

PRESCHOOL/CHILD

Preschool Journey

Our preschool programs reflect the importance of play in a child's healthy development. Through intentional teaching, our play-based recreation programs offer children opportunities to expand their skills and knowledge in a fun and safe environment.

A

1M - 5Y

Preschool Parented

Children build new relationships and learn new skills, while maintaining their comfort zone with a loved one nearby.

6M - 8Y Parented Drop-in available



B

2Y - 4Y

Preschool Unparented

Your child will strengthen his or her social and emotional development, motor skills and build confidence being away from parents or guardians.

2Y - 6Y Unparented Drop-off available



C

4Y - 5Y

Pre-Kindergarten

Offers foundational learning opportunities in language and literacy, pre-math, movement and social development.



D

5Y - 6Y

Kindergarten Kids

A supplement to your child's all-day kindergarten schedule to support routine and play.



What to bring:

- Half-day programs: a small, nut-free snack and water bottle (**not including Building Blocks**)
- Full-day programs: a small, nut-free snack, water bottle and lunch
- Indoor shoes and play clothes
- Extra clothes in case of an accident
- Appropriate clothing for outdoor fun

Children registered in unparented programs should be toilet trained. For extra reassurance, parents/guardians can send their little one wearing pull-ups. **Please note: parents/guardians will be contacted by phone to attend to any changing needs.**

Learn more at
www.strathcona.ca/preschool
or call 780-467-2211

REGISTRATION STARTS

March 10

NEW! Register with **Recreation Online**.
See page 1 for details.

**Download the FREE Early childhood App for information including:**

- Calendar of programs and activities in Strathcona County for young children and their families
- Services for families of young children
- Information on developmental milestones

www.strathcona.ca/earlychildhood

A

1M - 5Y

Preschool Parented**Little Mozarts**

Foster a love for music in your child! Your Little Mozart will experience rhythm and music with small instruments (such as rhythm sticks, maracas, egg shakers, bells and more), movement and dance with scarves and a parachute, and singing as we make music together. Children will be encouraged to be creative through arts and crafts, they will have fun with puppets, poems and musical rhymes.

Age: 1M - 3Y

Kinsmen Leisure Centre	Classroom	
133384	Apr 8 to Jun 17 9:30 am - 10:20 am	Wed \$173.91

Age: 2.5Y - 5Y

Kinsmen Leisure Centre	Classroom	
133385	Apr 8 to Jun 17 10:30 - 11:20 am	Wed \$173.91

Tots on the Go

Explore Strathcona County's toddler friendly spaces and places in this program on the move. Get to know each other at the first class, enjoy games, songs, stories and fun activities. Then it's Tots on the Go to different locations throughout the County like Gallery@501 for art or Kinsmen Leisure Centre for some mini gym fun. Guest speakers and locations will be announced at your first class.

Age: 18M - 3Y

Millennium Place	Activity Room 1	
133417	Apr 16 to Jun 4 9 am - 10:30 am	Thu \$76.00

Drop-In**Preschool Playtime - Drop-in**

Drop-in and play with your child, climb aboard our pirate ship, build a blue block house, try the amazing airways (interactive equipment) and a whole lot more. Admission is included with the Millennium Card or facility fees apply.

Omit: Apr 10, 13, May 18

Age: 6M - 8Y

Ardrossan Recreation Complex	Love to Play	
Mon	Apr 6 to Jun 22	9:30 - 11:30 am
Sat	Apr 4 to Jun 27	10 am - 1 pm



Age: 6M - 6Y

Kinsmen Leisure Centre	Preschool Playground	
Tue	Apr 7 to Jun 23	9:30 - 11:30 am
Wed	Apr 1 to Jun 24	9:30 - 11:30 am
Thu	Apr 2 to Jun 25	5:45 - 7:45 pm
Fri	Apr 3 to Jun 26	9:30 - 11:30 am
Sun	Apr 5 to Jun 28	9:30 - 11:30 am

B

2Y - 4Y



Preschool Unparented

Building Blocks

Children will build their confidence as they make new friends and explore unique play centres in an exciting and safe environment. This program is designed to adapt and grow with your child throughout all three sessions; fall, winter and spring.

Omit: Apr 13, May 18

Age: 2.5Y - 3.5Y

Kinsmen Leisure Centre	ParkView Room	
133358	Apr 6 to Jun 22	Mon 9 am - 11 am \$125.00

Millennium Place	Activity Room 1	
133359	Apr 6 to Jun 22	Mon 9 am - 11 am \$125.00
133360	Apr 8 to Jun 17	Wed 9 am - 11 am \$137.50

Preschool Playtime - Drop-off unparented

Drop-off your preschooler in a fun and inviting environment while you run errands, work out, or just have some 'me' time. Your child will enjoy toys, play spaces and activities led by our friendly preschool instructors.

Admission is \$8.50 per child for this two hour drop-in program. Receive a 10% discount when you purchase a 10-visit card for just \$76.50. Get your pass at the Kinsmen Leisure Centre today!

Omit: Apr 13, May 18

Age: 2Y - 6Y

Kinsmen Leisure Centre	ParkView	
Mon	Apr 6 to Jun 22	1 - 3 pm
Wed	Apr 8 to Jun 17	1 - 3 pm
Fri	Apr 17 to Jun 26	1 - 3 pm

Note: This program is not included with the Millennium Card.

Jr. Pre-K

Jr. Pre-K builds on your child's developing social, emotional, and motor skills. Your child will continue to learn through play by interacting with their peers and teachers, exploring unique play environments, learning games and songs, listening to stories, investigating sensory tables, and more. This program is the perfect stepping stone before enrolling your little one in Kindergarten Readiness.

Age: 3Y - 4Y

Millennium Place	Activity Room 2	
133361	Apr 7 to Jun 16	Tue 9 am - 11:30 am \$167.97

Kinsmen Leisure Centre	ParkView	
133362	Apr 17 to Jun 26	Fri 9 am - 11:30 am \$167.97
133363	Apr 7 to Jun 18	Tue/Thu 9 am - 11:30 am \$335.94

Jr. Pre-K 3 Hour

This program offers the same activities as Jr. Pre K but in a three hour format.

Omit: Apr 13, May 18

Age: 3Y - 5Y

Ardrossan Recreation Complex	Preschool Room	
133364	Apr 8 to Jun 17	Wed 9 am - 12 pm \$199.98

Strathcona Olympiette Centre	Indoor Playground	
133365	Apr 6 to Jun 22	Mon 9 am - 12 pm \$181.80

Kangaroo Kids

This active start program will introduce your little one to the ABC's of movement: agility, balance, and co-ordination. Your child will begin to develop fundamental movement skills through unstructured, active play that incorporates a variety of body movements with a focus on child initiated learning.

Age: 3Y - 5Y

Kinsmen Leisure Centre	ParkView Room	
133366	Apr 7 to Jun 16	Tue
	12:30 - 2:30 pm	\$133.98

Millennium Place	Activity Room 1	
133367	Apr 17 to Jun 26	Fri
	9 am - 11:30 am	\$167.97

Little Chefs

Mix, measure, and prepare ingredients as you explore the world of cooking. This hands-on class fosters a joy of cooking and eating foods that are both nutritious and delicious.

Age: 3.5Y - 5Y

Kinsmen Leisure Centre	ParkView	
133383	Apr 16 to Jun 4	Thu
	12 - 3 pm	\$198.00

Preschool STEM

Explore the wonderful world of science, technology, engineering and math (STEM) with hands-on activities and simple experiments.

Age: 3.5Y - 5Y

Kinsmen Leisure Centre	ParkView	
133405	Apr 8 to Jun 17	Wed
	9 am - 12 pm	\$199.98

Preschool Clay

Clay Tots 4-5 yrs - Everything Spring

Let your preschooler's imagination run wild this spring creating with clay. Children will have fun learning to pinch, roll, paint and coil clay into fun projects all with a spring theme.

Age: 4Y - 5Y

Smeltzer House	Clay Hut	
133394	Apr 15 to May 20	Wed
	1 - 2:30 pm	\$84.96

SPRING BREAK CAMPS

Spring break registration starts February 25

Spring Sprouts

Welcoming all little sprouts to the preschool garden! This Monday/Wednesday half-day camp is a great way for children to sample the preschool environment, and enjoy Spring Break with some fun activities! Get ready to play the day away with both new and old friends. Please send a nut-free snack and a pair of clean indoor shoes with your child. When planning your day, please note that there is no pre-care or post-care available for this program.

Age: 3Y - 5Y

Kinsmen Leisure Centre	ParkView Room	
133444	Mar 30 to Apr 1	MonWed
	9 am - 12 pm	\$55.00
133445	Mar 30 to Apr 1	MonWed
	1 - 4 pm	\$55.00

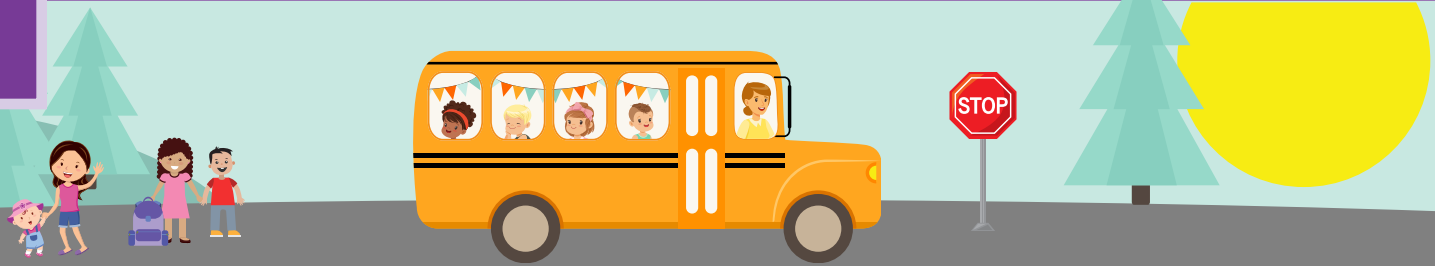
Spring-tastic

Celebrate the arrival of spring by joining in on this action-packed full-day camp. Your child will have the opportunity to create and participate in games, indulge their artistic side and be active through indoor and outdoor play. Please send a packed lunch, containing a nut-free snack, a pair of clean indoor shoes, and weather appropriate outdoor clothing with your child. When planning your day, please note that there is no pre-care or post-care available for this program.

Age: 5Y - 7Y

Kinsmen Leisure Centre	Lake View	
133446	Mar 31	Tue
	9 am - 3 pm	\$55.00





C

4Y - 5Y

*Know the right
age to register*



Spring 2020 Pre-Kindergarten

Kindergarten Readiness (Pre-K) programs are filled with investigation and exploration, including indoor and outdoor play experiences. Through intentional teaching practices, purposefully-designed learning environments and enriched activities, instructors will help ensure your child's learning experience is fulfilling and enjoyable. Our program offers foundational learning opportunities in language and literacy, pre-math, physical literacy, and social development. Pre-K programs have access to recreation facility amenities such as the Preschool Playground, Edu-tainment Centre, Love to Play Room or mini-gym spaces. Our interest-based play curriculum will be sure to spark your child's curiosity to learn and play, while developing independence away from home.

Please remember to bring indoor shoes and a nut free snack for your child. Full day programs will also require a lunch. To learn more about our play-based curriculum, visit www.strathcona.ca/preschool

Omit: Apr 13, May 18

Sherwood Park locations

Age: 4Y - 5Y

Kinsmen Leisure Centre	LakeView Room	
126766	Apr 6 to Jun 22	Mon 9 am - 3 pm \$359.00
126767	Apr 8 to Jun 17	Wed 9 am - 3 pm \$394.90
126768	Apr 7 to Jun 18	Tue/Thu 9 am - 12 pm \$396.00
126769	Apr 7 to Jun 18	Tue/Thu 12:30 - 3 pm \$330.00
Millennium Place	Activity Room 2	
126770	Apr 17 to Jun 26	Fri 9 am - 3 pm \$394.90
126771	Apr 6 to Jun 24	Mon/Wed 9 am - 12 pm \$396.00

Rural locations

Age: 4Y - 5Y

Ardrossan Recreation Complex	Preschool Room	
126765	Apr 8 to Jun 17	Wed 9 am - 3 pm \$394.90
Strathcona Olympiette Centre	Preschool Room	
126773	Apr 17 to Jun 26	Fri 9 am - 3 pm \$394.90

D

5Y - 6Y

Kindergarten Kids

Supplement your child's rotating, full-day kindergarten schedule. This program runs on alternating Fridays to help you keep your weekly routine and meet the needs of your child's schedule.

Age: 5Y - 6Y

Kinsmen Leisure Centre	Lake View	
133368	Apr 24, May 8, 29, Jun 12	Fri 9 am - 3 pm \$143.60
133369	Apr 17, May 1, 22, Jun 5, 19	Fri 9 am - 3 pm \$179.50
133377	Schools Out	May 15 9 am - 3 pm Fri \$35.90
Strathcona Olympiette Centre	Preschool Room	
133372	Apr 24, May 8, 29, Jun 12	Fri 9 am - 3 pm \$143.60
133373	Apr 17, May 1, 22, Jun 5, 19	Fri 9 am - 3 pm \$179.50
133378	Schools Out	May 15 9 am - 3 pm Fri \$35.90



Pre-Kindergarten

Fall 2020 / Winter 2021 / Spring 2021

Fall 2020 registration opens March 10!

Register for one or more sessions.

Your child must turn 4 years old before December 31, 2020 to register for 2020/2021 Pre-K.

F Fall 2020 **W** Winter 2021 **S** Spring 2021

Omit: Oct 12, Nov 9, 10, 11, 12, 13, Feb 15, May 24

Rural locations

Age: 4Y - 5Y

	Ardrossan Recreation Complex	Preschool Room	
F	135558	Sep 16 to Dec 2 9 am - 3 pm	Wed \$394.90
W	135566	Jan 13 to Mar 24 9 am - 3 pm	Wed \$394.90
S	135574	Apr 7 to Jun 16 9 am - 3 pm	Wed \$394.90
	Strathcona Olympiette Centre	Preschool Room	
F	135565	Sep 18 to Dec 4 9 am - 3 pm	Fri \$394.90
W	135573	Jan 15 to Mar 26 9 am - 3 pm	Fri \$394.90
S	135581	Apr 9 to Jun 18 9 am - 3 pm	Fri \$394.90

Sherwood Park locations

Age: 4Y - 5Y

	Kinsmen Leisure Centre	Lake View	
F	135559	Sep 14 to Dec 7 9 am - 3 pm	Mon \$394.90
F	135560	Sep 16 to Dec 2 9 am - 3 pm	Wed \$394.90
F	135561	Sep 15 to Dec 3 9 am - 12 pm	Tue/Thu \$394.90
F	135562	Sep 15 to Dec 3 12:30 - 3 pm	Tue/Thu \$330.00
W	135567	Jan 11 to Mar 22 9 am - 3 pm	Mon \$359.00
W	135568	Jan 13 to Mar 24 9 am - 3 pm	Wed \$394.90
W	135569	Jan 12 to Mar 25 9 am - 12 pm	Tue/Thu \$394.90
W	135570	Jan 12 to Mar 25 12:30 - 3 pm	Tue/Thu \$330.00
S	135575	Apr 12 to Jun 21 9 am - 3 pm	Mon \$359.00
S	135576	Apr 7 to Jun 16 9 am - 3 pm	Wed \$394.90
S	135577	Apr 6 to Jun 17 9 am - 12 pm	Tue/Thu \$394.90
S	135578	Apr 6 to Jun 17 12:30 - 3 pm	Tue/Thu \$330.00
	Millennium Place	Activity Room 2	
F	135563	Sep 18 to Dec 4 9 am - 3 pm	Fri \$394.90
F	135564	Sep 14 to Dec 7 9 am - 12 pm	Mon/Wed \$394.90
W	135571	Jan 15 to Mar 26 9 am - 3 pm	Fri \$394.90
W	135572	Jan 11 to Mar 24 9 am - 12 pm	Mon/Wed \$394.90
S	135579	Apr 9 to Jun 18 9 am - 3 pm	Fri \$394.90
S	135580	Apr 12 to Jun 23 9 am - 12 pm	Mon/Wed \$394.90





SPORTBALL

Parented

Sportball maintains a one-parent-per-child ratio policy in all Parent & Child programs to ensure that focus is kept on helping little ones practice and progress.

Parent & Child Multi-Sport Indoor 16M - 2Y

You've made the team! Toddlers and parents/caregivers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and much more! In addition to focusing on physical movements and social exploration, this 30-minute program will introduce children to a different sport each week. Parents/caregivers participate with their little one to guide and challenge them according to their individual skill level.
Omit: April 11, May 16

Age: 16M - 2Y

Kinsmen Leisure Centre	Preschool Playground	
133406	Apr 4 to Jun 27	Sat 9 - 9:30 am \$165.00

Parent & Child Multi-Sport Indoor 2Y - 3.5Y

You made it to the big leagues! Parents/caregivers have a direct hand in their pre-schooler's development through this unique 45-minute Multi-Sport program. With the active support and participation of their grownup, children are able to refine their skills and continue their social and physical development such as balance and coordination by participating in eight popular sports - hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. Under the guidance of our expert Coaches, grownups also understand proven teaching techniques that can be applied outside of Sportball classes.
Omit: April 11, May 16

Age: 2Y - 3.5Y

Kinsmen Leisure Centre	Preschool Playground	
133407	Apr 8 to Jun 17	Wed 5 - 5:45 pm \$187.00
133411	Apr 4 to Jun 27	Sat 9:30 - 10:15 am \$187.00
133408	10:15 - 11 am	\$187.00
133410	11 - 11:45 am	\$187.00

Millennium Place	Combatives Room	
133409	Apr 7 to Jun 16	Tue 9:45 - 10:30 am \$187.00

Parent & Child Soccer 2Y - 3.5Y - Outdoor

Sportball's Parent and Child Soccer program for kids introduce children to the fundamental concepts of the game in a fun, supportive, non-competitive environment. The best part is that parents and kids get to learn together. Coaches zero in on skills like dribbling, trapping, throw-ins and passing through exciting, skill-focused play. Kids receive a Sportball jersey and soccer ball so they can take the fun home with them and continue to refine, rehearse and repeat even after the season is over!

Soccer cleats or shin pads not required. Parents must stay on site.

Omit: May 16

Age: 2Y - 3.5Y

Broadmoor Lake Park	Field A (N)	
133453	May 7 to Jun 11	Thu 4:30 - 5:15 pm \$129.96
Emerald Hills	Field A (W)	
133454	May 9 to Jun 20	Sat 10 - 10:45 am \$129.96



Unparented

Multi-Sport 3.5Y - 5Y

Sportball Drop-off programs help kids ages 3.5 and up develop independence and build confidence by attending classes 'all by themselves'. Coaches engage younger children with creative storylines and special themes and connect with older kids as leaders and mentors. Parents and caregivers are asked to remain outside during classes to minimize distractions and encourage kids to participate on their own.

Omit: April 11, 13, May 16, 18

Age: 3.5Y - 5Y

Kinsmen Leisure Centre 133412	Preschool Playground Apr 8 to Jun 17 6 - 7 pm \$187.00	Wed
133413	Apr 4 to Jun 27 12 - 1 pm \$187.00	Sat

Millennium Place 133414	Combatives Room Apr 7 to Jun 16 10:30 - 11:30 am \$187.00	Tue
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133415	Apr 6 to Jun 22 1 - 2 pm \$170.00	Mon
133416	2 - 3 pm \$170.00	

Multi-Sport 5Y - 7Y

Sportball multi-sport keeps children moving, engaged and sends them home with new skills from a different sport each week. These classes provide a foundation for a lifetime of activity bundling soccer, hockey, basketball, baseball, football, volleyball, tennis and golf.

Omit: May 16

Age: 5Y - 7Y

Kinsmen Leisure Centre 133334	Preschool Playground Apr 8 to Jun 10 7 - 8 pm \$170.00	Wed
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Millennium Place 133335	Combatives Room Apr 18 to Jun 27 12:30 - 1:30 pm \$170.00	Sat
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Ultimate Hockey / Soccer

This class is aimed towards transitioning kids into a hockey and soccer game. The class includes Fitkids Warmup followed by skill based training in a game like setting. Class ends with a controlled scrimmage, allowing Sportballers to apply the skills they have learned!

Omit: April 13, May 18

Age: 5Y - 7Y

Millennium Place 133333	Combatives Room Apr 6 to Jun 22 4 - 5 pm \$170.00	Mon
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Sportball Soccer - Outdoor

This soccer program introduces children to the fundamental concepts of the game in a fun, supportive, non-competitive environment. Coaches zero in on skills like dribbling, trapping, throw-ins and passing through exciting, skill-focused play.

Participants receive a Sportball jersey and soccer ball so they can take the fun home with them and continue to refine, rehearse and repeat even after the season is over!

Soccer cleats or shin pads not required. Parents must stay on site.

Omit: May 16

Age: 3.5Y - 5Y

Broadmoor Lake Park 133460	Field A (North) May 7 to Jun 11 5:30 - 6:30 pm \$129.96	Thu
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Emerald Hills Sports Pavilion 133461	Field A (West) May 9 to Jun 20 9 - 10 am \$129.96	Sat
133462	11 am - 12 pm \$129.96	

Age: 5Y - 7Y

Broadmoor Lake Park 133337	Field A (North) May 7 to Jun 11 6:45 - 7:45 pm \$129.96	Thu
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Emerald Hills Sports Pavilion 133336	Field A (West) May 9 to Jun 20 12 - 1 pm \$129.96	Sat
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