, full day or multi-day programs. Modern and comfortable, rustic and adventurous, we offer it all!

Our school programs have been designed to meet curriculum objectives in a variety of subject areas. Teachers may choose from standardized programs, or a custom program which can be designed to meet your needs. All programs are active and fun and are delivered from an experiential framework. Programs run year-round, encouraging students to enjoy the outdoors in every season!

Contact us to discuss the education-based programs we can offer at your school or at the Strathcona Wilderness Centre, including overnight stays in our rent-a-tent, Birch Bungalow, walk-in tent campsites, bunkhouses or lodge.

Active Participation, Cooperation and Challenge

Curriculum	Spring and Fall	Winter
<ul style="list-style-type: none"> Elementary Science and Social Studies Peoples of the Land Nature Detectives Physical Education and Outdoor Education 	<ul style="list-style-type: none"> Interpretive hikes Pond studies Orienteering Canoeing Outdoor skills Culture camps 	<ul style="list-style-type: none"> Cross-country skiing Paranordic skiing Snowshoe Winter games Wilderness living Interpretive hikes



Our programs and pricing are outlined in the Outdoor Recreation School and Group Programs Guide, located online at strathcona.ca/WildernessCentre

Retreats, Team Building and Summer School Opportunities

Retreats

Reward your team with a unique experience in the quiet of the wilderness. While immersed in nature, the Strathcona Wilderness Centre is close enough for quick and easy transport for day-long or overnight field trips or team building retreats.

For those seeking a modern experience, a pine lodge is available with hostel-style accommodations for up to 41 people and free wireless Internet.

For those who prefer more rustic accommodation, our bunkhouses, walk-in tent campsites and cookhouses may be just what you are looking for!

Team Building

Enhance group development and dynamics with our fun, active team challenge programs. These programs include well-designed introductions and debriefs, tailored to meet your group's particular needs. Suitable for staff development, student councils, sports teams and all student groups.

Summer School Opportunities

Contact us to host your unique summer school programs that experientially meet curriculum objectives, with customizations available to meet your needs. Our qualified staff will coordinate with your teachers to meet curriculum objectives for CALM, Physical Education, specific CTS programs and Culture Camps. Day opportunities and week-long programs are available. Overnight options are available. Call the Strathcona Wilderness Centre and we can design a package for you!



Strathcona Wilderness Centre
Programs and Bookings
780-922-3939
SWCinfo@strathcona.ca



Get trails maps and more
information online at
strathcona.ca/WildernessCentre

Strathcona Wilderness Centre

Retreat at our lodge and campsites

The Strathcona Wilderness Centre offers a variety of programs for staff development, student councils and team building. Mix business with team building activities and outdoor programs for a memorable Professional Learning Day or overnight retreat. Our lodge is also available to rent for day meetings or overnight stays.



All Season Fun at The Broadmoor

School golf lessons and driving range

The Broadmoor Public Golf Course is committed to growing the game of golf through our junior programs. We offer special rates for range time and group lessons for schools.

Our current pricing for school groups is:

- One hour of range time: \$10 per student*, unlimited golf balls
- One hour with C.P.G.A. golf instructor: \$15 per student*, minimum 7 students, unlimited range balls

*Fees subject to GST

Winter opportunities

Enjoy cross-country skiing, walking, tobogganing and snowshoeing at Broadmoor Public Golf Course. Please note that equipment rentals are not available.

The course is open daily for winter activities from 7 a.m. to 11 p.m. and does not need to be booked.

Visit **TheBroadmoor.ca/Winter-Trails** to check out the trail map and get more information.

Questions??

Broadmoor Public Golf Course

Golf: 780-467-7373 | TheBroadmoor@strathcona.ca

Winter: 780-467-2211 | recreation@strathcona.ca

TheBroadmoor.ca



Get winter trails maps and more information online at

TheBroadmoor.ca/Winter-Trails

Performing Arts Programs

Did you know?

The performing arts foster inner joy and personal growth from the inside out. Students learn skills to build self-esteem, social and emotional development, communication and teamwork, all whilst having a blast! Exploring dance, drama and music inspires the sharing of stories and perspectives. It can transport your class into a world of imagination, joy and wonder. Classes are designed for all experience levels.

Festival Place Theatre Tour

Get a behind-the-scenes tour of this vibrant performing arts facility and learn how performers, staff and stage crew bring countless productions and programs to life for our community. Students will finish their tour with creative drama or movement games. Tour and games can be tailored to fit the group.

Performing Arts Workshop

The performing arts workshop is adaptable by age, skill and activity level. Participants are guided to use their imagination and creativity to explore different areas of performing arts in a hands-on workshop for drama, dance, musical theatre, improv and presentation skills.

Questions??

780-410-8566

culture.programs@strathcona.ca



Youth Volunteer Opportunities

Gain valuable work experience with our team of customer service experts!

Festival Place is always on the lookout for volunteers 16 years and older. Shifts are typically around 3 to 4 hours and involve helping people find their seats, scanning tickets, keeping the area neat and tidy, folding playbills and helping move chairs.

It is a great opportunity to gain work experience that can be added to your resume to help you get a job in the future.

Please contact us at
festivalplacevolunteers@strathcona.ca
or 780-410-8564 for more information.

Festival Place



"Performing arts brings your imagination and creative spirit to life! By learning how to express their creativity, students improve their self-esteem which can improve their overall quality of life."

*"All the world's a stage"
- Shakespeare's As You Like It - Act II, Scene VII*

Visual Arts Education Programs

Explore, learn and inspire through art!

Gallery@501 offers programs for schools that enable students and teachers to explore exhibitions by contemporary local, regional and national artists through guided visits and studio art-making sessions.

Explore: Gallery@501 school programs provide students with an opportunity to engage in guided observation, discuss ideas and concepts related to the artwork on display and create connections with their personal experiences.

Learn: Our educator-guided programs are complemented with hands-on art studio projects that further explore themes encountered in exhibitions and teach about art processes and materials. All guided exhibition tours and art activities are designed — and can be further tailored — to enhance core competencies of the Alberta school curriculum K to Grade 12.

Inspire: Hands-on art projects are an opportunity to inspire communication, creative thinking and problem-solving in ways that are accessible to students of all abilities.

Bus Subsidies

Gallery@501 offers bus subsidies to Elk Island Public and Catholic School Divisions that come to us for a program. These subsidies are generously sponsored by the Festival Place Cultural Arts Foundation. Contact us for more information.

Questions?

Gallery@501 Visual Arts
780-410-8575
culture.programs@strathcona.ca
strathcona.ca/Gallery501

Teacher Testimonials

"This was really well done! Our Gallery Educator was able to maintain the interest of all students. She also ensured all students had a chance to share their thoughts and were engaged. Fantastic job!"

– Teacher, St. Luke
Catholic School

For more information, visit
strathcona.ca/ArtEducation
to learn more about our
programs offered.



Pottery Programs

Clay Hut

Ranked as one of the best pottery studios in the province, the Clay Hut has been home to Strathcona County's iconic pottery program since 1978. Our pottery programs are designed to offer a challenging and creative educational experience to your students. Freedom of expression and imaginative use of materials are encouraged.

We provide a unique experience that students wouldn't normally get in school; working in a real pottery studio setting at the Clay Hut. Located at Smeltzer House Visual Arts Centre (#1 Broadmoor Boulevard, Sherwood Park, Alberta), this idyllic, creative space is located upon three acres of beautiful outdoor park and garden.

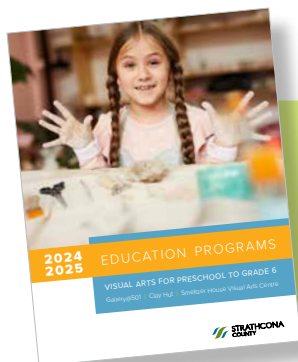
There are a variety of projects to choose from including coil, pinch and slab pots, clay sculptures and plaques. Seasonal and special projects are available upon request.

Clay programs are offered for:

- Preschool and Kindergarten
- Grades 1 to 3
- Grades 3 to 6



Smeltzer House Visual Arts Centre
780-464-2023
culture.programs@strathcona.ca
strathcona.ca/smeltzer



For more information, visit
strathcona.ca/ArtEducation
to learn more about our
programs offered.

Smeltzer House Visual Arts Centre

*"Students learn
problem-solving,
planning, new skills,
patience, sense of
accomplishment and a
love of learning!"*

*"The students get to
see and do something
different that we
could not do in the
classroom."*

Teacher feedback.





At Strathma,
students see
themselves as
history makers...

Exhibits and visible labs
become the classroom
during facilitated
curriculum-based
activities, giving learners
a holistic understanding
of the stories that shape
Strathcona County.
Students will explore
history through hands-on
activities and see their
world through the eyes of
a museum.

To learn how your
students (K-6) can enjoy
the Strathma experience,
please contact us.

education@strathma.ca
strathma.ca/for-teachers



History and Heritage

Imagine Strathcona County's yester-year

- What do we know about Indigenous People's history for this region?
- Why did early settlers move here?
- Why is our municipality both urban and rural—city and country?

Explore these three special features to learn about Strathcona County's history.



From time to time

An interactive online storymap

This innovative historical timeline helps students visualize how Strathcona County has evolved to what we see today. Featuring a selection of carefully curated images paired with researched accounts of history, the timeline highlights settler life in this region and includes some of the challenges that threatened Indigenous ways of living. A large print display is also available.

The past where we live

A two-part video series

- **A rich and plentiful country** gives an overview of this region's history.
Time: 11 minutes
- **A specialized municipality** explores Strathcona County's name, its boundaries and how it came to be a specialized municipality.
Time: 9 minutes

Rural history from the skies

An online image gallery

These archival aerial photographs taken between 50 and 100 years ago offer a bird's eye view of the countryside. You can survey Strathcona County's early rural landscape from a vantage rarely, if ever, seen by its residents back in the day.

Questions ? ?

Lori Clapp
780-416-6762
history@strathcona.ca
strathcona.ca/history

NEW! National Day for Truth and Reconciliation Classroom Contest

Strathcona County is excited to welcome all Grade 5 students to participate in a visual art contest showcasing what Truth and Reconciliation means to the class.

To participate:

Have your Grade 5 class collectively create a visual artwork piece representing what Truth and Reconciliation means to the class. The artwork could be in various forms (drawing, collage, painting, etc.) and must be accompanied by a paragraph describing the artwork and what students are depicting.

Encourage students to use a variety of techniques, colors or themes based on their vision and understanding of Truth and Reconciliation. We request that teachers offer guidance but allow all artwork to be completed by the students.

The contest is open to Grade 5 students in Strathcona County, entries are to be submitted by classroom.

To enter your classroom submission:

- Email Cassandra McDonald at cassandra.mcdonald@strathcona.ca to receive the contest registration form.
- Take a photo of your classrooms creation, then email the registration form and picture of submission to Cassandra McDonald by **4:30 p.m. on Monday September 16, 2024.**

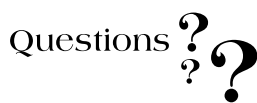
Please note we will not accept late submissions due to scheduling the guest speaker after the deadline.

Prizes:

The winning class will:

- have their artwork showcased at the National Day for Truth and Reconciliation event on September 30, 2024,
- receive a single admission recreation facility pass for each student, and
- have a special in-person visit from a guest speaker in September to discuss the significance of the day with students.

We look forward to seeing your classroom's creation!



Cassandra McDonald
cassandra.mcdonald@strathcona.ca
strathcona.ca/IndigenousConnections

National Day of Truth and Reconciliation

Strathcona County is working on new initiatives to strengthen our relationship with Indigenous Peoples across the land to further support ongoing Truth and Reconciliation.

This event and contest provide a fantastic opportunity to educate and inform your students about the importance of Truth and Reconciliation and our role in fostering healthier relationships with First Peoples and further the Calls to Action.



Mayor's School Walk/Run

May 21, 2025

Grade 4 Students

Celebrate healthy and active living! Register your Grade 4 class today for the annual Mayor's School Walk/Run on May 21, 2025.

Your class will enjoy a morning or afternoon walk/run with other Grade 4 classes from across Strathcona County, followed by a swim at Millennium Place.

Our wellness team will set up the walk/run and provide you with:

- A fun warm up
- A healthy snack
- A swim at Millennium Place after the run

Depending on the number of classes registered, a second walk/run date may be added on May 14, 2025.

Register today!

To register, email Jennifer.Wilson@strathcona.ca by April 17, 2025.

Questions ?
??

Jennifer Wilson

780-416-7272

Jennifer.Wilson@strathcona.ca



Proudly supported by



Arbor Day

May 9, 2025

Calling all Grade 1 Teachers!

Recreation, Parks and Culture is inviting all Grade 1 students in Strathcona County to a fun, tree-focused event on May 9, 2025. Help instill the importance of trees and caring for our environment at an early age. Each year, Grade 1 students in Strathcona County are presented with a seedling to help celebrate Arbor Day.

More information regarding the event will be shared with schools in early 2025.



Cassandra McDonald
cassandra.mcdonald@strathcona.ca
strathcona.ca/ArborDay






Pitch-In Spring 2025

Pitch-In and make a difference!

Our local Strathcona County Pitch-In campaign kicks off in spring 2025. Your school selects a date, and we supply the waste bags to help you clean up your school yard and surrounding community. Challenge your students to be eco-Active! Being eco-Active means your students will be role models in your community who pitch-in and care about the environment.

Thank you to last year's Pitch-In program volunteers. Together, they spent 1,000 hours collecting and filling bags of garbage.

Register your class and help make Strathcona County clean and green. For more information, dates and to register, please visit **strathcona.ca/PitchIn**.

Questions  780-467-2211
recreation@strathcona.ca
strathcona.ca/PitchIn



Environmental Awareness

Strathcona
County
Utilities

Strathcona County believes that, through education, current and future generations will respect and conserve natural resources by making informed choices. Choose from the following programs or work with a programmer to develop one that will work well for your class.

Waste Programs

"Waste in Our World" comes to you!

Students learn about waste management and reduction through an interactive presentation, a class Kahoot and take-home activities. This program is best suited for Grade 4.

Take a Tour!

Come visit the Broadview Enviroservice Station and the HodgePodge Lodge for a hands-on, behind-the-scenes look at how we recycle household hazardous waste, electronics and other materials. Kids will get to do a craft out of recycled materials in the HodgePodge Lodge. This program is free.

Get EcoSchools Canada certified - with fun projects, great resources and our staff to help you, getting certified as an EcoSchool is easy!

Free education kits

Borrow a kit to make reusable beeswax wraps with your class, do a waste audit, play a waste sorting game, or a bundle of great books to read. We can drop them off and pick them up.

Water Programs

Yellow Fish Road

Learn how we can keep our stormwater ponds and wetlands healthy and paint yellow fish in the community through this Trout Unlimited Program.

From wastewater to wetlands

Discover the importance of conserving water and protecting wetlands with simple actions we can do in our homes. Learn where our water comes from, where it goes and how wetlands play a large role in water quality treatment.

Global and local water use

Students learn about water, water access, water availability around the world and in Strathcona County. Activities encourage students to be mindful of water and how we use it.

Tapped Out

Grades 8 to 12

Students learn the journey water takes from rivers to our taps. Activities encourage students to re-evaluate their understanding of where tap water comes from and learn the mysteries behind treated municipal waste.

Water Books to Borrow

Sign up for two weeks with our water book bins for K-3 and Grades 4-6.



Special Events

Are you hosting a special event at your school that you would like to make zero-waste? We can help with everything including hot lunch, pancake breakfasts and volunteer appreciation events. Contact the Waste Diversion Program Liaison at 780-416-6784 to find out more.



School Resource Liaison
Tamara.VonKuster@strathcona.ca

Strathcona County Enforcement Services

RCMP and Enforcement Services

Enforcement Services Community Peace Officers and staff are excited to interact with students at all grade levels to co-create a healthy and safe community.

Guard of Honour

The ceremonial Guard of Honour is available to commemorate significant events at school-wide assemblies. Contact GuardofHonour@strathcona.ca for availability and more information.

Traffic safety

Geared towards high school students, Community Peace Officers are available to talk to classes about the importance of operating vehicles safely. Presentations include answering questions about speeding, stunting, noise and vehicle modifications. Call 780-449-0170 (choose option 2) for more information.

Bike safety

Cycling is a great way to get exercise and is a fun, healthy way to travel. Our Community Peace Officers will show your students the hand signals and share the importance of helmets and road safety.

Positive Ticketing

Teens and kids are rewarded for their safe behaviour and the ways they contribute to our community, like wearing a helmet, helping someone cross at a crosswalk or being a good neighbour. Tickets are redeemable for prizes at the RCMP and Enforcement Services detachment.

If you wish to have a Community Peace Officer attend your event, please contact Enforcement Services.

Questions??

Strathcona County Enforcement Services
780-449-0170



Safety education presentations

Police Pals

Grades pre-K to 4

Students will learn about police officers and their role in the community. An RCMP officer will touch on seasonal safety tips, police uniforms and equipment (including a police vehicle demonstration).

READ IN Week

Grades pre-K to 3

RCMP and a special seasonal guest will attend your classroom to read a story that promotes student engagement. This presentation takes approximately 30 minutes and allows students the opportunity to meet a local RCMP officer and share the joy of reading.

Safe Halloween

Grades pre-K to 3

Students are reminded how to be safe on Halloween. An RCMP member will attend for a fun and interactive experience. We can tailor this program anywhere from 15 to 30 minutes.

Sports Challenge

Have your school sports team play against the RCMP and Enforcement Services members in a friendly and exciting sports game.

If you wish to have an RCMP member attend your event, please contact Community Policing. We would love to hear from you!



Strathcona County RCMP
Community Policing
780-467-7741





Fire Prevention and Emergency Preparedness

Keeping our community safe starts with building the foundation of skills and knowledge associated with fire prevention and emergency preparedness in our youth.

At varying intervals throughout the year, schools will have the opportunity to schedule presentations based on topic and age-appropriate key messages. Presentations are organized at the grade level and will require large areas such as a gym or library. Educational materials will be provided to each participant.

Registration and more information is available online through the Strathcona Community Events Calendar at strathcona.ca/calendar by searching the presentation title or under "community safety education" event type.

Student Presentations

9-1-1

(April)

Grade 1

Students will learn what is considered an emergency, when it is appropriate to call 9-1-1 and what questions the 9-1-1 dispatcher will ask.

At Home Alone

(December and June)

Grade 5

There is no "right" time for your child to be left alone in the home; the child must feel comfortable with the situation and feel ready for the responsibility. The 'At Home Alone' program covers a variety of topics including general safety, the value of 9-1-1, dealing with different types of emergencies, potential hazards in the home, and some brief first aid.

Fire Safety and Prevention

(October)

Kindergarten - Grade 6

In celebration of Fire Prevention Week, this presentation builds substantial fire prevention and safety key messages that are valuable at any age.

Staff and Student Presentations

Presentations for school personnel are available throughout the year upon request.

Emergency preparedness and home -school safety presentation

Are you and your family prepared to be self-sufficient for up to 72 hours?

This presentation is aimed at teachers (perfect for a staff meeting) where we will discuss what emergency preparedness is and how you and your family can get ready.

NEW! CardiacCrash™

Gamified CPR experience from the Heart & Stroke Foundation of Canada. Learn how to perform CPR and use an automated external defibrillator (AED) in 1 hour. Perfect for Grades 8 to 12 and staff meetings and group sizes 8 to 40.

Questions???

Community Safety Education
780-464-8468
Safety.Educators@strathcona.ca
strathcona.ca/SafetyEducation

School Garden Program

School gardens are a place where students can learn about growing and eating healthy food. Through hands-on learning, teachers help students connect with the plant life cycle, while learning about seeds, soil, sun, water, bugs and weeds.

Each participating school receives two raised garden beds, soil and seeds (courtesy of Salisbury Greenhouse) to get started, with opportunity for expansion over time. The program entered its tenth year in 2024 with 24 schools participating, from elementary to high school.

School gardens inspire creativity and wonder. Kindergartners learn that fresh-picked spinach is sweet and tasty, and that good nutrition helps grow muscles, like Popeye. High school students incorporate growing and harvesting vegetables and herbs into their culinary arts program. In the fall, harvest soups made with root vegetables are ways teachers and students celebrate growing food.

Are you interested in starting a garden at your school or looking for resources for your existing school garden?

Questions???

Jill Hestbak
780-467-2211
Jill.Hestbak@strathcona.ca
strathcona.ca/SchoolGardens



Recreation,
Parks and
Culture

Did you know?

Strathcona County has:

- 21 community gardens
- 24 school garden sites
- 1 pollinator garden
- 7 edible garden planters

Learn more online at
strathcona.ca/urbanag



Family Support and In-School Programs

Families

Parenting is a journey, and most families need help along the way. If you notice a student or family that may benefit from support, the Strathcona County Family Resource Network (FRN) is a great place to start.

The FRN offers FREE services for families with children ages 0-18, including:

- Programs to promote healthy child development, from pregnancy to youth
- Reliable parenting information and strategies
- Connection to community and local resources

Support is free, parent-led and flexible, ranging from group workshops and learning opportunities to customized one-on-one consultation, with options for in-person, virtual or phone support.

For information on programs and how to access services for families, please visit strathcona.ca/families.

Social-emotional Programs

Kindergarten - Grade 9

The Mental Health Capacity Building (MHCB) program uses evidence-based programs to enhance social-emotional skills and mental health.

Program core areas:

Understanding our brains: Build strategies to boost prefrontal cortex function and enhance focus and emotional regulation.

Social Skills: Develop relationship-building skills, collaboration, conflict resolution and empathy through understanding social dynamics.

Personal Growth: Build self-awareness, recognize strengths and manage behaviours to achieve goals.

Program details:

Sessions: 4-6

Schedule: Flexible session durations.

Learn more!

780-416-6730

MHCB@strathcona.ca

strathcona.ca/MHCB



Mental Health
Capacity Building

Questions ?
??

Family Resource Network

780-416-6730

FamilyResourceNetwork@strathcona.ca

strathcona.ca/families

Mental Health and Financial Supports

Solutions Navigation and Counselling

The County's Family and Community Services can support families through life's challenges. They will lend a listening ear and practical support to families' needs, including finances, housing, mental health challenges or accessing local services.

To learn more and access Solutions Navigation and Counselling, visit strathcona.ca/wellbeing.

Recreation Access Program

The Recreation Access Program improves access to services for residents who have a limited income. The program provides approved applicants with no cost drop-in recreational opportunities and registered program opportunities at a reduced fee.

All drop-in activities and services offered with the monthly pass which is valid at:

- Millennium Place
- Kinsmen Leisure Centre
- Glen Allan Recreation Complex
- Strathcona Wilderness Centre
- Ardrossan Recreation Complex
- Emerald Hills Leisure Centre.

Everybody Rides

The Everybody Rides program improves access to transit services for residents who have limited income. Qualifying residents can purchase adult monthly passes for all registered members of the household at a discounted rate.

Contact Family and Community Services to learn more and determine eligibility for Everybody Rides and the Recreation Access Program.

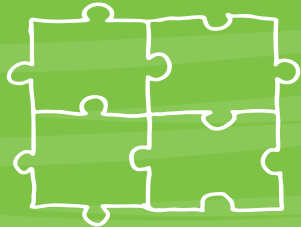
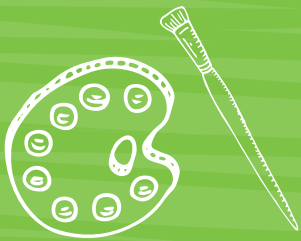


Family and Community Services
780-464-40444
FamilyAndCommunity@strathcona.ca
strathcona.ca/FCS

Everybody gets to playTM
Recreation without barriers

Family and Community Services





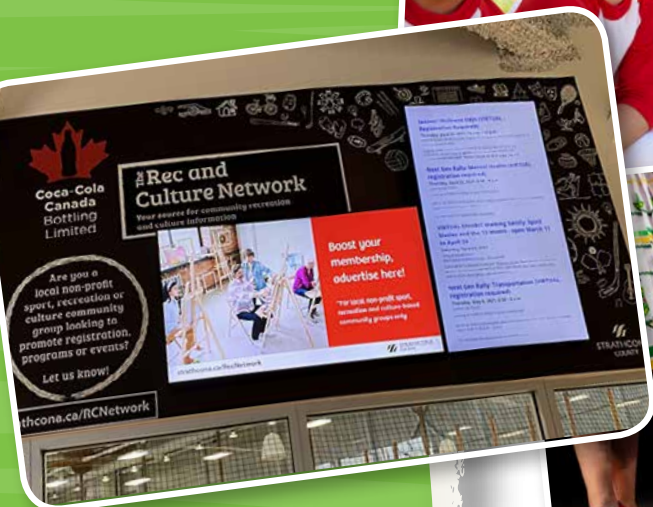
The Rec and Culture Network

The Rec and Culture Network is a tool to connect non-profit sport, recreation and culture-based service providers in Strathcona County with the public, supporting a community driven approach for a healthy and livable Strathcona County.

Find out about programs that local sport, recreation and culture groups are hosting in the County! The Rec and Culture Network web page includes an Events and Activities Calendar and a Group Directory. If you are interested in a particular sport or cultural activity, use this directory to find a local group who may be able to support your class.

Questions 

The Rec and Culture Network
RCnetwork@strathcona.ca
strathcona.ca/RCnetwork



Community Partners

Many community organizations also offer curriculum-based physical activity programs for schools.

CanSkate@School

CanSkate@School is specifically designed for Grades 1 to 3 and includes three to five sessions delivered by Skate Canada professional coaches. The CanSkate program is adaptable to school needs and also includes follow-up classroom activities and support materials for teachers.

Sessions can be booked with no ice fee at Ardrossan Recreation Complex, Glen Allan Recreation Complex, Moyer Recreation Centre, Sherwood Park Arena and Strathcona Olympiette Centre.

Please note that in order to reduce barriers to participation, students with equipment needs may request skates and/or helmets for use during the program. All participants will be required to wear a CSA approved helmet.



Ardrossan Strathcona Figure Skating Club
info@ASHSOnline.com

Sherwood Park Figure Skating Club
SPFSClearntoskate@gmail.com



Curling Programs

Strathcona County has three curling clubs that offer programs to schools. Each club offers unique, comprehensive, learn-to-curl lessons for your students.



Ardrossan Curling Club
Ardrossan Recreation Complex
780-999-3003
ArdrossanCurling@gmail.com

Sherwood Park Curling Club
Glen Allan Recreation Complex
780-467-9412
admin@SherwoodParkCurling.com

Strathcona Curling Club
Strathcona Olympiette Centre
780-922-7181
StrathconaCurling@gmail.com

Did you receive your Active Schools Joint Use Teachers' Guide?

Elk Island Catholic and Public Schools, New Horizons and École Claudette-Et-Denis-Tardif have a reciprocal use agreement with Strathcona County. This is a helpful resource to inspire activity for your students. The Active Schools Joint Use Teachers' Guide is delivered to your school administration at the start of the school year or you can view it online at strathcona.ca/ActiveSchools.



School's e-News

Sign up and receive monthly notices with programs, events and activities for you and your students.

strathcona.ca/ActiveSchools