

PRESCHOOL/CHILD

Preschool Journey

Our preschool programs reflect the importance of play in a child's healthy development. Through intentional teaching, our play-based recreation programs offer children opportunities to expand their skills and knowledge in a fun and safe environment.

A

1M - 5Y

Preschool Parented

Children build new relationships and learn new skills, while maintaining their comfort zone with a loved one nearby.

6M - 8Y Parented Drop-in available



B

2Y - 4Y

Preschool Unparented

Your child will strengthen his or her social and emotional development, motor skills and build confidence being away from parents or guardians.

2Y - 6Y Unparented Drop-off available



C

4Y - 5Y

Pre-Kindergarten

Offers foundational learning opportunities in language and literacy, pre-math, movement and social development.



NEW

D

5Y - 6Y

Kindergarten Kids

A supplement to your child's all-day kindergarten schedule to support routine and play.



A

1M - 5Y

Preschool Parented

Little Mozarts

We have specifically designed our classes to help children foster a love for music while also developing their language, social and motor skills. Here are just few activities that your little Mozart will experience; rhythm and music with small instruments (such as rhythm sticks, maracas, egg shakers, bells and more), movement and dance with scarves and parachute and singing as we make music together. Children will also be encouraged to be creative and expressive through arts/crafts and they will have fun with puppets, poems and musical rhymes as we play team building games. Omit: Nov 13

Age: 1M - 3Y

Kinsmen Leisure Centre	Classroom	
129388	Sep 18 to Nov 27	Wed
	9:30 - 10:20 am	\$158.00

Age: 2.5Y - 5Y

Kinsmen Leisure Centre	Classroom	
129389	Sep 18 to Nov 27	Wed
	10:30 - 11:20 am	\$158.00

Tots on the Go

This program consists of local guests and outings. We will start at Millennium Place where we will get to know each other, enjoy games, songs, stories and fun activities. Then it's Tots on the Go to different locations throughout Strathcona County. Location outings may include Gallery @ 501 for a child friendly art experience or Kinsmen Leisure Centre for some mini gym fun and games. Guests and location outings will be announced at your first class.

Age: 18M - 3Y

Millennium Place	Activity Room 1	
129390	Sep 19 to Nov 7	Thu
	9 - 10:30 am	\$76.00

Drop-In

Preschool Parented Drop-in

Parents, bring your child to climb aboard our pirate ship, build a blue block house, try the amazing airways (interactive equipment) and a whole lot more. Choose either the Kinsmen Leisure Centre Preschool Playground or Ardrossan Recreation Complex Love to Play room.

Admission is included with the Millennium Card or facility fees apply. Omit Oct 14, Nov 11

Age: 6M - 8Y

Ardrossan Recreation Complex	Love to Play	
Mon	Sep 9 to Dec 16	9:30 - 11:30 am
Sat	Sep 7 to Dec 21	10 am - 1 pm



Age: 6M - 6Y

Kinsmen Leisure Centre	Preschool Playground	
Tue	Sep 3 to Nov 26	9:30 - 11:30 am
Wed	Sep 4 to Nov 27	9:30 - 11:30 am
Thu	Sep 5 to Nov 28	5:45 - 7:45 pm
Fri	Sep 6 to Nov 29	9:30 - 11:30 am
Sun	Sep 8 to Nov 24	9:30 - 11:30 am

What to bring:

- Half-day programs: a small, nut-free snack and water bottle (**not including Building Blocks**)
- Full-day programs: a small, nut-free snack, water bottle and lunch
- Indoor shoes and play clothes
- Extra clothes in case of an accident
- Appropriate clothing for outdoor fun

Children registered in unparented programs should be toilet trained. For extra reassurance, parents/guardians can send their little one wearing pull-ups. **Please note: parents/guardians will be contacted by phone to attend to any changing needs.**

Learn more at www.strathcona.ca/preschool or call 780-467-2211



Download the FREE Early childhood App for information including:

- Calendar of programs and activities in Strathcona County for young children and their families
- Services for families of young children
- Information on developmental milestones

www.strathcona.ca/earlychildhood

B

2Y - 4Y

Preschool Unparented

Building Blocks

This program is designed to adapt and grow with your child throughout all three sessions; fall, winter and spring. Children will build their confidence as they make new friends and explore unique play centres in an exciting and safe environment. They will also visit the mini gym or Edu-tainment spaces for variety and fun. **Please note: snack time is not scheduled for Building Blocks due to program design.**

Omit: Oct 14, Nov 11, 13

Age: 2.5Y - 3.5Y

Kinsmen Leisure Centre	ParkView Room	
129374	Sep 9 to Nov 25 9 - 11 am	Mon \$125.00

Millennium Place	Activity Room 1	
129375	Sep 9 to Dec 2 9 - 11 am	Mon \$138.00
129376	Sep 11 to Nov 27 9 - 11 am	Wed \$138.00

Kangaroo Kids

This active start program will introduce your little one to the ABC's of movement: agility, balance, and coordination. Your child will begin to develop fundamental movement skills through unstructured, active play that incorporates a variety of body movements with a focus on child initiated learning.

Omit: Nov 12, 15

Age: 3Y - 5Y

Kinsmen Leisure Centre	ParkView Room	
129383	Sep 10 to Nov 26 12:30 - 2:30 pm	Tue \$134.00

Millennium Place	Activity Room 1	
129385	Sep 13 to Nov 29 9 - 11:30 am	Fri \$168.00

Little Chefs

How do you fix a broken tomato? Tomato paste! Inviting all 'epicurious' children to explore their culinary potential. Children will have opportunities to prepare, mix and measure ingredients. This hands-on, age appropriate class, fosters a joy of cooking and eating foods that are both nutritious and delicious - an essential step towards health and well-being.

Age: 3.5Y - 5Y

Kinsmen Leisure Centre	ParkView	
129386	Sep 19 to Nov 7 12 - 3 pm	Thu \$198.00

Clay Tots - Everything Fall

Let your preschooler's imagination run wild this fall creating with clay. Children will have fun learning to pinch, roll, paint and coil clay into fun projects all with fall theme.

Age: 4Y - 5Y

Smeltzer House	Clay Hut	
130701	Sep 18 to Oct 23 1 - 2:30 pm	Wed \$85.00

Clay Tots - Everything Christmas

Your preschooler will learn to pinch, roll and paint clay into christmas angels, reindeer, ornaments and more in this creative program.

Age: 4Y - 5Y

Smeltzer House	Clay Hut	
130702	Oct 30 to Dec 4 1 - 2:30 pm	Wed \$85.00

Preschool STEM

STEM learning incorporates the areas of science, technology, engineering, and math to foster children's natural curiosity about the world around them and the way things work. This program will promote children's natural abilities as scientists and engineers by using daily routines to encourage investigation and discovery. Children will compare shapes and recognize patterns; explore simple tools and machines; build and design structures; explore concepts such as measurement, addition and subtraction; and develop basic skills like observation and prediction.

Omit: Nov 13

Age: 3.5Y - 5Y

Kinsmen Leisure Centre	ParkView	
129387	Sep 11 to Nov 27 9 am - 12 pm	Wed \$200.00



Jr. Pre-K

This program is the perfect stepping stone before enrolling your little one in Kindergarten Readiness. Jr. Pre-K builds upon your child's developing social, emotional, and motor skills. Your child will continue to learn through play by interacting with their peers and teachers, exploring unique play environments, learning games and songs, listening to stories, investigating sensory tables, and more.

Omit: Nov 12, 14, 15

Age: 3Y - 4Y

Millennium Place	Activity Room 2	
129378	Sep 10 to Nov 26	Tue
	9 - 11:30 am	\$168.00

Kinsmen Leisure Centre	Park View	
129379	Sep 13 to Nov 29	Fri
	9 - 11:30 am	\$168.00

Kinsmen Leisure Centre	Park View	
129380	Sep 10 to Nov 28	Tue/Thu
	9 - 11:30 am	\$335.00

Jr. Pre-K 3 Hour

This program offers the same activities as Jr. Pre-K with extra time for caregivers to run errands, workout, or have some 'me' time.

Omit: Oct 14, Nov 11, 13

Age: 3Y - 5Y

Ardrossan Recreation Complex	Preschool Room	
129381	Sep 11 to Nov 27	Wed
	9 am - 12 pm	\$200.00

Strathcona Olympiette Centre	Preschool Room	
129922	Sep 9 to Dec 2	Mon
	9 am - 12 pm	\$200.00

FALL BREAK CAMPS

Simple Science

Time for some hands-on activities and fun with simple science experiments. Explore the wonderful world of science.



Age: 4Y - 5Y

Kinsmen Leisure Centre	Lake View	
129709	Nov 12	Tue
	9 am - 3 pm	\$54.00

Age: 5Y - 7Y

Kinsmen Leisure Centre	Lake View	
129710	Nov 15	Fri
	9 am - 3 pm	\$54.00

Preschool Unparented Drop off

Note: This program is not included with the Millennium Card.

Drop-off your preschooler in a fun and inviting environment while you run errands, workout, or just have some 'me' time. Your child will enjoy toys, play spaces and activities led by our friendly preschool instructors.

Admission is \$8.50 per child for this two hour drop-in program. Receive a 10% discount when you purchase a 10-visit card for just \$76.50. Get your pass at the Kinsmen Leisure Centre today!
Omit Oct 14, Nov 11, 13, 15

Age: 2Y - 6Y

Kinsmen Leisure Centre	Park View	
Mon	Sep 9 to Nov 25	1 - 3 pm
Wed	Sep 11 to Nov 27	1 - 3 pm
Fri	Sep 13 to Nov 29	1 - 3 pm

CHRISTMAS PROGRAMS

Cookies and Christmas Carols

Children will decorate sugar cookies, sing Christmas carols, make crafts and play while you take some time for last minute shopping and wrapping.

Age: 3Y - 5Y

Millennium Place	Activity Room 2	
130464	Dec 9	Mon
	9 am - 12 pm	\$27.00
130476	Dec 11	Wed
	9 am - 12 pm	\$27.00

Strathcona Olympiette Centre	Preschool Room	
130478	Dec 9	Mon
	9 am - 12 pm	\$27.00

Little Reindeers

Let us keep your 'little reindeer' busy in this exciting all-day program, where kids will engage in reindeer games, activities and outdoor winter fun. Please bring a nut-free snack, lunch and indoor shoes.

Age: 3.5Y - 5Y

Ardrossan Recreation Complex	Preschool Room	
130465	Dec 4	Wed
	9 am - 3 pm	\$54.00

Millennium Place	Activity Room 2	
130477	Dec 6	Fri
	9 am - 3 pm	\$54.00
130479	Dec 13	Fri
	9 am - 3 pm	\$54.00



Pre-K Registration is now open!

Register for one or more sessions.

C
4Y - 5Y

Fall/Winter/Spring Pre-Kindergarten

Your child must turn 4 years old before December 31, 2019 to register for 2019/2020 Pre-K.

Kindergarten Readiness (Pre-K) programs are filled with investigation and exploration, including indoor and outdoor play experiences. Through intentional teaching practices, purposefully-designed learning environments and enriched activities, instructors will help ensure your child's learning experience is fulfilling and enjoyable. Our program offers foundational learning opportunities in language and literacy, pre-math, physical literacy, and social development. Pre-K programs have access to recreation facility amenities such as the Preschool Playground, Edu-tainment Centre, Love to Play Room or mini-gym spaces. Our interest-based play curriculum will be sure to spark your child's curiosity to learn and play, while developing independence away from home.

Please remember to bring indoor shoes and a nut free snack for your child. Full day programs will also require a lunch. To learn more about our play-based curriculum, visit www.strathcona.ca/preschool

Omit: Oct 14, Nov 11, 12, 13, 14, 15, Feb 17, Apr 10, 13, May 18

F Fall 2019

W Winter 2020

S Spring 2020

Rural locations

Age: 4Y - 5Y

	Androssan Recreation Complex	Preschool Room	
F	126684	Sep 11 to Nov 27 9 am - 3 pm	Wed \$395.00
W	126728	Jan 8 to Mar 18 9 am - 3 pm	Wed \$395.00
S	126765	Apr 8 to Jun 17 9 am - 3 pm	Wed \$395.00
	Strathcona Olympiette Centre	Preschool Room	
F	126692	Sep 13 to Nov 29 9 am - 3 pm	Fri \$395.00
W	126736	Jan 10 to Mar 20 9 am - 3 pm	Fri \$395.00
S	126773	Apr 17 to Jun-26 9 am - 3 pm	Fri \$395.00

Sherwood Park locations

Age: 4Y - 5Y

	Kinsmen Leisure Centre	Lake View Room	
F	126685	Sep 9 to Nov 25 9 am - 3 pm	Mon \$395.00
F	126686	Sep 11 to Nov 27 9 am - 3 pm	Wed \$395.00
F	126687	Sep 10 to Nov 28 9 am - 12 pm	Tue/Thu \$395.00
F	126688	Sep 10 to Nov 28 12:30 - 3 pm	Tue/Thu \$330.00
W	126729	Jan 6 to Mar 23 9 am - 3 pm	Mon \$395.00
W	126730	Jan 8 to Mar 18 9 am - 3 pm	Wed \$395.00
W	126731	Jan 7 to Mar 19 9 am - 12 pm	Tue/Thu \$395.00
W	126732	Jan 7 to Mar 19 12:30 - 3 pm	Tue/Thu \$330.00
S	126766	Apr 6 to Jun 22 9 am - 3 pm	Mon \$360.00
S	126767	Apr 8 to Jun 17 9 am - 3 pm	Wed \$395.00
S	126768	Apr 7 to Jun 18 9 am - 12 pm	Tue/Thu \$395.00
S	126769	Apr 7 to Jun 18 12:30 - 3 pm	Tue/Thu \$330.00
	Millennium Place	Activity Room 2	
F	126689	Sep 13 to Nov 29 9 am - 3 pm	Fri \$395.00
F	126690	Sep 9 to Dec 2 9 am - 12 pm	Mon/Wed \$395.00
W	126733	Jan 10 to Mar 20 9 am - 3 pm	Fri \$395.00
W	126734	Jan 6 to Mar 23 9 am - 12 pm	Mon/Wed \$395.00
S	126770	Apr 17 to Jun 26 9 am - 3 pm	Fri \$395.00
S	126771	Apr 6 to Jun 24 9 am - 12 pm	Mon/Wed \$395.00





D

5Y - 6Y

NEW

Kindergarten Kids

Register your child in Kindergarten Kids. This supplement program is for kindergarten kids who attend all-day kindergarten on select days. Parents can register their child for every other Friday at Kinsmen Leisure Center, Strathcona Olympiette Centre or every Tuesday at the Ardrossan Recreation Complex.
Omit: Nov 11, 12, 13, 14, 15

Age: 5Y - 6Y

Kinsmen Leisure Centre		Lake View	
129419	Sep 13, 27, Oct 25, Nov 8	9 am - 3 pm	Fri \$144.00
130682	Sep 20, Oct 4, 18, Nov 1, 22	9 am - 3 pm	Fri \$180.00
130683	Schools Out	Oct 11	Fri \$36.00
130684	Schools Out	Nov 29	Fri \$36.00
Strathcona Olympiette Centre		Preschool Room	
130685	Sep 13, 27, Oct 25, Nov 8	9 am - 3 pm	Fri \$144.00
130686	Sep 20, Oct 4, 18, Nov 1, 22	9 am - 3 pm	Fri \$216.00
130688	Schools Out	Oct 11	Fri \$36.00
130689	Schools Out	Nov 29	Fri \$36.00
Ardrossan Recreation Complex		Preschool Room	
130692	Sep 10 to Nov 26	9 am - 3 pm	Tue \$395.00



SPORTBALL



Parented

Parent and Child Multi-Sport Indoor 16M - 2Y

You've made the team! Toddlers and parents/caregivers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and much more! In addition to focusing on physical movements and social exploration, this 30-minute program will introduce children to a different sport each week. Parents/caregivers participate with their little one to guide and challenge them according to their individual skill level. Sportball maintains a one-parent-per-child ratio policy in all Parent and Child programs to ensure that focus is kept on helping little ones practice and progress.

Omit: Oct 12, Nov 9

Age: 16M - 2Y

Kinsmen Leisure Centre	Preschool Playground	
129402	Sep 14 to Nov 30	Sat 9 - 9:30 am \$150.00

Parent and Child Multi-Sport Indoor 2Y - 3.5Y

You made it to the big leagues! Parents/caregivers have a direct hand in their pre-schooler's development through this unique 45-minute Multi-Sport program. With the active support and participation of their grownup, children are able to refine their skills and continue their social and physical development such as balance and coordination by participating in eight popular sports - hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. Under the guidance of our expert Coaches, grownups also understand proven teaching techniques that can be applied outside of Sportball classes. Sportball maintains a one-parent-per-child ratio policy in all Parent and Child programs to ensure that focus is kept on helping little ones practice and progress.

Omit: Oct 12, Nov 9

Age: 2Y - 3.5Y

Millennium Place	Combatives Room	
129405	Sep 10 to Oct 22	Tue 9:45 - 10:30 am \$119.00
130136	Oct 29 to Dec 10	Tue 9:45 - 10:30 am \$119.00

Kinsmen Leisure Centre	Preschool Playground	
129403	Sep 11 to Oct 23	Wed 5 - 5:45 pm \$119.00
130138	Oct 30 to Nov 27	Wed 5 - 5:45 pm \$85.00
129407	Sep 14 to Nov 30	Sat 9:30 - 10:15 am \$170.00
129404	Sep 14 to Nov 30	Sat 10:15 - 11 am \$170.00
129406	Sep 14 to Nov 30	Sat 11 - 11:45 am \$170.00

Unparented

Multi-Sport Indoor 3.5Y - 5Y and 5Y - 7Y

Sportball Drop Off programs help kids ages 3.5 and up develop independence and build confidence by attending classes 'all by themselves'. Coaches engage younger children with creative storylines and special themes and connect with older kids as leaders and mentors. Parents and caregivers are asked to remain outside during classes to minimize distractions and encourage kids to participate on their own.

Omit: Oct 12, 14, Nov 9, 11, 13

Age: 3.5Y - 5Y

Kinsmen Leisure Centre	Preschool Playground	
129410	Sep 11 to Oct 23	Wed 6 - 7 pm \$119.00
130139	Oct 30 to Nov 27	Wed 6 - 7 pm \$85.00
129411	Sep 14 to Nov 30	Sat 12 - 1 pm \$170.00

Millennium Place	Combatives Room	
129413	Sep 16 to Dec 16	Mon 1 - 2 pm \$198.00
129414	Sep 16 to Dec 16	Mon 2 - 3 pm \$198.00
129412	Sep 10 to Oct 22	Tue 10:30 - 11:30 am \$119.00
130137	Oct 29 to Dec 10	Tue 10:30 - 11:30 am \$119.00

Age: 5Y - 7Y

Kinsmen Leisure Centre	Preschool Playground	
129484	Sep 18 to Nov 27	Wed 7 - 8 pm \$170.00

Millennium Place	Combatives Room	
129485	Sep 14 to Nov 30	Sat 12:30 - 1:30 pm \$170.00

Sportball Ultimate Hockey/ Soccer 5Y - 7Y

This class is aimed towards transitioning kids into a hockey and soccer game. The class includes Fitkids Warmup that is based on physical literacy and getting kids into shape in a fun way. The warmups are followed by skill based training where game like situations are created to teach the necessary hockey and soccer skill sets. Class ends with a controlled scrimmage, allowing Sportballers to apply the skills they have learned!

Omit: Oct 14, Nov 11

Age: 5Y - 7Y

Millennium Place	Combatives Room	
129483	Sep 16 to Dec 2	Mon 4 - 5 pm \$170.00