

Summer Camps

Day Camps \$400+gst for the week (Mon-Fri) Camps with a sleepover are \$450+gst for the week (Mon-Fri) Arrival at 9:00 am at Keno Hills (Early Drop off @ 7:45 am extra \$10) Pick-up at 4:00 pm (Late Pick up @ 5:15 pm extra \$10)

Crazy for Horses Camp (ages 8+)

36

July 8-12, 15-19, 22-26, 29-Aug 2 Aug 12-16, 19-23

Enjoy a week of fun at the barn! This five day camp focuses on horsemanship skills including riding, stable management and proper horse care. Fun games, crafts, time to cool down with water activities, team building and a riding showcase for parents on the last day of camp. Riders at any ability level will enjoy their week with the horses. There is also a sleepover campout on the Thursday night!! Come out and horse around with us for the best camp ever!

** NEW ** Wilderness Camp (ages 8+)

July 8-12, 15-19, 22-26, 29-Aug 2 Aug 12-16, 19-23 A new program this summer!

We have combined teaching the basics of horseback riding, with an educational and exciting wilderness experience. Learn about wildlife, the environment and riding horses. We will also be doing a sleepover campout on the Thursday night!

For all camps:

On the last day of each camp, parents are invited to attend a show put on by their children to showcase their riding skills they learned throughout the week. Times of the showcase will be decided prior to the date. *Due to the limit of campers we cannot refund cancellations for any reason*

KENO HILLS STABLE & TACK SHOP LTD. CAMPS, LESSONS, AND BIRTHDAY PARTIES!

Horsemanship

 Tiny Tot Horsemanship (Ages 2-5)

 \$176.40/4 sessions

 2:00 - 2:45
 (July 2-5, July 29-Aug. 1 Aug. 6-9, Aug. 26-29)

Junior Horsemanship (Beginners, age 5-7 years) \$176.40/4 sessions

12:00-1:00 (July 2-5, July 29-Aug.1 Aug. 6-9, Aug. 26-29)

Horsemanship 1 & 2 (Beginner, age 8-13 years) \$176.40/4 sessions 1:00- 2:00 (July 2-5, July 29-Aug.1 Aug. 6-9, Aug. 26-29)

Adult Horsemanship (14+) \$176.40 /2 - 2hour sessions 6:30-8:30pm (April 26 & May 3, May 24 & May 31)

Celebrate a Birthday with us!

\$44¹⁰/ per participant Come out and spend some time at the farm! Riders will enjoy games and fun from horseback that can be tailored to your age group and theme.

To book an event or to find out what we can do for you please contact us at 780-922-2941 or email: staff@kenohills.com

KENO HILLS STABLE & TACK SHOP 52165 RR 210, Sherwood Park T8G 1A1 Phone: (780)922-2941 Fax: (780)922-6874 E-mail: staff@kenohills.com www.kenohills.com

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Join us for an experience your children will never forget!

Frontier Kids

Aug 12-16, 19-23

July 8-12, 15-19, 22-26, 29-Aug 2

These junior campers will learn

skills such as safety around horses,

proper preparation of your horse,

riding, and much more. Fun games,

crafts, water activities and a show

at the end of the week to show off

their skills to their parents on the last day. Can't wait to see you there!

(ages5-7)

Summer Camps:

Things no other camps offer:

- 6:30am-6:00pm at no additional cost.
- Full breakfast & 2 snacks included.
- Kinder Gr. 6: all your kids at one camp!
- We teach your child HOW to think positively using Belief Re-patterning.
- Daily rates; weekly starting at \$220/child
- Weekly themes: Superheroes, Athletes Unite, Christmas in July, and Disney!
- Crafts you will want to keep, cooking activities, water play days, guests and henna tattoo fun!

Les Petits Soleils





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French Preschool:

Things no other preschools offer:

- Complete French Immersion programming for 3 & 4 year olds; not just an introduction.
- Certified French teachers deliver developmentally-appropriate curriculum.
- No mandatory volunteering or fundraising.
- Belief Re-patterning technique empowers choice of feelings for emotional regulation. We focus on Kindergarten readiness,

problem-solving, process-driven crafts, positive self-esteem, socialization and yoga.

petits-soleils@shaw.ca

Sherwood Park's choice since 2006!

(780) 709-2602



- > LAKE AND WHITEWATER CANOEING
- > ROCK CLIMBING AND RAPPELLING
- > BACK COUNTRY BIKING
- > HIKING AND WILDERNESS LIVING
- > RIVER EXPEDITIONS
- > EARN HIGH SCHOOL CREDITS





TO REGISTER NOW OR FOR MORE INFORMATION CONTACT US:

Progressive Academy mountainadventure.school 780-455-8344





ARDROSSAN SOCCER CLUB

2019 Outdoor Season Community and Premier Programs Available

For more information visit www.ardrossansoccer.com

CANADIAN RED CROSS BABYSITTING with First Aid COURSE

Updated Babysitters Manual and more first-aid content. Teaching safety and first aid specially designed for boys and girls ages 11 and up. Learn babysitting and first aid skills through role-play, skits, discussion and hands-on experience using dolls & each other! Learn the importance of the job and the skills required to be a popular, successful (and wealthy) sitter in a one-day format.

INCLUDES:

- Job search, interview skills...and much more
- How to feed, diaper, dress, and play with children and babies
- Leadership skills and managing difficult behaviours
- Home-alone safety and accident prevention
- First aid for bleeding, burns, poisons and seizures
- How to use an asthma inhaler and Epipen
- Compression CPR and first aid for choking

Upcoming Dates in Sherwood Park

Friday May 17 (no school) Saturday May 25 Saturday June 8 Saturday June 22 Tuesday July 2 Tuesday July 9 Friday July 12 Wednesday Aug 21 Tuesday August 27 Thursday August 29 Saturday Sept 7

Each course is 9 am - 5 pm REGISTER EARLY! CLASSES FILL QUICKLY

Registrations now open for all dates, contact Velta at 780-464-0660 OR velta@youthfirstaid.ca

Learn in confidence with the #1 Red Cross Babysitting Instructor in Northern Alberta, training safe sitters for over 25 years. Gift Certificates available.

JULY 19th, 2019

JULY 20th, 2019

Family Friendly Music Festival Sherwood Park, Style





Explore your community!



Pick-up your Buzz Around Strathcona County brochure this summer at any recreation facility.

www.strathcona.ca/buzz

SHERWOOD PARK SWIM CLUB JOIN OUR TEAM, AND MAKE A SPLASH

WITH US THIS COMING YEAR!



www.sherwoodparkswimclub.com

** SUMMER CAMP FOR NEW SWIMMERS! **

Session 1: July 29 - Aug. 1 & Aug. 6 - Aug. 9 or Session 2: Aug. 12-23 (omit Wed.) For ages 8+ Availabilty based on enrollment. Visit **sherwoodparkswimclub.com** for more details.

Sherwood Park Swim Club provides swim training for children in our community at various ages and levels of ability. We are dedicated to teaching proper stroke technique while the swimmers are in their formative years and then concentrating on the necessary endurance so the children can compete at a higher level. We offer a flexible training schedule and monthly training fees.

SHERWOOD PARK SWIM CLUB OFFERS TWO MAIN PROGRAMS AT MILLENNIUM PLACE:

Junior Stingrays is a developmental swim program for kids aged 5 to 8 who are confident in the water, and is primarily delivered in the wave pool lanes. Swimmers can progress at their own pace, from learning the fundamentals to developing more advanced skills.

The Junior Stingray swimmers are registered with Swim Alberta and Swim Canada. This includes insurance, access to club functions and being eligible to participate in one sanctioned competition per season.

Tuesdays and Thursdays

Senior Stingrays is a program for the stronger, more confident swimmer, and is delivered in the 25 meter Lap Pool. These swimmers should be comfortable in deep water and have appropriate skills to progress in this program. Senior Stingray swimmers are aged 8 to 18 and swim at all competitive levels from Beginner to Provincial and National.

Monday- Sundays

The training calendar can be viewed on our website.

Openings for the Junior Stingrays program are very limited! We recommend that all new swimmers complete a skill assessment. Assessment dates for 2019/20 will be held in July and August. To request an assessment, contact: registrations@sherwoodparkswimclub.com AND headcoach@sherwoodparkswimclub.com

> Visit us @ www.sherwoodparkswimclub.com for further information. SEE YOU IN THE POOL



Celebrate your birthday with us!

Book your party at:

- Ardrossan Recreation Complex Strathcona Olympiette Centre Millennium Place
- Strathcona Wilderness Centre Kinsmen Leisure Centre

www.strathcona.ca/partypackages

