

New to skating or looking to master a skill on the ice?

Our 30-minute individual skating lessons offer participants of all ages and abilities the opportunity to succeed through customized skating instruction.

Individual skating lessons are offered to skaters 32M-99Y at select Strathcona County recreation facilities. Individual skating lessons are \$40 for 30 minutes of instruction (+\$10 per additional participant of similar skating ability; 3 participant maximum).

Homeschool group skating lessons are \$8 per participant for 45 minutes of daytime instruction (5 participant minimum).

Participant / Homeschool Coordinator information

Last name _____ (Print) First name _____ (Print)

Address _____
Street and number City/Town Province Postal Code

Contact phone number _____ Alternate phone number _____
(if applicable)

Email address _____

Date _____ Adult? Child/youth? Age: _____ years

Parent / Guardian contact information

Last name _____ (Print) First name _____ (Print)

Contact phone number _____ Alternate phone number _____
(if applicable)

Email address _____

Specialized skating lessons – Participant intake

(Page 2 of 2)

Type of skating lessons (choose one)

- Individual (30 minutes) Partner (30 minutes) Adapted (30 minutes)
 Homeschool (5 participant minimum, 45 minutes)

Skating ability

- Parented – Active Start: Cannot stand alone; needs to build confidence on the ice.
 Unparented – Active Start: Can venture on to the ice unassisted; needs to learn how to start, stop, hop and turn.
 FUNdamentals: Can skate to the blue line and back; needs to improve turning, starting and stopping.
 Learning to Train: Can skate the full length of the ice; needs to improve technique and speed.

Availability preference(s)

- Morning (9am-12pm) Afternoon (12pm-4pm) Evening (4pm-8pm)
 Tuesdays Thursdays Saturdays

Location preference(s)

- Urban (Sherwood Park) Urban or rural (Strathcona County)

Outline what areas/skills you want to improve and any additional information you would like us to know. If this is a Homeschool lesson, please specify the first and last name of each participant:

Please note all requests will be responded to within five (5) business days of submission. Lessons are subject to ice and instructor availability. All participants are required to wear a CSA approved helmet. Skate rentals are available through Millennium Place.

Questions? Email childyouth.programs@strathcona.ca or visit our webpage [here](#) for more information.

Collection and use of personal information

Personal information is collected under the authority of section 33(c) of the *Freedom of Information and Protection of Privacy Act* and will be used to manage and administer your Strathcona County recreation program account, including program registration, memberships or rentals. If you have questions regarding the collection, use or disclosure of this information contact the Manager, Central Services at 780-467-2211.