Millennium Place Lap Tank Schedule - March 19th to 25th, 2012

Lanes	Monday - 19	Tuesday - 20	Wednesday - 21	Thursday - 22	Friday - 23	Saturday - 24	Sunday - 25	Lanes
1 2 3 4 5 6 7 8 9 0								
am 5:30	Triathalon Training 530-7am	Triathalon Training 530 7am			Triathalon Training 530-7am			5:30am
am 6:00		Silver Tide 6am 730am	Silver Tide 6am 730am	Silver Tide 6am-730am	STSC	Silver Tide 6am-1145am		6:00am
am 6:30			SPSC 6-730pm					6:30am
am 7:00		Theresa	Janet 6-	Tanya				7:00am
am 7:30								7:30am
am 8:00	Aqua Stride 805-905am		Aqua Stride 805-905am		Aqua Stride 805-905am	AFLCA 8-9am	Masters Synchro 8:30-9:30a	8:00am
am 8:30								8:30am
am 9:00	Drop in Fitness 915-1015am	Aqua Stride 9am 10am	Drop in Fitness 915-1015am	Aqua Stride 9am 10am	Drop in Fitness 915-1015am	Aqua Stride 9am 10am	Gail 830am-11am	9:00am
am 9:30							AFLCA	9:30am
am 10:00		Gail 10:15-11:15		Triathalon Training 1015-1115am		AFLCA 10-1145am		10:00am
am 10:30			Haythorne Scuba - no ropes 1045-12					10:30am
am 11:00							Junior Triathalon 11 12pm	11:00am
am 11:30						Millennium Marlins 1145-1245p		11:30am
pm 12:00							Millennium Marlins 12-1p	12:00pm
pm 12:30				Lakeland Ridge 1230-2pm				12:30pm
pm 1:00			Mission 3 Tri 1-2pm			Water walkways 1pm-6pm	AFLCA 1pm-4pm	1:00pm
pm 1:30								1:30pm
pm 2:00					STSC 2 5pm	Fun Swim 12 5pm		2:00pm
pm 2:30								2:30pm
pm 3:00							Millennium Place Fun Swim 1-6pm	3:00pm
pm 3:30								3:30pm
pm 4:00		SPSC 4-6pm	Silver Tide 4pm-9pm	SPSC 4-6pm				4:00pm
pm 4:30		Silver Tide 2pm-730pm		Silver Tide 2pm-730pm				4:30pm
pm 5:00					AFLCA Course 5-9:45pm	STSC 5pm-730pm		5:00pm
pm 5:30								5:30pm
pm 6:00	SPSC 6-730pm	SPSC	SPSC 6-730	SPSC				6:00pm
pm 6:30		Synatics 6-8:45pm		Synatics 6-9pm				6:30pm
pm 7:00			Aqua Stride 730-830pm					7:00pm
pm 7:30	Adult Swim Training 730-9pm					Fun Swim 730-9pm		7:30pm
pm 8:00								8:00pm
pm 8:30								8:30pm
pm 9:00		Cycle and Swim 9-945pm	Adult Swim Training 845-1015pm					9:00pm
pm 9:30		David 9-10p						9:30pm
pm 10:00								10:00pm
pm 10:30								10:30pm

***** Note: This pool schedule is subject to change at short notice.*****

Updated March 17th, 2012

Millennium Place Lap Tank Schedule - March 26th to April 1st, 2012

Lanes	Monday - 26	Tuesday -27	Wednesday - 28	Thursday - 29	Friday - 30	Saturday - 31	Sunday - 1	Lanes
1 2 3 4 5 6 7 8 9 0								
am 5:30								5:30am
am 6:00			Janet 6-					6:00am
am 6:30								6:30am
am 7:00				Tanya				7:00am
am 7:30							Masters Synchro 7:30-9:30a	7:30am
am 8:00	Aqua Stride 805-905am		Aqua Stride 805-905am		Aqua Stride 805-905am			8:00am
am 8:30								8:30am
am 9:00	Drop in Fitness 915-1015am	Aqua Stride 9am 10am	Drop in Fitness 915-1015am	Aqua Stride 9am 10am	Drop in Fitness 915-1015am	Aqua Stride 9am 10am		9:00am
am 9:30							AFLCA 930-1pm	9:30am
am 10:00						AFLCA 10-1145am		10:00am
am 10:30								10:30am
am 11:00								11:00am
am 11:30						Millennium Marlins 1145-1245p		11:30am
pm 12:00	Fun Swim 12 5pm	Fun Swim 12 5pm	Fun Swim 12 5pm	Fun Swim 12 5pm	Fun Swim 12 5pm			12:00pm
pm 12:30								12:30pm
pm 1:00						Water Walkways 1pm-6pm	Millennium Place Fun Swim 1-6pm	1:00pm
pm 1:30								1:30pm
pm 2:00								2:00pm
pm 2:30							SPSC 2:30-5p	2:30pm
pm 3:00								3:00pm
pm 3:30								3:30pm
pm 4:00								4:00pm
pm 4:30								4:30pm
pm 5:00								5:00pm
pm 5:30								5:30pm
pm 6:00								6:00pm
pm 6:30								6:30pm
pm 7:00							Synatics	7:00pm
pm 7:30				Fun Swim 730-9pm				7:30pm
pm 8:00					AFLCA 8-915pm			8:00pm
pm 8:30								8:30pm
pm 9:00								9:00pm
pm 9:30								9:30pm
pm 10:00								10:00pm
pm 10:30								10:30pm

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Updated March 17th, 2012

Millennium Place Lap Tank Schedule - April 2nd to 8th, 2012

Lanes	Monday - 2	Tuesday - 3	Wednesday - 4	Thursday - 5	Friday - 6	Saturday - 7	Sunday - 8	Lanes
1 2 3 4 5 6 7 8 9 0								
am 5:30	Triathalon Training 530-7am	Triathalon Training 530 7am						5:30am
am 6:00	Silver Tide 6am 730am	Silver Tide 6am 730am	Silver Tide 6am 730am	Silver Tide 6am-730am				6:00am
am 6:30			SPSC 6-730pm					6:30am
am 7:00		Theresa	Janet 6-					7:00am
am 7:30				Tanya			Masters Synchro 7:30-9:30a	7:30am
am 8:00	Aqua Stride 805-905am		Aqua Stride 805-905am		Aqua Stride 805-905am			8:00am
am 8:30								8:30am
am 9:00		Aqua Stride 9am 10am		Aqua Stride 9am 10am	Silver Tide 9am-12	Aqua Stride 9am 10am		9:00am
am 9:30	Drop in Fitness 915-1015am		Drop in Fitness 915-1015am					9:30am
am 10:00		Gail 1015-1115		Triathalon Training 1015-1115am				10:00am
am 10:30		Triathalon Training 1030-1130						10:30am
am 11:00				FR Haythorne (Scuba)				11:00am
am 11:30								11:30am
pm 12:00								12:00pm
pm 12:30				Bev Facey 1245-130pm				12:30pm
pm 1:00			Mission 3 Tri 1-2pm					1:00pm
pm 1:30								1:30pm
pm 2:00				Bev Facey 2-3pm	Fun Swim 12 5pm			2:00pm
pm 2:30								2:30pm
pm 3:00						Water Walkways 1pm-6pm	SPSC 2:30-5p	3:00pm
pm 3:30								3:30pm
pm 4:00	Silver Tide 4pm-9pm	SPSC 4-6pm	Silver Tide 4pm-9pm	SPSC 4-6pm				4:00pm
pm 4:30		Silver Tide 2pm-730pm		Silver Tide 2pm-730pm				4:30pm
pm 5:00								5:00pm
pm 5:30								5:30pm
pm 6:00	SPSC 6-730pm	SPSC	SPSC 6-730	SPSC	Gail 6-7pm			6:00pm
pm 6:30		Synatics 6-9pm		Synatics 6-9pm			Synatics	6:30pm
pm 7:00								7:00pm
pm 7:30	Adult Swim Training 730-9pm		Aqua Stride 730-830pm		Fun Swim 730-9pm			7:30pm
pm 8:00								8:00pm
pm 8:30		Cycle and Swim 9-945pm						8:30pm
pm 9:00			Adult Swim Training 845-1015pm					9:00pm
pm 9:30								9:30pm
pm 10:00								10:00pm
pm 10:30								10:30pm

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Updated March 17th, 2012