

PRESCHOOL/CHILD

*Preschool
Journey*

Our preschool programs reflect the importance of play in a child's healthy development. Through intentional teaching, our play-based recreation programs offer children opportunities to expand their skills and knowledge in a fun and safe environment.

A

1M - 5Y

Preschool Parented

Children build new relationships and learn new skills, while maintaining their comfort zone with a loved one nearby.

6M - 8Y Parented Drop-in available

**B**

2Y - 4Y

Preschool Unparented

Your child will strengthen his or her social and emotional development, motor skills and build confidence being away from parents or guardians.

2Y - 6Y Unparented Drop-off available

**C**

4Y - 5Y

Pre-Kindergarten

Offers foundational learning opportunities in language and literacy, pre-math, movement and social development.

**NEW****D**

5Y - 6Y

Kindergarten Kids

A supplement to your child's all-day kindergarten schedule to support routine and play.



A

1M - 5Y

Preschool Parented

Little Mozarts

Foster a love for music in your child! Your Little Mozart will experience rhythm and music with small instruments (such as rhythm sticks, maracas, egg shakers, bells and more), movement and dance with scarves and a parachute, and singing as we make music together. Children will be encouraged to be creative through arts and crafts, they will have fun with puppets, poems and musical rhymes.

Age: 1M - 3Y

Kinsmen Leisure Centre	Classroom	
132173	Jan 8 to Mar 18	Wed 9:30 - 10:20 am \$173.91

Age: 2.5Y - 5Y

Kinsmen Leisure Centre	Classroom	
132174	Jan 8 to Mar 18	Wed 10:30 - 11:20 am \$173.91

Tots on the Go

Explore Strathcona County's toddler friendly spaces and places in this program on the move. Get to know each other at the first class, enjoy games, songs, stories and fun activities. Then it's Tots on the Go to different locations throughout the County like Gallery@501 for art or Kinsmen Leisure Centre for some mini gym fun. Guest speakers and locations will be announced at your first class.

Age: 18M - 3Y

Millennium Place	Activity Room 1	
132210	Jan 16 to Mar 5	Thu 9 - 10:30 am \$76.00

Drop-In

Preschool Playtime - Drop in

Drop-in and play with your child, climb aboard our pirate ship, build a blue block house, try the amazing airways (interactive equipment) and a whole lot more. Admission is included with the Millennium Card or facility fees apply.

Omit Feb 17

Age: 6M - 8Y

Ardrossan Recreation Complex	Love to Play	
Mon	Jan 6 to Mar 30	9:30 - 11:30 am
Sat	Jan 11 to Apr 4	10 am - 1 pm

Age: 6M - 6Y

Kinsmen Leisure Centre	Preschool Playground	
Tue	Jan 7 to Mar 31	9:30 - 11:30 am
Wed	Jan 8 to Apr 1	9:30 - 11:30 am
Thu	Jan 9 to Apr 2	5:45 - 7:45 pm
Fri	Jan 10 to Apr 3	9:30 - 11:30 am
Sun	Jan 12 to Apr 5	9:30 - 11:30 am



What to bring:

- Half-day programs: a small, nut-free snack and water bottle (**not including Building Blocks**)
- Full-day programs: a small, nut-free snack, water bottle and lunch
- Indoor shoes and play clothes
- Extra clothes in case of an accident
- Appropriate clothing for outdoor fun

Children registered in unparented programs should be toilet trained. For extra reassurance, parents/guardians can send their little one wearing pull-ups. **Please note: parents/guardians will be contacted by phone to attend to any changing needs.**

Learn more at www.strathcona.ca/preschool or call 780-467-2211

REGISTRATION STARTS

November 26

A new registration system, **Recreation Online**, is coming in the new year! See page 1 for details.



Download the FREE Early childhood App for information including:

- Calendar of programs and activities in Strathcona County for young children and their families
- Services for families of young children
- Information on developmental milestones

www.strathcona.ca/earlychildhood

B

2Y - 4Y

Preschool Unparented

Building Blocks

Children will build their confidence as they make new friends and explore unique play centres in an exciting and safe environment. This program is designed to adapt and grow with your child throughout all three sessions: fall, winter, and spring.

Omit: Feb 17

Age: 2.5Y - 3.5Y

Kinsmen Leisure Centre	ParkView Room	
132150	Jan 6 to Mar 23 9 - 11 am	Mon \$137.50
Millennium Place	Activity Room 1	
132151	Jan 6 to Mar 23 9 - 11 am	Mon \$137.50
132152	Jan 8 to Mar 18 9 - 11 am	Wed \$137.50

Jr. Pre-K

Jr. Pre-K builds on your child's developing social, emotional, and motor skills. Your child will continue to learn through play by interacting with their peers and teachers, exploring unique play environments, learning games and songs, listening to stories, investigating sensory tables, and more. This program is the perfect stepping stone before enrolling your little one in Kindergarten Readiness.

Age: 3Y - 4Y

Millennium Place	Activity Room 2	
132156	Jan 7 to Mar 17 9 - 11:30 am	Tue \$167.97
Kinsmen Leisure Centre	ParkView	
132157	Jan 10 to Mar 20 9 - 11:30 am	Fri \$167.97
Kinsmen Leisure Centre	ParkView	
132158	Jan 7 to Mar 19 9 - 11:30 am	Tue/Thu \$335.94

Jr. Pre-K 3 Hour

This program offers the same activities as Jr. PreK but in a three hour format.

Omit: Feb 17

Age: 3Y - 5Y

Ardrossan Recreation Complex	Preschool Room	
132159	Jan 8 to Mar 18 9 am - 12 pm	Wed \$199.98
Strathcona Olympiette Centre	Indoor Playground	
132160	Jan 6 to Mar 23 9 am - 12 pm	Mon \$199.98

Note: This program is not included with the Millennium Card.

Preschool Playtime - Drop off unparented

Drop-off your preschooler in a fun and inviting environment while you run errands, workout, or just have some 'me' time. Your child will enjoy toys, play spaces and activities led by our friendly preschool instructors.

Admission is \$8.50 per child for this two hour drop-in program. Receive a 10% discount when you purchase a 10-visit card for just \$76.50. Get your pass at the Kinsmen Leisure Centre today!
Omit Feb 17

Age: 2Y - 6Y

Kinsmen Leisure Centre	ParkView	
Mon	Jan 6 to Mar 23	1 - 3 pm
Wed	Jan 8 to Mar 18	1 - 3 pm
Fri	Jan 10 to Mar 20	1 - 3 pm

Register Now!

CHRISTMAS PROGRAMS

Cookies and Christmas Carols

Children will decorate sugar cookies, sing Christmas carols, make crafts and play while you take some time for last minute shopping and wrapping.

Age: 3Y - 5Y

Millennium Place	Activity Room 2	
130464	Dec 9 9 am - 12 pm	Mon \$27.00
130476	Dec 11 9 am - 12 pm	Wed \$27.00
Strathcona Olympiette Centre	Preschool Room	
130478	Dec 9 9 am - 12 pm	Mon \$27.00

Little Reindeers

Let us keep your 'little reindeer' busy in this exciting all-day program, where kids will engage in reindeer games, activities and outdoor winter fun. Please bring a nut-free snack, lunch and indoor shoes.

Age: 3.5Y - 5Y

Ardrossan Recreation Complex	Preschool Room	
130465	Dec 4 9 am - 3 pm	Wed \$54.00
Millennium Place	Activity Room 2	
130477	Dec 6 9 am - 3 pm	Fri \$54.00
130479	Dec 13 9 am - 3 pm	Fri \$54.00

Kangaroo Kids

This active start program will introduce your little one to the ABC's of movement: agility, balance, and co-ordination. Your child will begin to develop fundamental movement skills through unstructured, active play that incorporates a variety of body movements with a focus on child initiated learning.

Age: 3Y - 5Y

Kinsmen Leisure Centre 132161	ParkView Room Jan 7 to Mar 17 12:30 - 2:30 pm	Tue \$133.98
Millennium Place 132162	Activity Room I Jan 10 to Mar 20 9 - 11:30 am	Fri \$167.97

Little Chefs

Mix, measure, and prepare ingredients as you explore the world of cooking. This hands-on class fosters a joy of cooking and eating foods that are both nutritious and delicious.

Age: 3.5Y - 5Y

Kinsmen Leisure Centre 132172	ParkView Jan 16 to Mar 5 12 - 3 pm	Thu \$198.00
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Preschool STEM

Explore the wonderful world of science, technology engineering and math (STEM) with hands-on activities and simple experiments.

Age: 3.5Y - 5Y

Kinsmen Leisure Centre 132192	ParkView Jan 8 to Mar 18 9 am - 12 pm	Wed \$199.98
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Clay Tots - Everything Winter

Let your preschooler's imagination run wild this winter creating with clay. Children will learn to pinch, roll, paint and coil clay into fun projects with winter themes.

Age: 4Y - 5Y

Smeltzer House 132186	Clay Hut Jan 15 to Feb 19 1 - 2:30 pm	Wed \$84.96
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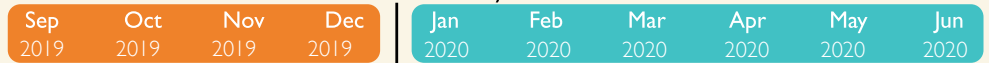


C

4Y - 5Y

Know the right
age to register

Your child's 4th birthday



Dec, 31 2019

You can register in Kindergarten Readiness

Sorry, you'll have to wait until Fall 2020 for Pre-K.

Winter/Spring Pre-Kindergarten

Kindergarten Readiness (Pre-K) programs are filled with investigation and exploration, including indoor and outdoor play experiences. Through intentional teaching practices, purposefully-designed learning environments and enriched activities, instructors will help ensure your child's learning experience is fulfilling and enjoyable. Our program offers foundational learning opportunities in language and literacy, pre-math, physical literacy, and social development. Pre-K programs have access to recreation facility amenities such as the Preschool

Playground, Edu-tainment Centre, Love to Play Room or mini-gym spaces. Our interest-based play curriculum will be sure to spark your child's curiosity to learn and play, while developing independence away from home. To learn more about our play-based curriculum, visit www.strathcona.ca/preschool

Please remember to bring indoor shoes and a nut free snack for your child. Full day programs will also require a lunch.
Omit: Feb 17, Apr 10, 13, May 18

See programs on next page

Pre-K Registration is now open!

Register for one or more sessions.



Winter session



Spring session

Sherwood Park locations

Age: 4Y - 5Y

Kinsmen Leisure Centre

LakeView Room

W	126729	Jan 6 to Mar 23	Mon	9 am - 3 pm	\$395.00
	126730	Jan 8 to Mar 18	Wed	9 am - 3 pm	\$395.00
	126731	Jan 7 to Mar 19	Tue/Thu	9 am - 12 pm	\$395.00
	126732	Jan 7 to Mar 19	Tue/Thu	12:30 - 3 pm	\$330.00
S	126766	Apr 6 to Jun 22	Mon	9 am - 3 pm	\$360.00
	126767	Apr 8 to Jun 17	Wed	9 am - 3 pm	\$395.00
	126768	Apr 7 to Jun 18	Tue/Thu	9 am - 12 pm	\$395.00
	126769	Apr 7 to Jun 18	Tue/Thu	12:30 - 3 pm	\$330.00

Millennium Place

Activity Room 2

W	126733	Jan 10 to Mar 20	Fri	9 am - 3 pm	\$395.00
	126734	Jan 6 to Mar 23	Mon/Wed	9 am - 12 pm	\$395.00
S	126770	Apr 17 to Jun 26	Fri	9 am - 3 pm	\$395.00
	126771	Apr 6 to Jun 24	Mon/Wed	9 am - 12 pm	\$395.00

Rural locations

Age: 4Y - 5Y

Ardrossan Recreation Complex

Preschool Room

W	126728	Jan 8 to Mar 18	Wed	9 am - 3 pm	\$395.00
	126765	Apr 8 to Jun 17	Wed	9 am - 3 pm	\$395.00

Strathcona Olympiette Centre

Preschool Room

W	126736	Jan 10 to Mar 20	Fri	9 am - 3 pm	\$395.00
	126773	Apr 17 to Jun 26	Fri	9 am - 3 pm	\$395.00

D

5Y - 6Y

NEW

Kindergarten Kids

Supplement your child's rotating, full-day kindergarten schedule. This program runs on alternating Fridays to help you keep your weekly routine and meet the needs of your child's schedule.

Age: 5Y - 6Y

Kinsmen Leisure Centre

Lake View

132163	Jan 10, 24, Feb 21, Mar 13	Fri	9 am - 3 pm	\$144.00
132164	Jan 17, 31, Feb 28, Mar 20	Fri	9 am - 3 pm	\$144.00
132165	Schools Out	Feb 7	9 am - 3 pm	Fri \$36.00
132237	Schools Out	Feb 14	9 am - 3 pm	Fri \$36.00
132166	Schools Out	Mar 6	9 am - 3 pm	Fri \$36.00

Strathcona Olympiette Centre

Preschool Room

132167	Jan 10, 24, Feb 21, Mar 13	Fri	9 am - 3 pm	\$144.00
132168	Jan 17, 31, Feb 28, Mar 20	Fri	9 am - 3 pm	\$144.00
132169	Schools Out	Feb 7	9 am - 3 pm	Fri \$36.00
132238	Schools Out	Feb 14	9 am - 3 pm	Fri \$36.00
132170	Schools Out	Mar 6	9 am - 3 pm	Fri \$36.00

Ardrossan Recreation Complex

Preschool Room

132171	Jan 10, 24, Feb 21, Mar 13	Fri	9 am - 3 pm	\$144.00
132268	Jan 17, 31, Feb 28, Mar 20	Fri	9 am - 3 pm	\$144.00
132269	Schools Out	Feb 7	9 am - 3 pm	Fri \$36.00
132270	Schools Out	Feb 14	9 am - 3 pm	Fri \$36.00
132271	Schools Out	Mar 6	9 am - 3 pm	Fri \$36.00



SPORTBALL

Parent and Child Multi-Sport Indoor 16M - 2Y

You've made the team! Toddlers and parents/caregivers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and much more! In addition to focusing on physical movements and social exploration, this 30-minute program will introduce children to a different sport each week. Parents/caregivers participate with their little one to guide and challenge them according to their individual skill level. Sportball maintains a one-parent-per-child ratio policy in all parent and child programs to ensure that focus is kept on helping little ones practice and progress.

Age: 16M - 2Y

Kinsmen Leisure Centre	Preschool Playground
132195	Jan 11 to Mar 21 Sat 9 - 9:30 am \$165.00

Parent and Child Multi-Sport Indoor 2Y-3.5Y

You made it to the big leagues! Parents/caregivers have a direct hand in their pre-schooler's development through this unique 45-minute Multi-Sport program. With the active support and participation of their grownup, children are able to refine their skills and continue their social and physical development such as balance and coordination by participating in eight popular sports - hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. Under the guidance of our expert Coaches, grownups also understand proven teaching techniques that can be applied outside of Sportball classes. Sportball maintains a one-parent-per-child ratio policy in all parent and child programs to ensure that focus is kept on helping little ones practice and progress.

Age: 2Y - 3.5Y

Kinsmen Leisure Centre	Preschool Playground
132196	Jan 8 to Mar 18 Wed 5 - 5:45 pm \$187.00
132200	Jan 11 to Mar 21 Sat 9:30 - 10:15 am \$187.00
132197	Jan 11 to Mar 21 Sat 10:15 - 11 am \$187.00
132199	Jan 11 to Mar 21 Sat 11 - 11:45 am \$187.00
Millennium Place	Combatives Room
132198	Jan 7 to Mar 17 Tue 9:45 - 10:30 am \$187.00

Multi-Sport Indoor 3.5Y - 5Y and 5Y - 7Y

Sportball Drop Off programs help kids ages 3.5 and up develop independence and build confidence by attending classes 'all by themselves'. Coaches engage younger children with creative storylines and special themes and connect with older kids as leaders and mentors. Parents and caregivers are asked to remain outside during classes to minimize distractions and encourage kids to participate on their own.

Omit: Feb 17

Age: 3.5Y - 5Y

Kinsmen Leisure Centre	Preschool Playground
132203	Jan 8 to Mar 18 Wed 6 - 7 pm \$187.00

[132204](#)

Jan 11 to Mar 21 Sat 12 - 1 pm \$187.00
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Millennium Place

Combatives Room
132206
Jan 6 to Mar 16 Mon 1 - 2 pm \$170.00

[132207](#)

Jan 6 to Mar 16 Mon 2 - 3 pm \$170.00
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[132205](#)

Jan 7 to Mar 17 Tue 10:30 - 11:30 am \$187.00
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Age: 5Y - 7Y

Kinsmen Leisure Centre	Preschool Playground
131568	Jan 8 to Mar 11 Wed 7 - 8 pm \$170.00

Millennium Place

Combatives Room
131569 Omit: Feb 15
Jan 11 to Mar 21 Sat 12:30 - 1:30 pm \$170.00

Sportball Ultimate Hockey/ Soccer

This class is aimed towards transitioning kids into a hockey and soccer game. The class includes Fitkids Warmup followed by skill based training in a game like setting. Class ends with a controlled scrimmage, allowing Sportballers to apply the skills they have learned!

Omit: Feb 17

Age: 5Y - 7Y

Millennium Place	Combatives Room
131567	Jan 6 to Mar 16 Mon 4 - 5 pm \$170.00