

STRATHCONA FOOD BANK WISH LIST

BREAKFASTS

Hot cereals
Pancake mix
Pancake syrup
Peanut butter
Jams
Jellies

BEANS

Kidney
Lentils
Pork and beans

CANNED VEGETABLES

Yellow beans
Green beans
Mixed vegetables
Peas
Carrots
Corn

DESSERTS

Cake mixes
Pie fillings
Puddings
Jello

MEAT

Ham
Salmon
Chili
Stew

PASTA

Spaghetti
Any variety of
noodle, macaroni
Tomato sauce
Tomato paste
Pasta sauce

SIDE DISHES

Side kicks
Rice
Instant potatoes
Hamburger helpers

SOUP

Mushroom
Chicken
Tomato

STAPLES

Oatmeal
Juices, any size
Sugar
Tea
Rice
Condiments