



Come Skate With Us!

Friendly & Fun Atmosphere



- PreCanSkate/PreCanPower (ages 3+)
- CanSkate/CanPower (ages 5+)
- PreStarSkate (Stage 3+)
- StarSkate



Register today online: www.asfsc.ca
 or by mail: ASFSC, Box 62 Ardrrossan, AB T8E 2A1

www.asfsc.ca | info@asfsconline.com



ART CLASSES

Emphasis on Technique – Fabulous Results!

Limited Enrollment - Register Today
Ages 5 & Up

**DRAWING * PAINTING * SCULPTURE
 PORTFOLIO PREPARATION**

Portfolio Preparation offered for entrance into college and university in a number of disciplines

Six-week introductory program offered

#102 108 PROVINCIAL AVENUE (UPSTAIRS)
 SHERWOOD PARK, AB

780-449-3824

Email: info@artfullyyourschooloffineart.ca
artfullyyourschooloffineart.ca

Learn the importance of the job and the skills to be a popular, successful (and wealthy) sitter in one-day!

CANADIAN RED CROSS BABYSITTING COURSE ~ WITH BASIC FIRST AID INCLUDES ~

- First aid for choking (adult/child/baby/alone)
- Compression-only CPR
- Use of asthma inhaler and Epipen
- First aid for bleeding, burns, poisons and seizures
- Home safety and accident prevention
- Developmental stages and strategies
- How to feed, diaper, and play with children and babies
- How to manage difficult behaviours
- Job search, interview skills... and much more

UPCOMING DATES

| | | |
|--------------------------|------------------|-------------------------------------|
| IN SHERWOOD PARK: | | FridayMarch 27 (PD day) |
| Saturday | Nov 2 | Thursday.....April 2 (spring break) |
| Thursday..... | Nov 14 (PD day) | |
| Friday..... | Nov 29 (PD day) | IN FORT SASKATCHEWAN |
| Monday | Dec 30 | Sunday..... Dec 1 |
| Saturday | Jan 4 | IN SOUTH COOKING LAKE |
| Friday..... | Feb 14 (PD day) | Tuesday..... Nov 12 (fall break) |
| Friday..... | March 6 (PD day) | |

9 am - 5 pm • For boys and girls, ages 11+

REGISTER NOW!

<https://bookwhen.com/redcrossbabysitting>
 OR CONTACT VELTA AT 780-464-0660
velta@youthfirstaid.ca

Learn in confidence with the #1 Red Cross Babysitting Program Instructor in Northern Alberta, with over 25 years experience.
 Gift Certificates available.

CREATE ART!



ART SOCIETY OF STRATHCONA COUNTY
www.artstrathcona.com
 Ph 780-449-4443 email: artsoc@telus.net

Membership fee \$40 annually.
Meetings second Tuesday of each month at 7 pm. (except July & August)

UPCOMING EVENTS:

- April 17, 18, 19 – Annual Spring Art Show & Sale
- May 8, 9, 10 – Annual High School Student Art Competition, Show & Sale
- June 20, 21 – Hidden Treasures Art Studio Tour

Loft Art Gallery and Gift Shop is open on Saturdays and Sundays (exclong Weekends and July & August) Noon to 4 pm.

All events at the **Ottewell Centre**,
 590 Broadmoor Blvd.



STRATHCONA COUNTY

UPCOMING WORKSHOPS:

2020

- Terrie Shaw: Painting Portraits**, Oil or Acrylic, \$125, six Weds Jan 15 - Feb 19
- Willie Wong: Watercolors**, \$190, 6 Mondays Jan 20 - Feb 24
- Dee Poisson: Oil Paint & Cold Wax Medium**, \$125, January 25, 26
- Cindy Revell: Whimsical Painting**, Oil or Acrylic, \$140, February 8 and 9
- Margaret Klappstein: Create A Better Painting**, \$125, six Weds Feb 26, March 4, 11, 18, 25, April 1
- Doris Charest: Mixed Media Level II**, \$140, Feb 29 - March 1
- Joyce Boyer: Pastels**, \$85, four Wed. Evenings Mar 18, 25, April 1, 8
- Frances Alty-Arscott: Watercolor Landscapes**, Intermediate, \$70, March 28
- Randy Hayashi: Acrylic Landscapes**, \$160, April 30 at 7 pm, and May 1 and 2 from 9:30 to 4:30

DROP IN PAINTING:

Every Monday 1 to 4 pm, and every Wednesday 9:30 - 12:30
 Bring your own supplies, and enjoy the camaraderie of artists!



Calling All Curlers

Join us for slippery fun
 between the sheets.

Club Lounge & Ice Rentals Available


Check out our website and Facebook page

UPCOMING BONSPIELS

- Tough Person (one on one)** - Jan 18 & 19
- Family Fun & Friends** - January 25
- Mixed Spiel** - February 8
- Family Curling** - February 23
- Open Doubles** - March 7

Register Online

Strathcona Curling Club, Fultonvale

info@strathconacurlingclub.ca
www.strathconacurlingclub.ca
 Strathcona Curling Club
 Phone: 780-922-7181



Celebrating 25 years in Sherwood Park!



BUILDING CONFIDENCE & SELF-ESTEEM



WEDNESDAY EVENING

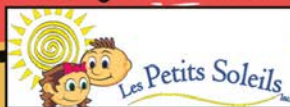
Sherwood Park Arena 2015 Oak St.

- Ages 3/4 5:00pm-5:45pm
- Ages 5-7 5:45pm-6:45pm
- Ages 8-10 6:30pm-7:30pm
- Ages 11+ 7:30pm-8:30pm

TO REGISTER OR FOR MORE INFORMATION:
SPOTLIGHTPERFORMING.CA
 or email hello@spotlightperforming.ca

Join us for an experience your children will never forget!

English Camps & PD Days:



French & German Preschool:

Things no other camps offer:

- 6:30am-6:00pm at no additional cost.
- Full breakfast & 2 snacks included.
- Kinder - Gr. 6: all your kids at one camp!
- Daily rates at \$45 per child per day.
- We teach your child HOW to think positively using Belief Re-patterning.
- Themed programming with crafts you will want to keep, cooking, and indoor and outdoor games.
- Child-centred options: your child is free to choose their programming activities for a treasured experience.



Things no other preschools offer:

- Complete Language Immersion programming for 3 & 4 year olds; not just an introduction.
- Certified teachers deliver developmentally-appropriate curriculum.
- No mandatory volunteering or fundraising.
- Belief Re-patterning technique empowers choice of feelings for emotional regulation.
- We focus on Kindergarten readiness, problem-solving, process-driven crafts, positive self-esteem, socialization and yoga.

Still accepting registrations
for this school year.
Sherwood Park's choice since 2006!

(780) 709-2602



petits-soleils@shaw.ca



ESC ALPINE SKI RACING SOCIETY IS
RETURNING TO EDMONTON SKI CLUB!

REGISTER NOW
2019/2020
SKI RACING SEASON

Visit our website for more information
www.escalpine.com
info@escalpine.com

SKI RACING PROGRAMS AVAILABLE FOR AGES 4 AND UP
ALL LEVELS WELCOME.



ART CLASSES

CREATE, PAINT, EXPLORE, AND GET MESSY!

Art Camps & Workshops
Preschool Art
Art Explorers
Homeschool Mixed Media
Adult Classes & Workshops
In-School Art Field Trips

Taught from my home art studio in Sherwood Park.
Call Robyn Skaley at 780-700-9313

www.redpoppyconsulting.com

Love to Play



Let your imagination run wild in the Love to Play room at the Ardrossan Recreation Complex.

Drop-in and registered programs available.

www.strathcona.ca/ardrossan  STRATHCONA COUNTY

SEARCHING FOR AN EDUCATION THAT FITS YOUR LIFESTYLE?



FIND IT AT EIPSCONTINUINGED.CA

- CAREER DEVELOPMENT
- LIFESTYLE CLASSES
- ONLINE EDUCATION
- NIGHT CLASSES (CREDIT)
- DIPLOMA EXAM PREP
- SUMMER SCHOOL (CREDIT)
- YOUTH CAMPS

SPRING REGISTRATION OPENS **JAN 6, 2020**



20 Festival Way
Sherwood Park, AB T8A 4Y1
780.467.7292



WINTER 2019 Programs at Millenium Place and Glen Allan Recreation Complex

PreCanSkate

For skaters 3 yrs+ with little or no skating experience. Group lessons (30 mins) focus on basic movements to move safely & effectively on the ice to become ready for the Canskate program. Parents are not required or permitted on the ice.

Canskate

For skaters that have completed PreCanSkate program. This program focuses on the fundamental movements of skating. Interactive (45 min) group lessons.

Prepower *Full hockey/ringette equipment is recommended.*

For skaters 4 yrs+ who are Initiation/Novice hockey level and have completed at least one session of Canskate or equivalent.

Canpowerskate *Full hockey/ringette equipment is recommended.*

For skaters 6 yrs+ who have passed the Prepower program or are Atom hockey level & above. For skaters interested in improving their skating skills needed for hockey and/or ringette.

**Full
schedule
online!**

Registration online @
www.sherwoodparkskatingclub.ca
or email spsfclearntoskate@gmail.com

Celebrate your birthday with us!

Book your party at:

- Ardrossan Recreation Complex
- Strathcona Wilderness Centre
- Kinsmen Leisure Centre
- Strathcona Olympiette Centre
- Millennium Place



www.strathcona.ca/partypackages

SHERWOOD PARK BALL HOCKEY



Season runs April thru June

- Youth Program (4-19yrs)
- Special Needs Program
- Women's Program
- Men's Shinny
- Ball Hockey Camps

No rainouts...

No mosquitos...



No problem... play ball hockey!

Registration opens Dec. 1, 2019 • www.parkballhockey.ca

Your Game is Here! Strathcona Curling Club

8 week 'Learn to Curl' on Wednesday Evenings.

TRY IT FREE on January 11 & 12

REGISTER ONLINE

info@strathconacurlingclub.ca | Phone: 780-922-7181
www.strathconacurlingclub.ca



SCOOP

DO YOU LIVE, WORK OR OWN A BUSINESS IN STRATHCONA COUNTY?

**Join a growing community of engaged citizens
and have your say!**

Through online surveys, polls and discussions, Strathcona County Online Opinion Panel (SCOOP) members can have a say on County initiatives, neighbourhood development, social programs, the environment and much more.

More information and to join:
strathcona.ca/SCOOP



Proud Dealer of Roland, Fender, Gibson, Marshall, Vox, and others!

SherwoodParkMusic

MUSIC STORE & PROFESSIONAL MUSIC SCHOOL

Check out our Holiday Specials!

BLACK FRIDAY EVENT
NOV 29TH

Huge Savings on Instruments & Accessories throughout December

Instruments, pedals, strings, harmonicas, capos, ukuleles, headphones, blue tooth speakers, amps, violins, guitars, digital pianos, plus more!

Holiday Specials
Scratch & SAVE
Dec. 13, 14 & 15

PIANO, VOICE, VIOLIN, GUITAR, UKULELE, BANJO, DRUMS, WOODWINDS, BRASS, RUDIMENTS, HARMONY & HISTORY AVAILABLE.



PRIVATE & GROUP LESSONS (ALL AGES)

12 WEEK BEGINNER PROGRAM \$270 (INTRODUCTORY OFFER)

12- 1/2 hr private lessons start Jan 6th with your instruments of choice!

WE JAM PERFORMANCE PROGRAM

Take your music lessons to the next level. Join one of our bands or ensembles and "jam" with other students!



Ukulele or Violin Ensemble \$39/semester

• 7-12 yrs.old
If you're studying ukulele or violin and would like to have the opportunity to play with others, this is the group for you. Learn the music, rehearse, and perform. (2 performances per semester)

Sing Club - TOO much fun!

Unique vocal experience, exp. different genres, learn magical harmonization
• 12 - 17 yrs.old
• starts Jan. 6th
• Mondays at 6:00p.m.

Rock/pop Band

• 1 year playing ability
• Friday, Saturday or Sundays
• starting Jan. 10th
• one hour sessions
• Bands based on genre interest and experience

Tax Credits, Recitals, Accredited Teachers, WeJam Performance Program

780-467-5537

#107, 52 Sioux Rd. sherwoodparkmusic.com

Strathcona County Museum

Music at the Museum

Immerse yourself in music this winter at the Strathcona County Museum & Archives.

Featuring exhibits to speaker series, special events to workshops, there's something for everyone!

To find out more visit

strathconacountymuseum.ca





SKI SUNRIDGE

New FLEX lessons

Ski and snowboard lessons on your schedule.
You choose how many lessons to take
and when to take them.



**PASS HOLDERS GET
40% OFF!**

Register now online at SunridgeSkiArea.com
or call us at 780-449-6555



태권도

KIYA!

TAEKWON-DO CLASSES FOR AGES 4 to ADULT
 ECOLE PARC SCHOOL - FORT SASKATCHEWAN
 WESTBORO SCHOOL - SHERWOOD PARK

CALL 780-951-1697

PHOENIXTAEKWON-DO.CA