outdoors

Strathcona Wilderness Centre

52535 Range Road 212, Ardrossan swcinfo@strathcona.ca 780-922-3939 www.strathcona.ca/wildernesscentre

REGISTRATION STARTS March 10

NEW! Register with **Recreation Online**. See page 1 for details.

Nature Awareness

Building Fairyhouses - Parented

Listen to the brilliant story 'Fairyhouses' by Tracy Kane, then use your imagination to build a special fairyhouse in the woods with your child. Learn about the environment, explore your child's creativity and have fun! Bring your own picnic lunch and stay to enjoy the afternoon with other participants. Fairyhouses remain at the Strathcona Wilderness Centre.

Age: 3Y - 7Y		Max 24
Strathcona Wilderness Centre	Firepond Picnic Site	
134145	May 13	Wed
	10 - 11:30 am	\$17.00
134146	May 26	Tue
	10 - 11:30 am	\$17.00

Interpretive Hike

Join one of our interpretive specialists as you saunter through the woods and learn about the trees and shrubs native to the boreal forest in the Beaver Hills Biosphere. Bring a cup for tea or hot chocolate to enjoy around the fire after our walk. Parents with strollers or backpacks are welcome.

Age: 5Y+		Max 16
Strathcona Wilderness Centre	Firepond Picnic Site	
134147	May 24	Sun
	I - 3 pm	\$18.50

Visit www.strathcona.ca/registration for up-to-date program information.

Outdoors

Owl Prowl

Join SWC Staff for an introduction to the fascinating world of Alberta's owls. This program consists of a discussion followed by a walk on our trails to call for Great Horned and Saw-whet owls. They may hoot back! Dress appropriately for the weather. Children under 14 must be accompanied by a participating adult.

Age: 5Y+		Max 40
Strathcona Wilderness Centre	Information Centre	e #1
134150	Apr 3	Fri
	7 - 10 pm	\$19.00
134151	Apr 24	Fri
	7 - 10 pm	\$19.00

Outdoor Skills

Orienteering with GPS

Learn how to orienteer with a Global Positioning System (GPS). It's fun for the entire family. Children under 14 must be accompanied by a participating adult. GPS units will be supplied.

Age: 8Y+		Max 30
Strathcona Wilderness Centre	Firepond Picnic Site	
134148	May 12	Tue
	6:30 - 8 pm	\$19.00
<u>134149</u>	May 23	Sat
	2:30 - 4 pm	\$19.00

Wilderness Living Skills for Teens

Learn introductory skills for living in the bush from our qualified staff. Highlights include shelter building, tarp set up, firelighting, and basic knife use. Come dressed for the weather as we play and learn outdoors. Lunch included.

Age: 12Y - 17Y		Max 16
Strathcona Wilderness Centre	Firepond Picnic Site	
134155	May 30	Sat
	9 am - 2 pm	\$52.00



Nature Awareness/Outdoor Skills/Spring break



SPRING BREAK

Spring break registration starts February 25

Transportation will be provided from the Sherwood Park Arena leaving at 8:30 am and arriving back at 4:30 pm. Supervision will be provided at the Sherwood Park Arena from 8 am until 5 pm; a charge for late pickup will apply.

Spring Active Day

Join the SWC staff for a fun day of outdoor programs especially designed for kids. Bring a picnic lunch (hot dogs to cook over a fire or a bag lunch), a change of clothing, your running shoes and a smile. Programs include orienteering, lunch around a camp fire, cooperative games and predator prey.

Age: 8Y - 16Y		Max 40
Strathcona Wilderness Centre	Information Centre #2	
134143	Apr 2	Thu
	9 am - 4 pm	\$54.00

Outdoor Fun

Calling all youth interested in the outdoors, leadership and fun! Have a blast playing cooperative games, orienteering, team building and learning cool camping skills like firelighting, shelter building, and camp cooking. This program is a great lead into our summer day camps and Junior Outdoor Leadership Program. Lunch will be provided. If you have any dietary restrictions please bring additional food (a vegetarian option will be available).

Age: 8Y - 16Y		Max 40
Strathcona Wilderness Centre	Information Centre	#2
134144	Mar 31 and Apr 1	Tue/Wed
	9 am - 4 pm	\$108.00

REGISTRATION STARTS March 10

Canoeing

Private, group and family canoe lessons are available. Call 780-922-3939 or visit www.strathcona.ca/swcgroups.

Paddle Canada Waterfront Instructor

This provincial canoe instructors' certificate trains participants to lead introductory flatwater canoeing programs on very controlled ponds or small, sheltered lake environments within 80 meters from shore. The focus of the program is to introduce students to skill progressions in teaching basic tandem strokes and to emphasize safety considerations when leading a group. Participants must be proficient in basic canoe strokes and hold a Standard First Aid certificate to register. Canoe equipment is included. A personal equipment list will be provided upon registration. This course takes place at lslet Lake. Fee: \$210.00 + \$30.00 Paddle Canada membership fee (total \$240.00). To register contact Adam Binder 780-922-3939.

Age:16Y+		Max 12
Strathcona Wilderness Centre	Offsite Islet Lake	
134152	Jun 6 and Jun 7	Sat/Sun
	9 am - 5 pm	\$210

Tandem Canoe I

Learn the basics of flatwater canoeing in this introductory course for beginners. You will learn the skills needed to turn your canoe, keep your canoe in a straight line, and understand relevant safety considerations. All programs will be taught by certified Paddle Canada Instructors. No pre-requisites required except the willingness to have fun! This course takes place at lslet Lake.

Age: I4Y+		Max 16
Strathcona Wilderness Centre	Offsite Islet Lake	
134153	May 9	Sat
	10 - 3 pm	\$80.00

Tandem Canoe 2

Move your canoeing to the next level. Building on the skills learned in Tandem Canoe I, you will be introduced to more advanced skills such as sideways displacement, parking, paddling in a wind, and rescue techniques. All programs will be taught by certified Paddle Canada instructors. Prerequisite of Tandem Canoe I or equivalent is required. This course takes place at Islet Lake.

Age: I4Y+		Max 16
Strathcona Wilderness Centre	Offsite Islet Lake	
134154	May 23	Sat
	10 am - 3 pm	\$80.00

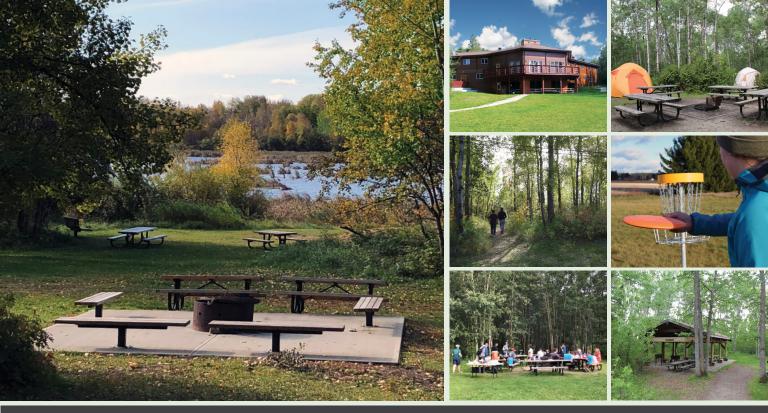
Getting to Islet Lake

Head east on Wye Road (Twp Rd 515), turn left on Rge Rd 200, follow the gravel road north to the Islet Lake staging area.

GPS coordinates: Latitude: 53.456537 Longitude: -112.821208



Visit www.strathcona.ca/registration for up-to-date program information.



Strathcona Wilderness Centre play for a day... Or camp for a weekend!



Explore the Beaver Hills Biosphere

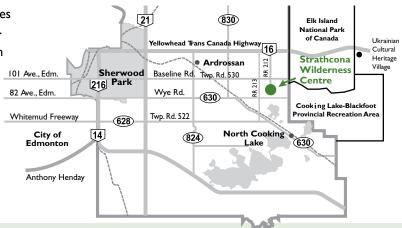
- Watch for wildlife as you explore the spruce bog boardwalk and over 12 km of trails.
- Try geocaching!
- Spend the day together outdoors with a family picnic or camping trip (book your site in advance).
- Reunite with family or enjoy a retreat with colleagues in our rustic pine lodge (advance booking required).
- Plan a fun, active day trip with your family, club, team or organization.
- Try disc golf! (disc rental available)
- Check out the FireSmart trail. Visit www.strathcona.ca/firesmart

Location

52535 Range Road 212, Ardrossan Just 20 minutes east of Sherwood Park on Township Road 530 (Baseline Road) and Range Road 212

GPS co-ordinates:

Latitude: 53.53264 N Longitude: 112.99921 W









Visit our website for hours of operation.

www.strathcona.ca/wildernesscentre swcinfo@strathcona.ca 780-922-3939