

Q. 21 - What are the main reasons that you do not use Strathcona County recreation facilities?

* All comments are verbatim, with the exception of any personal / identifying information. Comments regarding multiple themes are repeated in under each relevant heading.

Strathcona County does not offer the kind of facilities I want

- They are not dog friendly
- basketball and volleyball courts
- A gym for adult floor hockey
- I'd like to swim anytime. Evenings too
- need racquetball courts (more than just GARC)
- indoor tennis
- Need to expand further at Ardrossan. Complement the wellness center with steam room/sauna/aquatic facility. Also a soccer field at ARC...
- Strathcona needs an indoor field house like Edmonton's Kinsmen
- More Yoga (not drop-in)
- Pool without waves - same hours as Millennium. Who can figure out the Kinsmen public swimming hours?!
- pool in Ardrossan
- we drive to Fort Saskatchewan to use the outdoor spray park
- indoor kung fu practice space at a reasonable cost
- Putting one pickleball court on one tennis court is not fair to the players as we spend most of the time chasing down the balls. The tennis court is too big for one pickleball court.
- indoor run track allowing strollers
- more yoga classes
- I travel to Edmonton for specific arts and craft programs e.g. stained glass, wood carving, quilting, watercolors, etc.
- possible soccer/football facility to help ease demand on Millennium Place
- Indoor tennis
- Indoor field house like Edmonton Kinsmen
- lacrosse facilities
- hot yoga
- indoor non boarded field
- Futsol
- more squash courts

- we need indoor turf soccer fields
- 7vs7 indoor soccer pitch
- Full indoor soccer field
- A large indoor soccer facility is badly needed!!
- Spray parks
- Not enough large green spaces. Losing greens treed spaces in the county to small business
- Indoor Soccer facility
- Would like a pool in Ardrossan Rec Centre
- Large indoor soccer field. Like Commonwealth or Victoria Soccer Center
- fitness equipment for wheelchair users
- I want more squash courts
- we need an indoor soccer facility
- I have different interests.

Program times/days do not fit with my schedule

- It would be nice to have more fitness classes e.g. Spin classes during the morning after taking kids to school, 9-11ish
- for swimming lessons
- Not enough morning fitness programs.
- Kinsmen pool doesn't have enough public swim hours available.
- As I work full-time there aren't many options available for adults in the evenings
- time is not always convenient for me
- Very few programs offered outside "working" hours. For some of the classes I have tried to sign my son up for there was only one evening session which filled up very very quickly.
- I try to take an exercise class during preschool times in ardrossan but there is little to no choices
- More school age programs on Sat.
- Need more in evenings and weekends.
- Programs for 2-3yr olds often offered in afternoon in the midst of nap? Not many Friday classes.
- see above about times for drop in classes
- Kids preschool programs that overlap with adult
- Many parent/child programs are during the day when I am working.
- Many classes I'd like to register my toddler in are only offered when I am working
- Need more evening stuff

- Need more evening programs starting at 8 or 8:30
- Being offered during the day on weekdays and not on the weekend or evenings (cardio salsa)
- I find the evening options fill up very fast
- Programs are too early in the day
- Lane swimming at KLC isn't offered often enough to be convenient for my schedule.
- many classes I like are during working times
- registered programs do not match with shift work
- I enjoy 40-50 minute lunch time classes
- Would like little more options for classes for toddler and young child.
- not enough drop in classes during weekend evenings (5-9:30)
- everything is after school, as a working parent I am unable to get my children to programs
- It would be nice to have shinny hockey for adults later in the day such as 7:00PM on weekdays and a time during the weekends during the peak season of hockey.
- More evening yoga would be great.
- more preschool programs after work hours
- Many of the classes are only offered during business days
- more drop in classes at indoor rec facilities
- More yoga!
- I have an erratic work schedule that doesn't permit me to commit to a regular class.
- More evening or mid-day drop in classes
- more swim times after 5:15 am would be appreciated
- Aquacise
- Drop in fitness class in the afternoon please
- see above
- I would love to do aquasize more but the pools are too far away and never offered at a good time so I travel to Fort Saskatchewan instead.
- most seniors don't want to get up to go swim at 6 am
- im off on Mondays and evening n weekends
- There are very few drop in or registered programs in the afternoons
- more evening classes
- NEED more morning swim classes for preschoolers. Evening classes conflict with dinner, bath and bedtime.
- more 55+ classes in evening

- day time preferred
- some activities I want to do are during the day but I have school
- I need night and weekend
- more daytime programs for seniors and retired
- Kinsmen is much closer to my home but the drop in times for all activities are either too early or too late.
- Yoga& Zumba at arc should be weekday at 715pm
- I have cheerleading 3 days out of the week and high school work
- Zumba
- We are a working family and most programming in Mon-Thurs in the daytime.
- More during evenings
- Not enough yoga classes
- Adaptive swimming class hours are too limited this year
- not enough spaces in programs and you end up being on a waitlist
- Soccer Academy
- Public swim times at Kinsmen
- Aquasize and yoga at weird times for the rural county
- More evenings and weekends should be offered
- Some classes seem made for stay at home parents
- sadly I work weekdays and not all classes have an evening time
- child programs often during the days
- more yoga
- More weekend activities for kids
- more early morning drop in like 5:30 or 6:00 am
- Need more late morning fitness classes as my sons preschool doesn't start until 930 so a 945 or 10am class would be great!
- several-need multiple times for programs
- Not enough swimming classes for children
- I work Mon/Wed and cannot go to the programs only offered those days
- Bring back lunch hour drop in
- Wish there was more programs starting at 6pm
- The drop-in daycare areas at Millennium and Ardrossan are great, however sometimes their hours restrict when I can attend. For example, I live out by Ardrossan and have a toddler - often

the daycare is only open until noon or later in the evening after 6pm. usually the afternoons are a better time for me, once my son has had his nap. I don't find the evening times as useful as it is the supper hour and too busy after dinner to make it out to the Rec Center.

- need 5am aerobics or bike classes done by 6am
- i.e. aquasize classes
- I work through the week and don't find a lot of options in the evening programs for the things I enjoy.
- Aqua size is during the day or too late at night
- Many programs don't fit my work schedule
- I have time during the day while my kids are in school, but most programs are in the early morning or evening/weekend when I am busy with my family.
- I am usually not home until after 7 pm
- More weekday preschool programs
- I'm a full-time working parent.
- different ages of kids, hard to register for activities, hard for 1 parent to take kids for activities- other spouse is working
- timing of drop-in classes at ardrossan - no lunch break classes
- more recreational skating time
- hours that are available for you to exercise
- Mainly lack of time. when they close one facility hours should increase in other facilities
- Make the Zumba classes earlier.
- I would use a pool in ardrossan if there one there
- Lack of time for when activities are offered. Have more night activities rather than day activities. group night activities for walking for older people
- the indoor field surfaces are very busy during prime time maybe have designated drop in times such as 4-7 so they can't be booked
- we do use them a lot we would do more if there were more drop in
- When they offer courses they filled up very quickly, and the time is not convenient.
- 55 plus options. Hard to be with all the young people. programs for other seniors skating programs for seniors, more programs for seniors for exercise
- different times during the day/ not enough events during the evening
- not enough for persons with disabilities and cost the bus is 15 dollars a day it gets costly
- Still lack of time. aquasize times are not at time I could be making use of
- availability
- the cost, and the times they have available

- the shift I work

Strathcona County does not offer the type of programs I'm looking for

- for example: prenatal yoga
- more swimming lessons for kids please
- Refer to city of Edmonton programming for hours and class descriptions
- mama and baby dancing
- Programs that include your dog
- It is hard to find organized fitness classes that meet my schedule. Preferred time is after school drop off in the morning.
- Now enough drop in options. Ardrossan has no early morning classes or late night classes to work with moms
- weekend martial arts
- Snowmobile trails
- more for seniors
- I take a specific type of program that is not offered by Strathcona County
- Tai Chi
- Friday preschool classes
- more intense Zumba classes
- Perhaps a class that tries a variety of activities. Different times of day too.
- need more programs for over 50 age group
- Would like more high intensity group classes
- Beginner fitness should mean beginner
- Pole dancing classes
- couples dance classes
- more yoga classes
- childcare for evenings would help
- lack of daytime arts and cultural activities
- swimming in ardrossan
- better times for wellness classes for students
- Most programming for under 6 years is Mon-Thurs, daytime hours. There are TONS of working families in this community and it would be nice to see programming offered even on Friday afternoons around 3pm.
- I would like to see drop in Barre classes included in pass.

- More lacrosse and hockey
- need longer spin classes
- adult sports for those of us currently out of shape
- More art classes for kids during summer...one days or two day groupings.
- more advanced drop-in classes
- I currently use Goodlife as the drop in classes were just a bit better and more private, don't feel like everyone is watching
- Adult Basketball
- arts for teens
- No 50+ program in Ardrossan
- Adult basketball
- arts for teens
- No 50+ program in Ardrossan
- Adult basketball
- none of the activities are what you are into personally
- old and I hurt more 55 + programing we need a hospital
- Single and like golf
- age there need to be for 55 +
- Not big outdoors people. travel around the world, do more indoor private things

Facility / program locations are inconvenient to where I live

- off leash park is hard to get to with a large dog
- More rural
- Expecting people to drive to ARC is not a good idea. Gas too expensive. Road is often icy in winter. Programs are too early for length of drive. Planners of programs seem to expect participants to drive from one facility to another. And changing class to 45 minutes makes it seem like a waste of time i.e. drive for 1 hour exercise for 45 minutes.
- Very little for water sports out in rural Sherwood park
- Millennium Place
- no pool in Ardrossan
- The closest facility is 35min away from our house-very inconvenient.
- ARDROSSON TO FAR AWAY.
- It would be nice to have an option on the south side of Sherwood park
- ardrossan yoga too far

- my parents can't always drive me
- more programs for older adults in rural areas
- Arc needs more yoga and Zumba
- swimming pool with lesson in Ardrossan would serve a large area of people, not easy to drive half hour to Kinsmen crowded pool for half hour lesson by not so friendly life guards
- No pool in Ardrossan
- I would like to see something on Wye Road
- I live south of Sherwood Park and it is frustrating that everything new is going north side.
- We live in Tofield so it is hard to be able to use the facilities with great frequency.
- A pool in Ardrossan would help take pressure off MP & Kinsmen and would provide service to the SE corner
- Miss Glen Allen fitness classes.
- 534Rr221
- I live east of Sherwood park so millennium distance deters me sometimes due to time constraints
- Again, the south of the County lacks a lot of indoor recreation opportunities
- I live in rural Strathcona County. I find Millennium Place offers the best variety of drop in fitness classes and child care times however it is a bit of a drive to get there, do a class, come home and ensure that this coincides with my child's daytime routine. Some more drop in programs out towards Ardrossan would be great
- FULL FIELD INDOOR SOCCER FACILITY DOES NOT EXSIST AND THEREFORE HAVE TO TRAVEL TO EDMONTON
- need better bus system
- A variety of times during the weekends for drop in fitness would work better, rather than first thing in the morning.
- because it takes an hour to get there by public transport, it's easier to get to a Edmonton rec center, than to get to a rec center in Sherwood Park, it takes less time
- the distance from your home
- The distance will be my main reason.
- the commute to where they are, and the availability of the classes, lots of time there booked up, or there are as many classes offered
- have to plan for travel not only by cars-need bike paths/walk paths/
- I live about half an hour from Sherwood park where most of the facilities are/
- Amount of Distance
- we live out of town

- The distance to get to them
- distance
- I work out at home, hubby does shinny and son is active and I walk our two dogs. Millennium is too far
- during the summer I have my whole yard to do and in the winter sometimes its transportation buses are frequent but need to learn to use that again
- distance
- We can't easily get around and can only rely to taxi.
- Transportation and weather.
- Convenience as I can get my exercise at home.
- Distance and age.
- convenience

Facility drop in fees are too expensive

- taking a family is expensive for just swimming, when you don't have time to use all the other facility amenities
- Drop in prices are very high
- Millennium fees are expensive
- Too much for a family of 6
- I enjoy swimming at millennium. Fun with waves for little baby... But almost 20 bucks for two adults makes it something we will not regularly do. I do like kinsmen free swim but hubby always works during day.
- I am very thankful for the Everybody Gets to play program. We may be just over the cut of come spring and I don't know what we will do. My whole family is so much healthier because of this! Socially, it is extremely great for my son who is special needs.
- We are a single income family so we mostly use free public trials and playgrounds.
- I find the drop in fees at millennium are quite high
- We're a single-income family, and even though my husband makes a great salary, the cost of living in Strathcona County is very high and it is hard to find the money for "extras" like exercising...even though I know exercise shouldn't be considered an "extra".
- if we want to swim as a family the fees are too high to do it more than once or twice per month
- Single Parent with too much in come to get subsided but not enough to make physical activity a priority.
- it's a treat to go, instead of it being part of our regular family activities
- would be nice if fee was prorated based on how many activities you plan on doing
- For drop ins

- fitness
- Strollersize
- We started going to Millennium when it opened - it was \$9 for a family...now it's \$20? For no changes to the pool? Outrageous!
- Especially for a family of 4
- drop in fees are near \$8 for 2 hours of pickleball, a bit expensive
- Millennium place fees are very expensive, especially if you are just wanting to go there to workout and not use the other facilities
- prices too high
- for some fixed income residents
- IF my company did not support with a subsidy I could not afford
- Millennium is too expensive for seniors
- I have a pass but drop in fees are pricey
- for short periods of time, I agree
- friends and I would play badminton at Millennium, but the drop in fee is too high
- 4.25/ kid is way too high
- That's why I go outside more.
- When the kids are involved in Soccer the costs are unbelievable. There is no way I can afford that and a millennium pass.
- I think that this is my main concern for not coming more often. We aren't going to buy a yearly membership because we have to drive 45 minutes to get into Sherwood Park. However if we are in town I would think that when we would like to use the running track to train we shouldn't have to pay a full fee.
- for one drop in class
- Millennium place
- Family swim fees only allow us to go occasionally
- Difference in price for drop ins at facilities
- Millennium Place fees are too expensive
- Going to Millennium is expensive. KLC much more reasonable. What if I just want to swim with my small kids for a short while at Millennium - it's not worth it!
- would use them more often if the price was less
- Due to lack of time, I can't commit to a monthly pass to make it cheaper.
- I am in my 70s I live out of town but there cost might be too high for some family's for that I worry for them for children

- If you don't have the time to do the activity the cost may be prohibitive--you may need 2 hours i.e. 1 hour cost \$9 you may need 2 hours
- cost
- cost is too high
- cost
- cost
- Prices and overcrowding
- Lower prices
- cost
- cost
- Cost-we have a large family, cost of use can be prohibitive to us
- Cost, it is too expensive/
- Some of them are just too expensive.
- time frame and cost membership
- very expensive and work often out of town
- Millennium Place is far away and gym is not as big and prices are too high
- Cost
- It is expensive for the memberships. The people that can afford can use them.
- cost
- The membership for the millennium is more expensive than private, its more than what I want to pay
- having to commit to a path, drop in fee is more expensive than a pass, and because of the time limits on passes they are not feasible to you
- the cost to indoor facilities
- the cost, and the times they have available
- money
- Finances
- Finances and belong to clubs

Program fees are too expensive

- as with all other sports and activities
- Very expensive
- I am a single mom and not able to afford the programs.

- Like to see more over 50 classes on the millennium card
- I have a Millennium card; would be nice to see a discount for programs
- for some of the programs for kids others are very reasonably priced
- Again, don't know how people afford full price.
- Costs have increased to the point where they are limiting
- Students should get discounts on gym memberships.
- single parent, 2 kids, income too high for subsidy, and no disposable income
- fitness
- esp. Zumba
- The threshold to participate in financial assistance is way too low. Maybe help for household incomes below \$31,675
- prices too high
- for some fixed income residents
- can be but understand its relative to needs
- For the quality of the swimming lessons, fees are definite too expensive. Taught my children so much more this summer at lake vs the lesson they took!
- drop in classes should be cheap for people who don't have the money but want to better themselves
- For children, I have 4.
- for families it can add up
- when signing up for more than one or two classes for the session, adds up REALLY fast
- Soccer
- with a large family
- \$200-300 for a 10 wk. class times 3-4 family members gets expensive!
- Music lessons kick ball etc.
- summer programs in particular are great and too expensive to take advantage of
- The cost of the services and programs.
- Too expensive. Competitive swimming at Millennium Place is \$4700. Is the fee for October to May. It needs to be subsidized.

I don't know where to start

- Wellness facilities too intimidating with machines
- When I go to the gym, I just end up running on the track because that is easy to use.
- input from rural residents doesn't seem to be taken into any planning

- At times, I really want to work out and get a better body shape but I really don't know how to start. It'd be great to have maybe free trainers at the facilities as personal trainers tend to be costly. Furthermore, I feel as if a lot of individuals feel very insecure as they may be skinny or overweight and when they go into workout they see people who are in better shape and you feel as if you're almost being stared at or being made fun of. So that's really a major issue and I wouldn't be surprised if a lot of individuals didn't want to workout, run, or live a healthy lifestyle because they feel insecure about the environment they are in while trying to workout.

Facilities are not physically accessible enough for my needs

- For instance. If wanting to golf at Broadmoor, there is no way to avoid having to walk up that long ramp. There's an elevator in the building, but most times it is not operating for what reason I don't know.
- Disc golf within Sherwood Park.

I can't get to the facility

- Millennium place is too far out, transit route not convenient with times
- Need trails to Sherwood Park
- Transit is not dog friendly. Calgary's is
- My son is a tween and tween an coordinating the dial-a-bus is to intimidating.
- live 10 min away from Millennium but with the bus it takes more than 1 hour
- from Ardrossan to Sherwood Park
- free seniors transit doesn't start till 9 am
- Millennium is too far for rural residents east of Sherwood Park
- To get from our house to MP, a 3.5km drive, it is over 1 hour on public transit. This makes it difficult for anyone without access to a vehicle.

Facilities are too busy

- Swimming is a huge pain. I want my kids to take lessons but the facility is so busy I don't want to go and deal with the crowds.
- Millennium Wellness center is always busy.
- sometimes that is very true
- Swimming Pools
- swimming pool
- For the prime amount of money to go swimming, I strongly dislike having to share a lane with people.
- Trying to lane swim is too chaotic with family swim

- Millennium gym = zoo :)
- millennium place
- we've been v turned away from the millennium pool because it was too busy on many occasions
- Pay for millennium passes for adult children but I find the wellness center and pool too busy
- I especially find this true of the drop in classes. I do not like having to line up and rush in to get a spot and equipment.
- Teams buy ice in nearby towns
- Sometimes the swimming lanes at Millennium are all taken up, but if I go at the right time there's almost always some available.
- swimming lessons fill quickly
- Millennium Place Wellness Centre is very overcrowded during evenings when I can work out
- Millennium Place
- Millennium place especially
- Swimming/soccer facilities at MP very busy.
- Certain times of day MP weight/fitness area too busy. Skateboard Park is too busy at times.
- I used to have a Millennium pass & worked out at MP, but the small free weight area was always busy & crowded, & I'd find myself standing around waiting to use the equipment, when I just wanted to get in, get my workout done, & get out.
- MP is a Zoo!
- Everything
- Millennium Place
- Millennium Place
- esp. Millennium pool
- Usually can't get my two sons into swimming lessons (even on the first day of registration!) so we drive to Fort Saskatchewan for lessons.
- kinsmen noon keep fit class has almost 80 people too damn crowded
- Millennium Place is very busy
- The swimming pool that is located by festival place needs a renovation in the washrooms. The entrance where the shoes are left is very small. Upgrade to have family change rooms would be helpful.
- Millennium Gym
- Millennium only has 5 pickleball courts in the winter and when 40 players show up to play for the 2 allotted hours there is too much waiting around for the \$8 fee.
- indoor play parks
- weight areas are too crowded

- millennium is too busy during the hours I am available to exercise there
- Millennium
- the swimming pools for recreational use are packed
- this is very common
- particularly the pool at Millennium Place
- see Millennium comments
- I try to avoid MP between 5:30-8
- millennium place gym
- Facilities such as Millennium Place tend to be busy at times so I end up not being able to go on the treadmills or have a spot to workout.
- millennium place
- Always a waitlist for many programs
- I won't workout at Millennium as the facility is too busy
- Indoor fields fully booked during convenient times
- sometimes most of the time at an event is waiting in lines
- Need more. always packed
- It's a zoo at the facilities I enjoy using
- at times - swimming
- especially Millennium
- Millennium Place
- pool and leisure skating
- ugh 5pm at millennium
- Swimming Lessons are tough to get in
- Indoor gym millennium.
- I see a ton of independent trainers using Millennium as their private training office - taking up machines that could be free to your customers to use.
- Millennium gym is too busy in evenings
- especially Millennium
- soccer fields
- MP & Kinsmen
- at peak times millennium is very busy
- Exercise areas at Millennium congested
- soccer...never enough time or space

- swimming lessons
- Millennium. Hurry and complete Glen Allen Rec center
- swimming pools
- Especially ice surfaces
- I never go when it's busy
- Indoor fields and gymnasiums are often booked or they are available too late in the date.
- Swimming pools on weekends are too busy.
- Swimming lessons
- Millennium place is a zoo
- Wave pool(plus we don't really like the waves)
- Millennium is crazy
- SQUASH/RAQUET BALL
- It can be intimidating to try new equipment when there always seems to be people waiting for you to finish.
- Often too busy and have to wait for machines
- Sometimes feel crowded
- I do find millennium is too busy on the weekend unless you go right at 9am.
- millennium place is too busy
- Pools are very busy
- KLC - swimming lessons
- Prices and overcrowding
- The gym is too crowded. I like the programs at other places outside of the county even more.
- business and hustle and bustle...line up at showers and change rooms
- would use wellness center if it was not so very busy
- Sometimes they are very busy like parking
- to many people ,parking swimming pool in over full
- facilities are often over used
- it would be just time or center wd be too busy/high traffic
- Sometimes gym overcrowded. have to try pick a time when itis not busy
- too crowded, more facilities
- The park/facilities are too busy
- glen allen rec center gets very busy, separate facilities for seniors

Programs are too busy, I can't get into what I want to do

- no room for swimming lessons
- Often with swimming lessons.
- swimming lessons are super hard to get into
- Again this relates to swimming specifically. Other programs fill up but not within seconds like swimming does.
- Can't get registered in swimming courses I want
- swimming is really hard to get into
- registering for swimming is a nightmare
- SWIMMING LESSON
- swimming lessons
- Swim lessons!
- Swimming lesson are hard to coordinate with two kids
- It's so difficult to sign up for swimming lessons. Way too many people want them, not enough spots.
- need more spaces in evening/weekend swimming lessons
- Swimming
- Specifically swimming lessons
- really hard to get kids in swimming and other certain programs
- swimming is impossible to get registered for (children)
- Again, evening classes sell out fast
- Yes, especially swimming Lessons for kids.
- swimming lessons
- swimming, especially higher levels
- children swim lessons are hard to register into
- Swimming (children)
- swimming lessons
- swimming
- swimming lessons fill up in 5mins
- Swimming lessons are hard to get into for children.
- Swim lessons
- swimming is a challenge for registration
- Kids swimming

- Swimming & public skating
- swimming lessons
- swimming reg is ridiculous
- pickleball is growing very quick
- Summer camps can book up quickly so we also use programs at th
- especially swimming programs for toddlers
- swim lessons
- swimming/diving
- Swimming lessons
- signing my son up for swimming lessons is a disaster most times
- swimming
- yoga
- Trying to get into swimming lessons is a constant battle
- especially swimming lessons
- Swimming lessons at Kinsmen
- good luck trying to get your children into normal school day swimming lesson times
- SWIMMING CLASSES...really disappointing!
- Swimming
- Swimming lesson registration is an extremely stressful experience.
- lines are too long
- We need more swimming programs.
- swimming
- Swimming does not have enough classes offered for demand
- frequently can't get into swimming classes because they are full within the first hour
- at times
- not enough Parkour classes for kids 11 and up
- Swimming Lessons
- Swimming lessons!!!
- Swimming Lesson
- swimming is popular
- swimming
- sometimes

- Swimming lessons!
- Swimming Programs for Kids
- Especially swimming!
- swim classes are difficult to get into
- adult tri programs, child swim lessons
- Especially for little kids and pottery
- Kids swimming
- Swim lessons are too busy so we go to Edmonton instead
- swimming
- Swimming lessons
- Swimming
- Try to book swimming a day after reg opens. All booked up.
- Swimming lessons
- Specifically the swimming lessons
- Swimming lessons
- Sometimes can't get into swimming lessons.
- Swimming!
- preschool swimming
- kids swimming
- When they offer courses they filled up very quickly, and the time is not convenient.
- the classes for kids are booked up so fast--summer program
- use them as often as we can/some of th swimming lessons are booked up quite fast

I have health problems that make it difficult to do physical activities

- I have restricted mobility which limits most classes that require getting down onto the floor
- My dad has Parkinson's and finds it too hard
- chronic tendonitis
- this is temporary
- You may already have it, but I need to try some sitting exercises and build up my upper torso. And I need to get in the water and try to strengthen my legs.
- health issues
- Being a senior
- My MS limits my ability to do more.

- I was sick and there should a cost break for older people to play and use
- waiting for surgery on knee
- My knees are so bad, I can't go that far
- I have a disability
- Just aging, not being as physically active as I used to be
- I've had medical issues this year/snow birds
- A wonky knee-it locks up if I do too much.
- Physical limitations
- aches and pains and life
- I'm an oxygen patient and cannot make it all the time.
- hip and knee issues
- health concerns
- Health reasons.
- In terms of physical reasons, it's my lung disease that makes it not feasible.
- my are is a barrier
- I am gone several months of the year, my age and health issues
- limited due to serious health issues
- Health issues and weather issues. We go once a day and we see that the parks are well maintained we frequent the Festival Place area.
- I have two steel knees. Physical disability.
- Main problem is not being able to get around due to disabilities. I can only stand for about 15 minutes at a time and have a balance problem.
- I have a disability
- Knee replacement husband works, time with church, family
- I guess just physical health mind you 20 years ago it was different I could do things I curled a number of times a week and was involved in the kids sport you did more for the family as opposed to doing it for yourself
- Knees
- before injury were more active
- husband is sick
- arthritis
- disability/mobility issues
- only because of arthritis bad knees and back...move in measured times

- aches and pains and life
- your health

I don't think physical activity is important

- im naturally fit
- I don't need any more exercise.
- I am not interested in recreation, we have no children
- I not need to visit the facilities

It is too difficult to coordinate childcare

- Summer time schedule is lacking; would still like to participate in the registered programs that are available but unable to do so because of childcare.
- It would be nice to have more preschool programs at millennium place for morning hours so a mom can work out while they are in a class, at kinsmen u could only swim while they are in a class and even then there is never lap swim during those hours.
- sometimes
- There are minimal programs that coincided with preschool programs in ardrrossan
- lack of afternoon Fun Factory means I can't go to any afternoon offerings; no classes will allow both my children (2 and 5)
- arc has no evening care so I can't work out with my husband
- Fun factory is way too expensive to utilize
- childcare adds up very fast and is not an option at some facilities
- Childcare too expensive
- Not everyone is child centered
- while the fun factory offers great morning hours they close early in the afternoon and sometime afternoons are a good time to visit the facilities
- cheaper and longer hours for child care
- Would be nice to have childcare available during that after work time period
- AFFORDING childcare is a problem.
- Most child care is geared towards toddlers. My 8 year old does not want to hang out with them.
- too expensive
- Why is the Fun Factory no longer open in the evenings or in time for the Saturday morning boot camp? It makes it hard for working parents.
- YES YES YES!!!! Need more Fun Factory hours

- Future me would love to see more childcare!
- The price for the service is prohibitive to me.
- too expensive to pay for me to exercise and the kids to be watched
- would be nice to have evening childcare at Millennium during the week
- Evening childcare at facilities would be great
- Afternoons are impossible without the Fun Factory
- Childcare hours should be more available at night
- I don't like using childcare because I have my daughter in daycare all day, so I don't want to get a babysitter or use the daycare in the evenings and weekends too
- would love a co-Ed fitness class in an evening where we could drop kids off and they play while we workout
- Expensive child care- from 0 to 6 years old- child care at millennium place is very expensive.

I find the facilities too intimidating

- I feel low self-esteem working out in a facility so large with so many people
- not sure how to start
- not experienced working out or group classes
- unsure how to use equipment in gyms and people don't seem willing to help
- as a woman I feel intimidated at Millennium
- too many lines
- There are too many people at Millennium Place
- M.P.
- Yes, if you go there alone for the first time, it's very intimidating
- millennium is too big and crowded for most seniors-we like a quieter space
- There are always so many people around, it is hard to focus on what you are doing when you think everyone is watching you.
- being overweight I find it intimidating to attend a rec. facility alone
- self-conscious
- I don't not know how to use most of the weight machines at the gym
- I'm a skinny individual and I really want to change my body and gain muscle. Going to the gym at Millennium Place and working out is SO much easier said than done. Seeing people who are twice the size of me is very intimidating as I feel as if they make fun of you or they stare at you as if you don't know what you're doing. I feel insecure a lot of the times so I really wouldn't be surprised if countless other individuals refuse to go to the gym for the same reason. I really wish something could be done about this as it is indeed an issue that lies within many individuals.

- specifically gyms
- the MP weight room is a bit intimidating
- MP - too busy, and full of people who would rather look in the mirror than exercise.
- Millennium fitness center

I have nobody to go with

- Being overweight I find it intimidating to attend a rec. facility alone.
- most friends work or are paying for a membership somewhere else
- I would probably enjoy attending a class with a friend, but again, my work schedule doesn't allow it!
- I currently have nobody to go with.
- At first, it was intimidating using the MP weight lifting areas without going with a friend. Now, I am mostly condiment with the equipment I wish to use
- I have no good friends or they are too busy
- new to the area
- I wouldn't go alone, and my family doesn't participate that often
- Older and I don't know anyone to go with.
- because working/hard to go by yourself
- no one to go with

I'm unaware of what's available

- Lots of times
- earlier flyer printing
- Specific to the outdoor facilities
- We are not making people aware that these facilities exist-not many people reads the Sherwood Park news.
- Lack of awareness.
- we haven't researched enough to know what is going on
- Lack of communication
- have to aware/should have more advertising
- lack of information
- some of the activities mentioned I have not even heard of before
- Make it more advertised

- sometimes we don't know about the events,
- lack of detail awareness of what is available/advertising in local newspapers
- not knowing when events are happening
- out of town and work , not getting Sherwood park news for events
- We need to know what is open and where.
- The lack of knowledge some of these facilities exist. Maybe the lack of communication and information.

I use other recreation options (Non - County operated)

- I have been going to Commonwealth for their gym and it is a very nice facility and not as busy.
- Fort Saskatchewan Dow Centennial Centre
- Basement gym
- because they offer what the county doesn't at times that are more convenient for my family
- Currently have a membership at good life
- I play soccer and volleyball through Edmonton leagues, as they are well run and more available than any Sherwood Park options.
- Orange Theory, CrossFit, Soul Spin
- Yoga For Today
- Take yoga at another facility also. County classes too short and lacking quality. (this is for night classes)
- Free activities like running outdoors, biking
- University of Alberta Rec Center, EDSA Soccer
- School gym space.
- karate, Pilates, diving
- has more class options
- Use Harbor pool for swim lessons as well as the DOW center since program spots are more easily available
- Harbor Pool in Fort Saskatchewan is awesome. Never overly crowded and their program times are much more accommodating
- Goodlife fitness
- I like to participate in women only classes.
- kayaking and paddle boarding at various lakes/river in the province
- Goodlife as the cost is similar and there is no one else there

- I hate leaving my community because we need program times that accommodate our working family. Also, because of the lack of swimming classes on the weekends we need to go into Edmonton.
- we usually go to the facilities in Edmonton
- I only use a private gym.

Facility passes are too expensive

- for a whole family
- I would be more likely to attend if the monthly passes were around \$20-\$30/month
- SHOULD BE LESS EXPENSIVE FOR COUNTY RESIDENTS
- But thank you for the everybody gets to play program. Can you raise the cut off by even a little??
- Again, one income family makes the pass not a priority. We hope to one day though.
- Millennium place is a bit pricey.
- I'd love to have a millennium pass for me and the kids but they are very expensive
- Would love to see a monthly family pass that doesn't cost us \$150/mo.
- Family of 5 cannot afford rates
- I think they are expensive
- golf
- kid passes should be cheaper
- reduced rates for seniors
- for low income seniors
- adds up when you have a family
- Stay at home mom - no income. Would LOVE a Millennium Pass but can't afford that + childcare.
- Too expensive on fixed income.
- millennium pass is too expensive when all we would use is the fitness equipment
- I don't use the facilities enough to pay for a monthly pass but paying each time, or for a ten pass really adds up
- Per month, it is not worth it for me to go if I don't go too often.
- Family of 6 - prices do add up
- family pass is too expensive
- Maybe not but children passes could be better subsidized.

- these just keep going up and up
- the monthly pass vs drop-in fees are high compare to a private gym
- expensive for family
- Millennium place
- for the few times I could actually go

Other, please specify...

- I work shift work so it is hard to attend scheduled activities.
- Some staff are unfriendly
- My class I registered for was cancelled due to low participation:(
- Classes fill up within minutes and it's frustrating.
- I cancelled my Millennium membership a few years ago. I didn't like that if I wanted to do a classic have to pay for it even though had a millennium card. Even a discount would have been nice.
- The Fun Factory is way too expensive to even consider using that service which means I can't workout during the day because I have kids. And you don't offer fitness classes starting late enough in the evening for me to attend. Latest usually start at 7:30 and I would need 8 or 8:30 start times.
- I'd love to see a women's only area of the gym at Millennium Place to help make it less intimidating.
- need more programs for 11-15 year olds
- Too many people outside of county using resources
- Homeschool my children and other programs won't allow the child there if I am attending with my other child.
- Due to bad weather
- Im only out there to work sometimes though I may swim.
- Not enough beginner programs
- Parking can be an issue at times at all locations and again it is not realistic to spend an hour on the bus one way plus it gets pricey when paying for yourself and kids
- very little for my age group
- already take part to the degree I want
- I want to, but have a hard time getting motivated.
- Because we dance, and leave the country there is no time
- Work shift work and have difficulty getting to things on time off
- I am going to have to make myself go

- ARC and Glen Allen have no daytime concession so we cannot even get a coffee after our class. Older adults love to socialize, that's partly why we participate!!!
- I already use recreation facilities to fulfill my physical activity needs
- I'm not too sure how to use all the workout machines so I'm not too sure how to use them for my benefit.
- I use the facilities
- Opening Millennium before 5pm would be great for those of us who work early in Edmonton
- I work out at home
- I used the programs heavily when my kids were younger, I'm sure I will again when I retire.
- I work out at home-I don't have to get ready to go out in public
- County staff Wellness Program should encourage and include family membership to all County facilities as an employer of choice
- Child is scare of millennium pool because of the loudness of the water features
- Walking - free & always open
- Want to spend time working out with my young kids but limited indoor options for that outside swimming and skating. What about family Bootcamp? My kids three and six would love it and it would be a great workout for the parents too!
- Lack of indoor fields
- I do things at home or outdoors
- I prefer working out at home.
- Where is culture?
- Would love to get a monthly recreation pass for our family, however, if I wanted to go work out, I would also have to pay childcare in addition to the children's monthly passes, which makes it not affordable.
- I don't make excuses about the county. I go when I can.
- I'd love to get together with friends and rent a soccer field or a room, but they are expensive. Especially a field, which is there regardless, and doesn't need to be prepared or cleaned. For example, to rent the soccer field during a time when it isn't busy should be more economical.
- Frustrating to register my kids swimming lessons. Never can get my 3 kids in at the same time. Very frustrating to hear people who do not live in Sherwood Park get in but those who live here cannot
- I do participate in many programs because our family qualifies for the Everybody Gets to play program. We may not qualify next year as our income has gone up marginally. We may not be able to do the indoor things because of that. I think this program is wonderful! We do have a special needs child and this is truly a life saver!
- lack of time doesn't permit
- Lack of ambition. My wife doesn't have as much time.

- Lack of time.
- Have a busy lifestyle
- Time is the only one
- Partly not interested, partly young kids
- lack of time
- too busy
- I don't have a good excuse.
- just laziness/have to get out and do these things and I intend to pick a few activities
- I'm just really busy doing other things
- job and lack of time/
- We're just not here that much, if we were, we'd use it a lot
- we are of age that I feel we do enough as is
- not motivated
- There isn't any other reason for me
- We do a lot of activities as it is.
- Once a week all electricity should be shut down so no one is using their electronic devices etc. Everyone is on their phone.
- lack of time
- my busy lifestyle
- I am lazy/ deathly afraid of water
- We live on an acreage and some of the items mentioned in the survey I had not heard of I have lived here for over 7 years.
- We only live here 6 months of the year
- lack of energy
- only lack of time
- laziness/personal lack of enthusiasm
- I do use them
- for us it is definitely the time factor
- time
- are kids are grown
- your age
- none
- not sure

- no reason/
- I use them fairly often, so there is nothing that could be done
- I have a cottage and I go there on weekends.
- too lazy
- gentlemen does utilize the facilities at the current time/
- There is no reason
- None
- lazy
- don't like to go out after dark/busy every day in daylight hours
- I do use them
- I use the facilities daily/
- I am self-employed and I have no time
- no other reason than time
- Mostly time constraints and in the habit of using Millennium place
- to busy
- laziness, age factor
- I work all week
- none
- none
- I am away for 5 months and bad weather
- It sufficient for me that I go 3 times per week.
- usually busy with school and homework
- none
- at a facility each day/community does a great job with many activity choices----everything that you see is well kept up and taken care of
- Im quite satisfied with what I do
- no other reasons
- I don't have the energy to do that
- lazy
- none
- I think three times a week is still pretty good.
- The ones I don't use I am not interested in./
- I don't need to I live out of town

- just not doing it even though I have the time
- I use them as much as I need and want to
- Time issues./
- whatever time you use it to do what interests you the most
- none
- their choice
- My age I am 84./
- it just the time that I don't have busy family
- Lazy and spoiled dog
- none really
- busy with work
- I use them as much as I want to.
- I use them very often already.
- not really are thing
- work out of town lots
- Only time is an issue but the facilities are excellent and I have been using them for 30 years
- what I do is enough
- Lack of interest.
- Just the lack of time.
- Just not interested at this time./
- laziness
- busy
- I just them up to my needs. My needs are being met./ I am pleased with what they are doing. I do not have any ideas. They are doing a good job. (they- job)They have built more facilities. They have it at a reasonable level./
- This is just the lack of time.
- Schooling and work
- We select the activities based on our selection
- lack of time
- time and kids I just don't have the time
- no personal time
- I'm busy.
- It is time for us because we are still working

- I am tired because we work.
- after working all day hard to motivate myself
- age factor
- We really don't have the time
- Nothing else besides the lack of time.
- no time and I live out of town
- musty the weather
- no other reason / maybe age group/used more when younger
- Mostly work.
- using as much as I can
- Too much tired
- it depends on the choice
- to busy
- lack of desire
- It's just the lack of time.
- tis no real reason
- takes an effort/plenty of opportunities/just do not take advantage of the events
- using it to the max that we can right now
- Nothing really.
- My age
- still all about have the time
- My age
- I am retired, old age
- lack of interest
- Just during winter time when it's too cold.
- No reason. Nothing. Lack of motivation.
- very busy
- The lack of time and motivation.
- My husband works in Calgary, and when he's home, takes up our time
- not enough self-motivation
- not interested/we have our own equipment at home/if we went out we would have to leave the house and drive there
- No interest in some of them.

- none
- winters too cold
- We travel quite a bit in Canada in the summer, not around
- still lack of time
- I work too much
- none
- only lack of time
- we live out a town
- Just the lack of time.
- Time is my only constraint
- Has no interest to use facilities
- busy with life
- time commitments
- we use them a lot when the nieces and nephews are here
- I think I use them most often
- I'm doing activities 5 days per week so more facilities would not increase my participation
- age factor
- I am still working full-time and time is a factor
- I ride horses for a living so I have no time
- no reason/work all day then at rink with my son
- usually out of the country
- have no reasons, just don't take the time
- Only the lack of time.
- lack of time
- age
- lack of respect from fellow residents/example riding bikes on road instead of bike trails
- Just the lack of time.
- I do go 4 times a week
- I do use it a lot
- We have a little baby and we work most of the time.
- none
- lack of time

- keep pretty active as it is/small children keep us busy
- No reasons
- If the weather is not good.
- I do use them
- do nothing/we have all of these facilities/do not feel it is a government job to look for ways to encourage people to be active/ they have done plenty to make the facilities available/there is a danger that we try to do too much
- not quite sure
- none
- time
- Lazy, misuse of time
- Really good procrastinator
- not interested in doing it
- go to 8 to 10 classes a week cannot squeeze in anymore
- I live out of town and I have lots to do
- age related
- we live out of town and we have lots to do
- I golf and that all I have time for don't use Broadmoor they not friendly
- I live out town
- would have to go at a certain time/if you exercise at home you can use your own schedule
- In the summer we golf, in the winter, we're away
- I have enough activities to do on my property
- Nothing
- I think in Ardrossan there should be more supervision. There are kids on machines which should not be there and kids on the tracks. Poorly supervised.
- in the summer we use the trails, and in winter we go to the rec center 6 days a week
- not here for summer and fall, during the winter we go south
- to busy working
- we do a lot of camping
- I use them all the time. It is all there for people to use. Easy to find.
- I use the ones I enjoy
- I use trails
- live on acreage/and are quite active there/and therefore don't have to go to many places

- I don't feel I need it I have my own things to do I like what is done
- I live on an acreage and there is a lot to do here like woodcutting and clearing weeds. Farmers have done their farming.
- the lady expresses she lives on 40 acres and has her own playground/
- my age
- Exercise fitness at home, live on an acreage, saves time
- unavailability of bathrooms, parks do not have kitchen area
- I am more outdoor and am happy with what is offered
- I have a big yard at home
- Mostly because of my husband situation and my age.
- just older/were involved when younger
- because we do our own thing we live out of town and we do our own things at home we do use some things in town
- probably nothing other than time on the golf course 2 times a week in October curled 3 times
- I use all the outdoor places.
- live on acreage so can do my own activities on the acreage/not really into organized things
- I don't need in the Sherwood park, not I need more outside the park
- I am a new resident so I have not gotten around to everything
- I do use them some times are not good
- I do take my kids to things put on
- Golf quite a bit and that is about all we do
- I do mt own at home
- I have younger kids at the present time.
- on occasion if kids want a break/don't go til next time/use as much as we can and we enjoy it
- new special needs baby
- have an acreage and can do things there we are away in the summertime and at our age
- there is so much choice
- We have kids in dance classes and we're always busy.
- As a family we do a lot of outdoor activities, other than for hockey we are really more into outdoor activities which is why parks and nature are very important to us
- just schedule with 2 kids is very busy
- Lack of motivation- not interested in some of the activities
- like to have a 6 month membership

- I have driven to them I do take my kids to some things
- Lack of free personal trainers./