

New!

Indoor playground
and preschool programs
coming Spring 2012
at the Ardrossan
Recreation Complex

PRESCHOOL

Strathcona County Recreation, Parks and Culture invites your child to our preschool programs. Your child will have fun, make friends, learn and grow.

- We encourage you to register your child in an age appropriate program. This will increase their opportunity for success.
- It's a great idea to label all of your child's belongings - we get many duplicates.
- Sometimes it is hard to stop playing - a trip to the bathroom before class means uninterrupted play. Pull ups work too!
- Need to know dates for your program? Check the guide online.
- Snack time is visiting time too. Encourage your child to choose one small healthy snack at home. Children in full day programs will require a lunch too. We encourage waste-free snacks/lunches!
- Reduce your worries - dress your child in play clothes that are craft friendly.

- Our programs are staffed with trained, caring individuals to provide fun, safe preschool programs.
- Gym time is active time - appropriate foot wear works best for safety.
- No matter the weather - we will be here!
- Confirmation/pick up forms provide important information about your child. Please allow time on the first day to fill yours out.
- Epi pens require further paperwork - Epi pens will remain with the child

CONTACT : 780-464-2112

**It's
about
the
kids**



www.strathcona.ca/recreation

Finding the right program for your child

Are you a little unsure of where to put your preschooler? Take a look at these charts for some suggestions that may help you map out your child's adventures in the preschool world.

Note: this is only a guideline; there is no pre-requisite or mandatory order your child needs to follow.

Parented Programs

1 month - 5 years

Infant massage	1M - 18M
Baby time	3M - 18M
Busy bees and water bugs	1Y - 2Y
Little signs and happy times	3M - 30M
Time for two's	18M - 3Y
Playhouse pals	2Y - 3Y
Me and my tumbleweed	2Y - 42M
Coffee and crayons	18M - 42M
Ready, set, go	30M - 42M
Rhythm, rhyme and storytime	6M - 5Y

Drop-in Programs

6 months - 6 years

Preschool playground	6M - 5Y
Kids on the go	2Y - 6Y
Parent's time out	2Y - 6Y

Unparented Programs

2.5 years - 5 years

Building blocks	30M - 42M
Busy buddies	30M - 42M
Kids klub	30M - 42M
Kids korner	30M - 42M
Bonjour mes amis	3Y - 4Y
Crayon crowd	3Y - 4Y
Munch and move	3Y - 4Y
My next step	3Y - 4Y
Play and grow	3Y - 4Y
Preschool adventure	3Y - 4Y
Thrill's for 3's	3Y - 4Y
Animal kingdom	3Y - 5Y
Gym'ny crickets	3Y - 5Y
Purple stew	42M - 5Y
Teddy bear time	42M - 5Y
Testing! 1,2,3	3Y - 5Y
Tickle trunk	3Y - 5Y
Tot spot 3 hr	3Y - 5Y
Trailbusters	3Y - 5Y
Messy hands	42M - 5Y
Pre-K	46M - 5Y
Pre-K Francais	46M - 5Y
Pre-K plus	46M - 5Y
TGIF	46M - 5Y
Animal antics	4Y - 5Y



Preschool

Drop-in / Preschool Parented

Drop-in

Kids on the go

Parents, drop in with your child for games, fun and friends on Thursday mornings. We will provide a creative environment for you and your child to play and meet other parents.

Tickets are \$5.25 per child or \$47.25 for a 10 visit card and can be purchased at the Recreation Administration Office.

Age: 2Y - 6Y

Sherwood Park Arena	Mini Gym	
	Jan 12 to Mar 22	Thu
	9 - 11 am	

Parent's time out

Do you need a break? Drop off your preschooler at the Sherwood Park Arena mini-gym for an afternoon of fun while you take some time for yourself!

Omit Feb 20

Tickets are \$7.25 per child or \$66.00 for a 10 visit card and can be purchased at the Recreation Administration Office.

Age: 2Y - 6Y

Sherwood Park Arena	Mini Gym	
	Jan 9 to Mar 19	Mon
	1 - 3 pm	
	Jan 11 to Mar 21	Wed
	1 - 3 pm	

PRESCHOOL playground

Preschool playground

Parented Preschool - parents are responsible for active supervision of children during parented Drop-in activities.

Drop-in fees: \$3.50/child/visit

\$5.75/family/visit

Also included with the Millennium Card

Age: 6M - 5Y

Kinsmen Leisure Centre	Preschool Playground	
	Jan 11 to Mar 21	Wed
	9:30 - 11:30 am	
	Jan 13 to Mar 23	Fri
	9:30 - 11:30 am	
	Jan 22 to Mar 18	Sun
	9:30 am - 12 pm	

Parented

Baby time

This introductory program will have your child crawling, sliding, exploring and just plain having fun as part of this creative play experience. Your instructor will lead you and your child in a short circle time to introduce simple action songs and finger plays. Don't miss this great opportunity to get together and meet other Moms and Dads.

Age: 3M - 18M

Glen Allan Recreation Complex	Meeting Room	
	Jan 11 to Mar 21	Wed
75148	9:15 - 10:15 am	\$74.00

Busy bees and water bugs

Kids are busy as bees as they whiz through circuits and games in the preschool playground. Children will get their creative juices flowing in the classroom and then splash around with parents in a Red Cross Swim Preschool lesson.

Omit Feb 20

Age: 1Y - 3Y

Kinsmen Leisure Centre	Park View Room	
75153	Jan 23 to Mar 19	Mon
	6 - 7:30 pm	\$97.00
75151	Jan 28 to Mar 17	Sat
	9:30 - 11 am	\$97.00
75152	Jan 28 to Mar 17	Sat
	10:30 am - 12 pm	\$97.00

Coffee and crayons



Come play and socialize with other children and parents while participating in instructor lead crafts, songs, games and activities. Parents will participate and help their children, but will also enjoy time socializing and meeting other parents in the community. Parents must stay with their children and participate in the program.

Age: 18M - 42M

Ardrossan Recreation Complex	Multi-Purpose Room	
	Jan 13 to Mar 23	Fri
75899	9:15 - 11:15 am	\$88.00

Infant massage



Enjoy individual attention as you learn the extraordinary benefits of Infant Massage. Your Infant Massage Instructor will guide you through a personalized massage routine. You will leave feeling confident and excited in your ability to care for your growing child!

Age: 1M - 18M

Sherwood Park Arena	Mini Gym	
	Jan 10 to Feb 7	Tue
75921	10 - 11 am	\$100.00
	Feb 14 to Mar 13	Tue
75922	10 - 11 am	\$100.00



Little signs & happy times

This program invites you and your child to learn American Sign language in a fun playful environment through stories, songs, games and crafts. Learning sign language enhances reading and verbal skills and reduces frustration. Your child can benefit from signing even if they have already learned to talk. Come sign with us!

Age: 3M - 30M

Glen Allan Recreation Complex		Meeting Room	
		Jan 11 to Mar 21	Wed
75163	3M - 30M	10:45 - 11:45 am	\$96.00

Me and my tumbleweed

Watch as your child discovers new ways to twirl, tumble and jump in our Preschool Playground. Children move, improve coordination and develop body awareness in a class where creativity is meshed with physical activity.

Age: 2Y - 42M

Kinsmen Leisure Centre		Preschool Playground	
		Jan 10 to Mar 20	Tue
75165		9:15 - 10 am	\$76.00
75166		10:15 - 11 am	\$76.00

Playhouse pals

Come and explore a world of color, creativity and imagination. This program includes simple crafts, circle time, songs and play centres. A great sharing time for parents and children.

Age: 2Y - 3Y

Glen Allan Recreation Centre		Meeting Room	
		Jan 10 to Mar 20	Tue
75171		9:30 - 11 am	\$83.00

Ready, set, go

Parents, set your children up for success! This program begins with free play and a variety of activities for you and your child. After snack time, you will attend a parenting information session led by an Early Childhood Resource worker, while a preschool instructor leads your child in some songs, games and crafts.

Age: 30M - 42M

Child & Youth Community Centre		3 Spruce Avenue - South Room	
		Jan 25 to Mar 14	Wed
75191		9:30 - 11:30 am	\$116.00

Rhythm, rhyme & storytime

You and your child are sure to enjoy this music-filled program together as you sing, dance, and explore a wide variety of musical instruments. Watch as your child develops vocabulary, language skills, fine motor skills, counting, rhythm and social skills. Plus, there's time for a craft, playtime, storytime and parachute games, making this a class you don't want to miss! Omit Feb 20

Age: 6M - 5Y

Ardrossan Recreation Complex		Multi-purpose Room	
		Jan 9 to Mar 19	Mon
75195		9 - 10:30 am	\$114.00
75196		10:30 - 12 pm	\$114.00

Community Facilities		Capital Care Centre-12 Brower Dr.	
		Jan 11 to Mar 21	Wed
75865		9 - 10:30 am	\$125.00

Glen Allan Recreation Complex		Meeting Room	
		Jan 13 to Mar 23	Fri
75192		9 - 10:30 am	\$125.00
75193		10:30 - 12 pm	\$125.00
75194		12:30 - 2 pm	\$125.00

Time for twos

Come and play Thursday mornings. Share games, simple crafts, toys and more. A chance for you and your child to play together and make new friends.

Age: 18M - 3Y

Glen Allan Recreation Complex		Meeting Room	
		Jan 12 to Mar 22	Thu
75214		10 - 11:30 am	\$83.00



Unparented



Animal antics

Calling all wild animals! Growl, howl, slither and roar throughout Millennium Place as we let your preschooler get in touch with their animal side. Whether your little one is as wild as a lion or as timid as a mouse they will find activities and games that will suit their needs in this unique and diverse program.

Age: 4Y - 5Y

Sherwood Park Arena 75902	Arts & Crafts Room Jan 12 to Mar 22 12:30 - 3 pm	Thu \$130.00
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Animal kingdom

Come explore the exciting animal kingdom with us. Your child will learn friendly facts about animals. We will explore a different animal each class, play animal games and make animal crafts. Snacks are provided at this location only.

Age: 3Y - 5Y

Community Facilities 75146	Cloverbar Lodge - 100 Fir Street Jan 13 to Mar 23 9 - 11 am	Fri \$108.00
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Bonjour mes amis

Introduce your preschooler to the basics of the French language through a variety of songs, games, stories, and crafts. With emphasis on learning through play, our instructors will expose the children to basic French words, phrases, and expressions in an encouraging and fun atmosphere.

Age: 3Y - 4Y

Sherwood Park Arena 75149	Arts & Crafts Room Jan 13 to Mar 23 9 - 11 am	Fri \$108.00
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Building blocks

Imaginations come alive in this playful learning experience. Children blossom into social butterflies as they meet new friends and gain confidence. Gym time takes kids on a learning adventure where they explore colours, shapes, animals and so much more.

Omit Feb 20

Age: 30M - 42M

Kinsmen Leisure Centre 75150	ParkView Room Jan 9 to Mar 21 9 - 11 am	Mon/Wed \$206.00
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Busy buddies

Let's get busy! Crafts, songs, activity centres, circle time, mini gym fun... it's all here. This program is designed to enhance social skill development and independence. Children are encouraged to choose from a variety of activities and spend time in the Preschool Playground learning through free play.

Omit Feb 20

Age: 30M - 42M

Kinsmen Leisure Centre 75154	ParkView Room Jan 13 to Mar 23 12:30 - 2:30 pm	Fri \$108.00
Sherwood Park Arena 75875	Mini Gym Jan 9 to Mar 19 9:15 - 11:15 am	Mon \$98.00

Crayon crowd

Your child has the chance to explore a variety of theme-based art experiences, songs, stories and games in a fun, creative learning environment. This program focuses on having fun while developing social, physical and intellectual skills. Children participate in a number of structured and unstructured activities as they learn through play.

Age: 3Y - 4Y

Kinsmen Leisure Centre 75155	ParkView Room Jan 10 to Mar 22 9 - 11:30 am	Tue/Thu \$250.00
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Gym'ny-crickets

An active program for every preschooler! This program focuses on movement including obstacle courses, parachute play and fitness fun. Emphasis is on cooperative games that promote self-esteem and sportsmanship in a non-competitive atmosphere.

Omit Feb 20

Age: 3Y - 5Y

Kinsmen Leisure Centre 75156	Preschool Playground Jan 9 to Mar 19 9:30 - 10:45 am	Mon \$86.00
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Kids klub

Come join us at Kids Klub! This program focuses on enhancing your child's personal, social and physical development. Program includes crafts, painting, and various activity centres to promote creativity and enjoyment. Children are encouraged to choose from a variety of opportunities focusing on learning through play.

Omit Feb 20

Age: 30M - 42M

Millennium Place 75159	Activity Room I 9 - 11 am Jan 9 to Mar 19	\$98.00 Mon
75160	9 - 11 am Jan 11 to Mar 21	\$108.00 Wed

Kids korner

A great first-time unparented experience! Kids will learn to play together and gain new confidence in a safe and social setting. They will share circle time, experiment with their creativity through crafts, and participate in play activities to help develop social and motor skills.

Age: 30M - 42M

Glen Allan Recreation Complex 75161	Meeting Room Jan 9 to Mar 19 9 - 11 am	Mon \$98.00
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Messy hands

Come make a mess with us. Create a jungle of play dough, a finger paint masterpiece, a wall sized mural, and so much more! Cut, glue, paint, and play while you meet new friends and make a mess everyone will love! Fee includes program supplies. Children should come prepared to get messy! Omit Feb 20

Age: 42M - 5Y

Sherwood Park Arena 75873	Arts & Crafts Room Jan 9 to Mar 19 1 - 3 pm	Tue \$108.00
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Munch and move

Children will create and enjoy their own delicious and nutritious snacks, grow things, learn about where their food comes from and how to make healthy choices. Fun physical activity is integrated into this program through a variety of movement skills. Both indoor and outdoor activities are all part of focusing on teaching your child about healthy lifestyles. Omit Feb 20

Age: 3Y - 4Y

Kinsmen Leisure Centre 75862	Parkview Room Jan 9 to Mar 19 12:30 - 2:30 pm	Mon \$125.00
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My next step

Stepping stones of learning! We will take your child through games, fun and crafts that will build confidence and skills in a comfortable, social atmosphere. Make new friends. Learn new skills! Can't wait to meet you!

Age: 3Y - 4Y

Millennium Place 75167	Activity Room I Jan 12 to Mar 22 12:30 - 3 pm	Thu \$130.00
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Play and grow

One step closer to Pre-K.! If your child is not quite ready for Pre-K this will get them in the zone. We look forward to helping develop their fine motor skills and providing lots of socialization to build confidence for the next level of learning.

Age: 3Y - 4Y

Millennium Place 75170	Activity Room I Jan 10 to Mar 20 12:30 - 3 pm	Tue \$130.00
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Preschool adventure

Join us twice a week for a preschool adventure. Each class includes outdoor playtime, circle time, crafts, stories and songs. Please dress your child appropriately for outdoor play.

Age: 3Y - 4Y

Glen Allan Recreation Complex 75185	Meeting Room Jan 10 to Mar 20 12:30 - 3 pm	Tue/Thu \$250.00
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Purple stew

Having a hard time choosing a program? Give your child a taste of Purple stew! A variety of creative activities encourage your child to observe, explore, question and have fun in this hands-on discovery program.

Age: 42M - 5Y

Kinsmen Leisure Centre 75190	Lake View Room Jan 10 to Mar 20 12:30 - 3 pm	Tue \$125.00
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Kinsmen Leisure Centre 75189	Park View Room Jan 12 to Mar 22 12:30 - 3 pm	Thu \$125.00
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Teddy bear time

Relax while your child enjoys an evening program with simple crafts, puzzles and games. Each class will include indoor Preschool Playground time. Bring your favorite stuffed toy as we wrap up each class with a bedtime story! Drop-in is available for \$10/class.

Age: 3Y - 5Y

Kinsmen Leisure Centre 75209	Parkview Room Jan 12 to Mar 22 5:45 - 7:45 pm	Thu \$108.00
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Testing! 1 2 3

Discover science in Preschool! Does your child have a natural curiosity about how things work? This program will answer many of those questions. Working along with the instructors, children will have opportunities to do age appropriate science experiments indoors and out. At the end of the day the children will bring their experiments home to try with you!

Age: 3Y - 5Y

Kinsmen Leisure Centre 75210	Lake View Room Jan 12 to Mar 22 12:30 - 3 pm	Thu \$137.00
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TGIF

Calling all four and five year olds! As a link between preschool and kindergarten, this program challenges your child's imagination and creativity. Theme-based activities enhance social, emotional, and intellectual development. Your child will participate in letter/number recognition coupled with Pre-K appropriate worksheets. Each class includes indoor playground for movement education, games and activities.

Age: 46M - 5Y

Sherwood Park Arena 75211	Art & Crafts Room Jan 13 to Mar 23 12 - 3 pm	Fri \$150.00
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Thrills for threes

Challenge your three-year old's imagination. This dynamic program includes activity centres designed to encourage expression and creativity. Arts, crafts, discovery centres, an active circle time, story time and mini gym play are all a part of this fun learning experience.

Age: 3Y - 4Y

Kinsmen Leisure Centre 75212	Parkview Room Jan 10 to Mar 20 1 - 3 pm	Tue \$108.00
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Tickle trunk

Explore our tickle trunk with stories, puppets, props and more! Balancing fresh elements with repetition, each class will have your child excited to learn and develop listening and comprehension skills! Each class will also include crafts, games and mini-gym fun!

Age: 3Y - 5Y

Ardrossan Recreation Complex 75213	Multi-purpose Room Jan 12 to Mar 22 9 - 12 pm	Thu \$144.00
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Tot spot 3 hour

This program focuses on movement, imagination, creativity and fun. Your child will enjoy arts & crafts, songs, stories, circle time, games and discovery centres. This is a great opportunity for your child to develop social skills and become more independent, while learning through play. Each class includes 30 minutes of gym activity and fitness fun.

Age: 3Y - 5Y

Strathcona Olympiette Centre 75215	Viewing Area Jan 11 to Mar 21 9 - 12 pm	Wed \$144.00
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Trailbusters

If your child loves the outdoors, this program is for them! We will bring your child to the outdoor trails and teach them about nature in a fun and playful environment. We can't wait to have all our trailbusting friends join in! Note: Please come dressed to play outside. Outdoor activities are approximately one hour long.

Omit Feb 20

Age: 3Y - 5Y

Glen Allan Recreation Complex 75216	Meeting Room Jan 9 to Mar 19 12:30 - 3 pm	Mon \$118.00
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Preschool is growing up...

The addition of a new preschool classroom at Millennium Place will be ready in early 2012! While we work through construction, there will be a few service modifications. Preschool programs will move to the Gibson Room during the day until late January.

Fun Factory will be moved to the new youth activity centre until late January during these times:

- Monday to Friday, 8:45 a.m. - 1 p.m.
- Monday to Wednesday, 5:15 p.m. - 8:15 p.m.
- Saturday 8:15 a.m. - 12 noon.

Ardrossan Recreation Complex

The Ardrossan Recreation Complex will feature a new indoor playground when it opens Spring 2012. This exciting new space will be a great opportunity for preschool programming to take advantage of. We look forward to providing even more quality programs for your preschooler in these creative new spaces.

Kindergarten readiness

Pre-K

Prepare your little ones for a great start to kindergarten next school year! This program will teach them what they need to know for a positive experience. Children will learn to be independent, make their own choices and get along with other kids. A typical day at pre-K includes discovery centers, art experiences, circle time, washroom breaks, snack time and gym time. Other themes will help develop skills such as memory, language and letter/number recognition.

Omit Feb 20

Age: 46M - 5Y

Ardrossan Recreation Complex 75172	Multi-purpose room Jan 10 to Mar 20 9 - 3 pm	Tue \$317.00
Kinsmen Leisure Centre 75173	Lake View Room Jan 9 to Mar 19 9 - 3 pm	Mon \$288.00
75174	Jan 10 to Mar 22 9 - 12 pm	Tue/Thu \$317.00
76000	Jan 11 to Mar 21 9 - 3 pm	Wed \$317.00
Millennium Place 75175	Activity Room I Jan 9 to Mar 21 12 - 3 pm	Mon/Wed \$303.00
75176	Jan 10 to Mar 22 9 - 11:30 am	Tue/Thu \$267.00
75981	Jan 13 to Mar 23 9 - 3 am	Fri \$317.00
Strathcona Olympiette Centre 75179	Viewing Area Jan 9 to Mar 19 9 - 3 pm	Mon \$288.00
75180	Jan 10 to Mar 20 9 - 3 pm	Tue \$317.00
Sherwood Park Arena 75183	Arts & Crafts Room Jan 9 to Mar 21 9 - 11:30 am	Mon/Wed \$255.00
75182	Jan 9 to Mar 21 12:30 - 3 pm	Mon/Wed \$255.00

Pre-K Francais

Enjoy all the benefits of a Pre-K program as your child is introduced to the French language through songs, rhymes, stories, arts and crafts, games and free play. This program is designed for those who will enroll in French Immersion programs in Kindergarten, as well as for those children who want to have a fresh new learning experience!

Age: 46M - 5Y

Sherwood Park Arena 75184	Arts & Crafts Room Jan 10 to Mar 22 9 - 12 pm	Tue/Thu \$317.00
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Pre-K Plus

Prepare your little ones for a great start to kindergarten next school year! This program will teach them what they need to know for a positive experience. Children will learn to be independent, make their own choices and get along with other kids. A typical day at pre-K includes discovery centers, art experiences, circle time, washroom breaks, snack time and gym time. Other themes will help develop skills such as memory, language and letter/number recognition.

PLUS: A YogaKids session designed specifically for kids where they will learn about good nutrition and healthy lifestyles as well as developing a healthy body image.

Age: 46M - 5Y

Strathcona Olympiette Centre 75177	Viewing Area Jan 13 to Mar 23 9 - 3 pm	Fri \$342.00
Kinsmen Leisure Centre 75178	Lake View Room Jan 13 to Mar 23 9 - 3 pm	Fri \$342.00



Sportball

Welcome to Sportball! Children are introduced to sports, creative games, songs, rhymes, stories, bubble time and much more! Learn the FUNdamentals of soccer, hockey, basketball, baseball, volleyball, tennis and golf.

Sportball junior sportball (parented)

Age: 16M - 2Y

Sherwood Park Arena	Mini Gym	
75200	Jan 11 to Mar 14	Wed
	9 - 9:45 am	\$150.00

Sportball parent & tot (parented)

Age: 2Y - 42M

Glen Allan Recreation Complex	Strathcona Room	
75197	Omit Feb 18	Jan 14 to Mar 24
		Sat
		9:30 - 10:15 am
		\$150.00

Sportball me and my dad (parented)

Age: 30M - 54M

Glen Allan Recreation Complex	Strathcona Room	
75201		Jan 14 to Mar 24
		Sat
Omit Feb 18		1 - 1:45 pm
		\$150.00

Sportball multi-sport (parented)

Age: 2Y - 42M

Kinsmen Leisure Centre	Preschool Playground	
75202		Jan 11 to Mar 14
		Wed
		5 - 5:45 pm
		\$150.00

Age: 2Y - 42M

Sherwood Park Arena	Mini-Gym	
75208		Jan 11 to Mar 14
		Wed
		9:45 - 10:30 am
		\$150.00

Age: 2Y - 6Y

*Ardrossan Recreation Complex	Multi Purpose Room	
75203		Jan 14 to Mar 24
		Sat
Omit Feb 18		9:30 - 10:15 am
		\$150.00

***Note: This program offers a special family fee option: there is a reduced fee for the second and third child enrolled in the program.**



Sportball multi-sport - girls only (unparented)

Age: 3Y - 5Y

Glen Allan Recreation Complex	Strathcona Room	
75199		Jan 14 to Mar 24
		Sat
Omit Feb 18		2 - 3 pm
		\$150.00

Sportball multi-sport (unparented)

Age: 42M - 5Y

Kinsmen Leisure Centre	Preschool Playground	
75204		Jan 11 to Mar 14
		Wed
		6 - 7 pm
		\$150.00

Age: 42M - 5Y

Glen Allan Recreation Complex	Strathcona Room	
75198		Jan 14 to Mar 24
		Sat
Omit Feb 18		10:30 - 11:30 am
		\$150.00

Age: 5Y - 8Y

Glen Allan Recreation Complex	Strathcona Room	
75321		Jan 14 to Mar 24
		Sat
Omit Feb 18		11:30 - 12:30 pm
		\$150.00

Age: 5Y - 8Y

Kinsmen Leisure Centre	Preschool Playground	
75322		Jan 11 to Mar 14
		Wed
		7 - 8 pm
		\$150.00

Age: 5Y - 8Y

Glen Allan Recreation Complex	Strathcona Room	
75323		Jan 14 to Mar 24
		Sat
Omit Feb 18		10:30 - 11:30 am
		\$150.00

